



Updates in Restorative Dentistry

Dr. Lou Graham
University Dental Professionals
Founder of The Catapult Group
lou@catapult-group.com

DISCLAIMER

- As a Catapult Group member we participate in multiple product reviews each year in order to stay at the fore front of the latest materials, techniques and services available, ensuring that the message we are delivering is current and relevant to today's continuing education needs.
- Some of these products & services I will be sharing with you today.
- Today I am supported in part by:
 - Voco, Air Techniques, Dexis, My Buddy Ron



What's YOUR WHY?



Most people and companies think outside in

Why

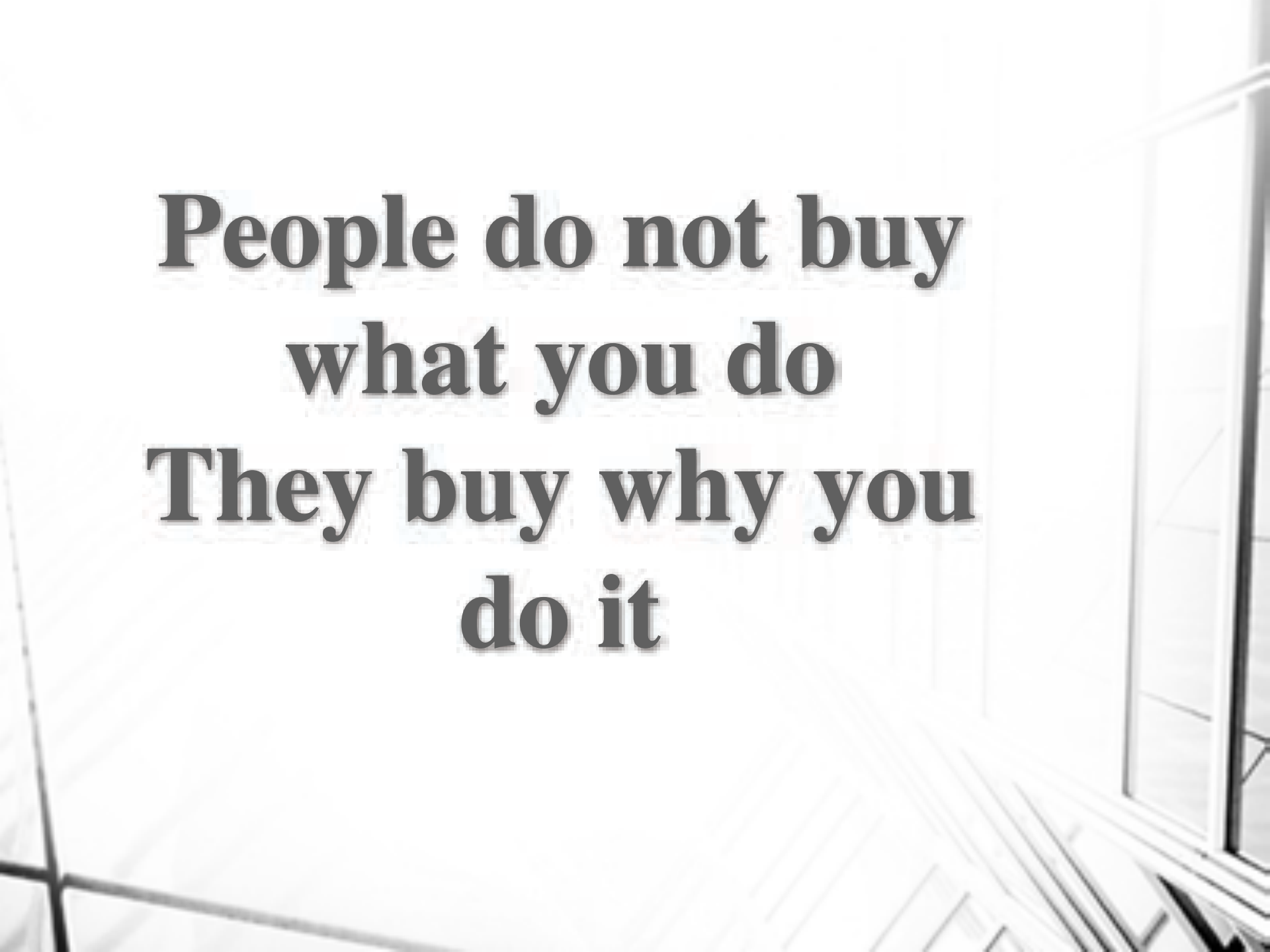
What is the purpose?

How

They run their
company

What

Every
company
knows what they
do



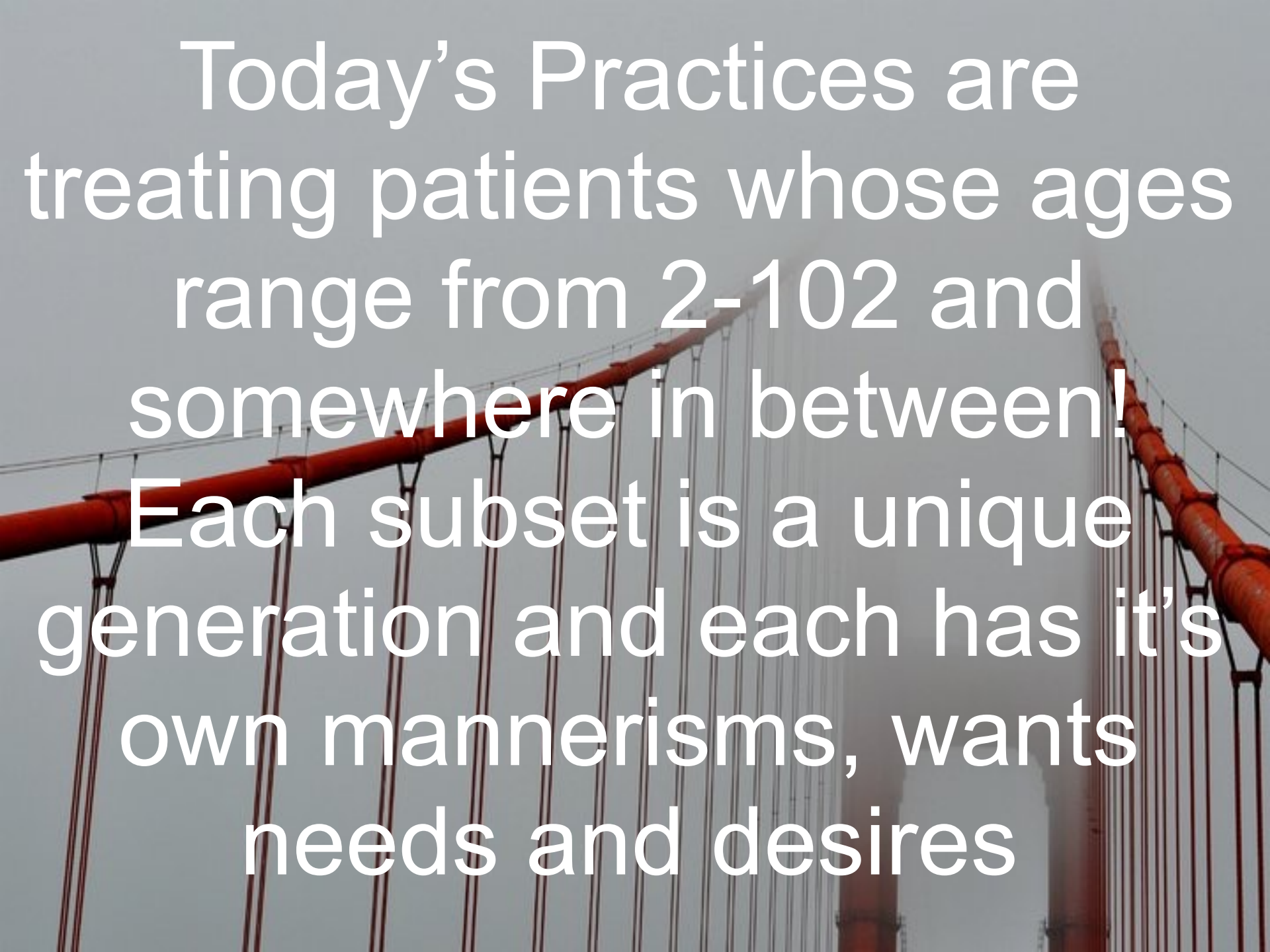
**People do not buy
what you do
They buy why you
do it**

My fundamental philosophy

“MY WHY”

Getting Teeth to their 85th
Birthday and then Beyond



A low-angle, perspective shot of a suspension bridge's cables. The cables are painted a vibrant orange and stretch from the bottom corners towards the top center of the frame, creating a strong sense of depth and convergence. The background is a uniform, overcast grey sky. The text is overlaid in a clean, white, sans-serif font, centered horizontally and vertically across the image.

Today's Practices are
treating patients whose ages
range from 2-102 and
somewhere in between!
Each subset is a unique
generation and each has it's
own mannerisms, wants
needs and desires

E Prognosis.com

Men

If you are in the top 25th % health-wise at 70 you have a predicted life span of 18 years but if you're in the bottom 25th% only 6.7 years

At 80, if you are in the top 25th% you have a predicted lifespan of 10.8 years versus 1.5!

Women


21.3 years for the top 25th% at 70 and 9.5 for bottom 25%
13 years for the top 25th% at 80 and 4.6 for the bottom 25%



“Changing Times” Diagnostics



The “Old Days” ...



**An explorer....
A probe....
Traditional x-rays**



How accurate is a new
explorer?

How accurate is your
explorer?

Is it time to say **Bye** to the
“old” standard....
The explorer?

For years, the research has told us...

Imagine flipping a coin to

52% sensitivity / low reliability!
decide if it's a cavity or not!

Loesche et al, *J Dent Res* 1979

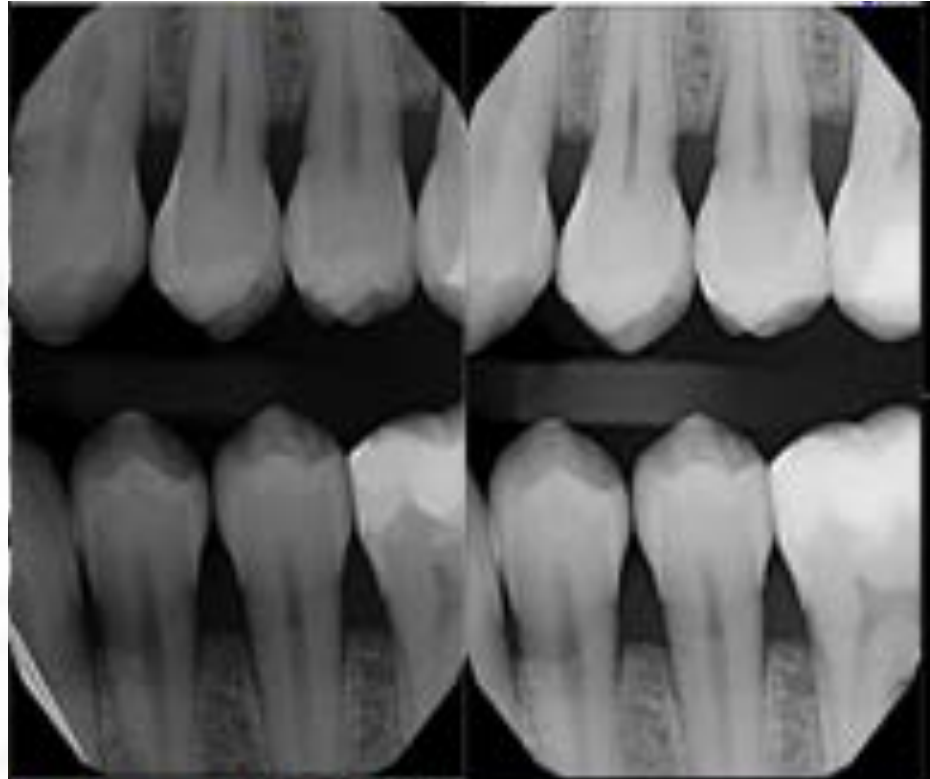
That's like using an explorer

Hujoel et al, *Caries Res* 1995

False positives & false negatives
today

Lussi, *Caries Res* 1991

Radiograph Limitations



40-60% Demineralization

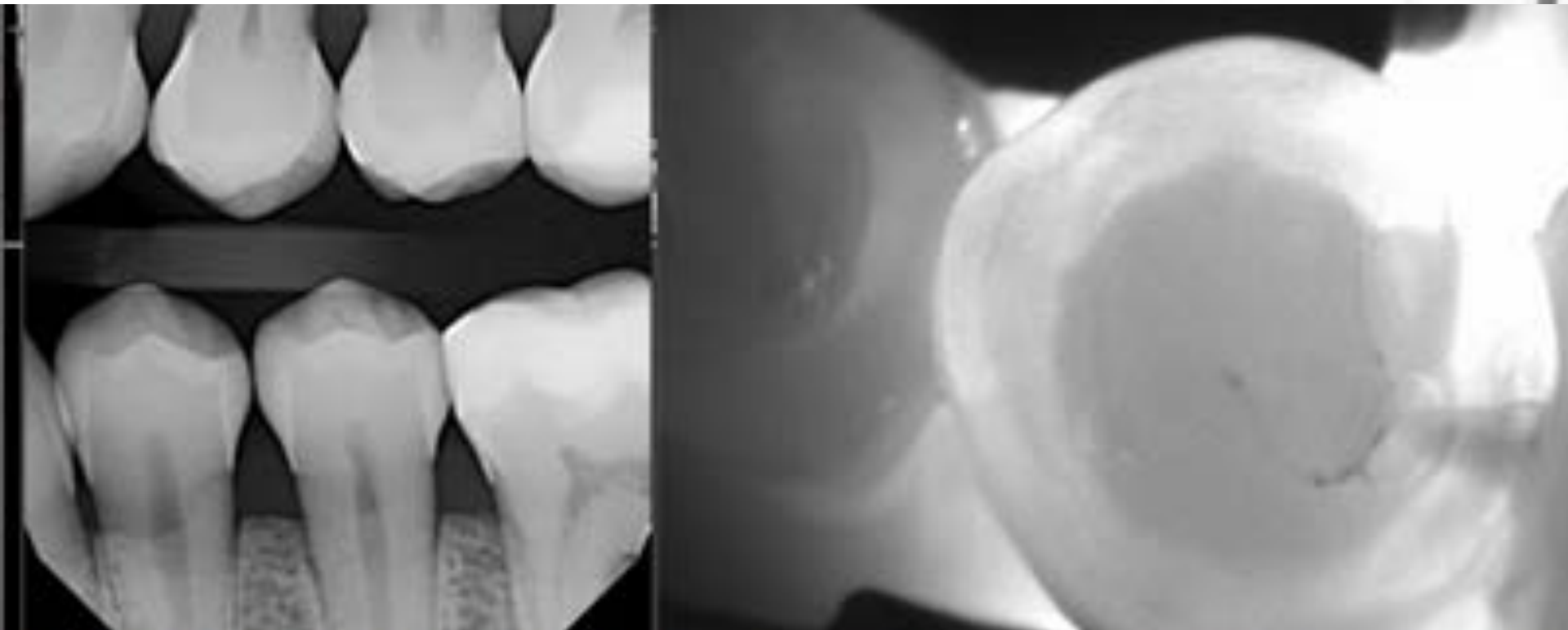
Low sensitivity

39% occlusal

50% interproximal

The Same lesion on Carivu

Digital 2D versus Transillumination

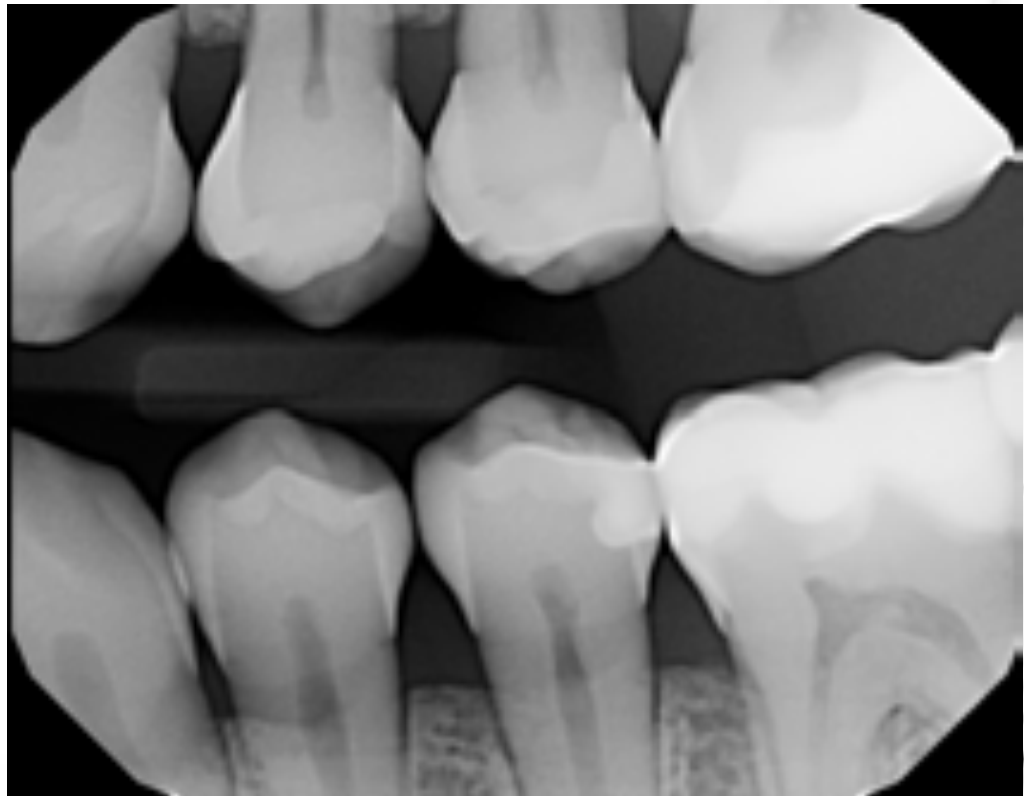
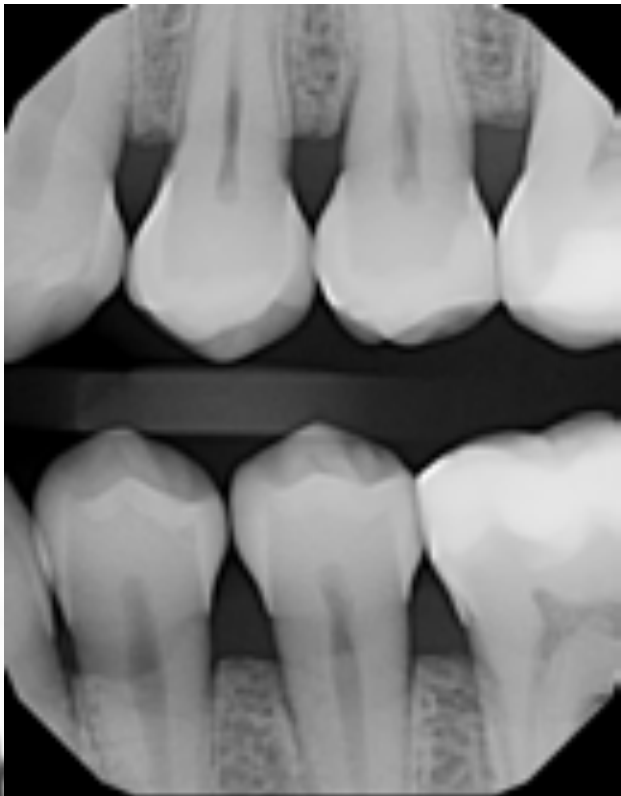


Hygiene Recall

6 month later...

Could you have missed this?

Note the Depth:
Would you have not treated this?



**So you have
NOTHING on the X-ray
NO Stick....Do you just
Guess and Watch?**



The article reviewed 20 months of follow up of occlusal caries deemed “questionable” at baseline

This study evaluated 1341 lesions that were described as:

- Having roughness
- Surface opacity
- Not detectable on x-ray
- No cavitation
- Staining



Their findings...., yes a conservative way but in my eyes this is a guide to a lot of “watching” but we need far more to guide our diagnostics

The study concluded:

For questionable lesions the recommended course of action was simple follow up.



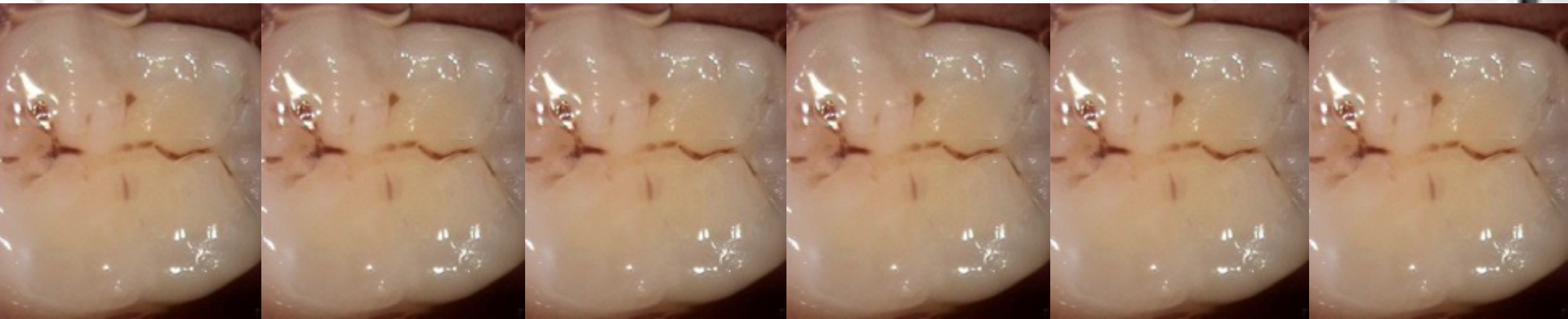
A photograph of a wine glass lying on its side on a red and white patterned carpet. The glass is tilted, and a dark red liquid is spilled onto the carpet, creating a stain. The text "What about Stains?" is overlaid in white serif font across the center of the image.

What about Stains?

Stains in Fissures

Francescut and Lussi found that with **brown** or **black** stains in fissures were **NOT** a good indication to drill because 57% of these lesions exhibited no caries or caries limited to the outer enamel

So what about the other 43%?



Stains in Fissures

Steiner and colleagues (1998) found the **dark brown** and **black** stains to have the **highest incidence** of caries into dentin and concluded there were no clear guidelines as to management



**EVIDENCE-BASED
DENTISTRY**

Fourth in a Series **94**

FEBRUARY 2015

JADA[®]

THE JOURNAL OF THE AMERICAN DENTAL ASSOCIATION

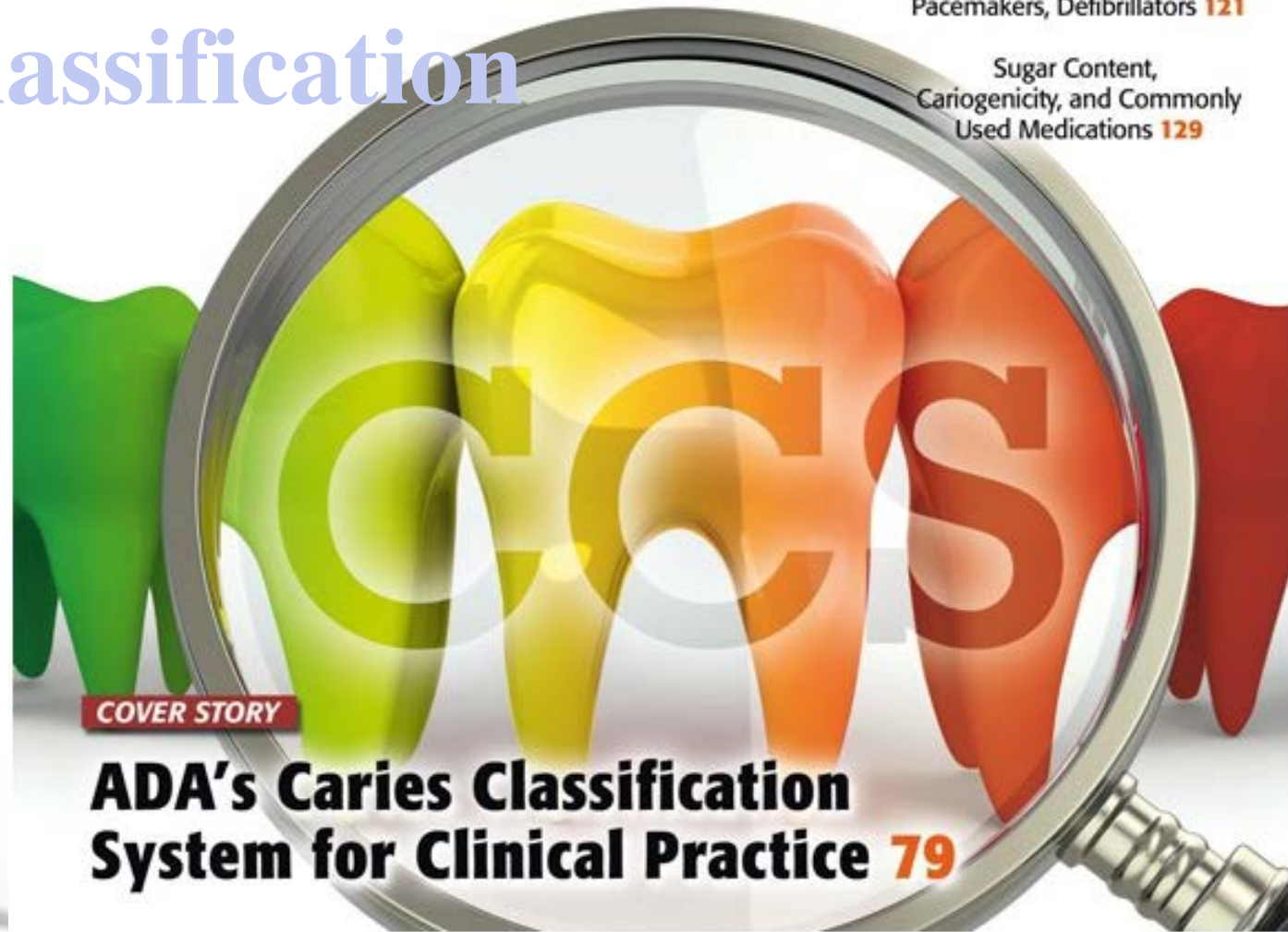
Caries Diagnosing and classification

ORIGINAL CONTRIBUTIONS

Preventive Analgesia
Using Nonsteroidal
Anti-Inflammatory Drugs **87**

Dental Devices and
Pacemakers, Defibrillators **121**

Sugar Content,
Cariogenicity, and Commonly
Used Medications **129**

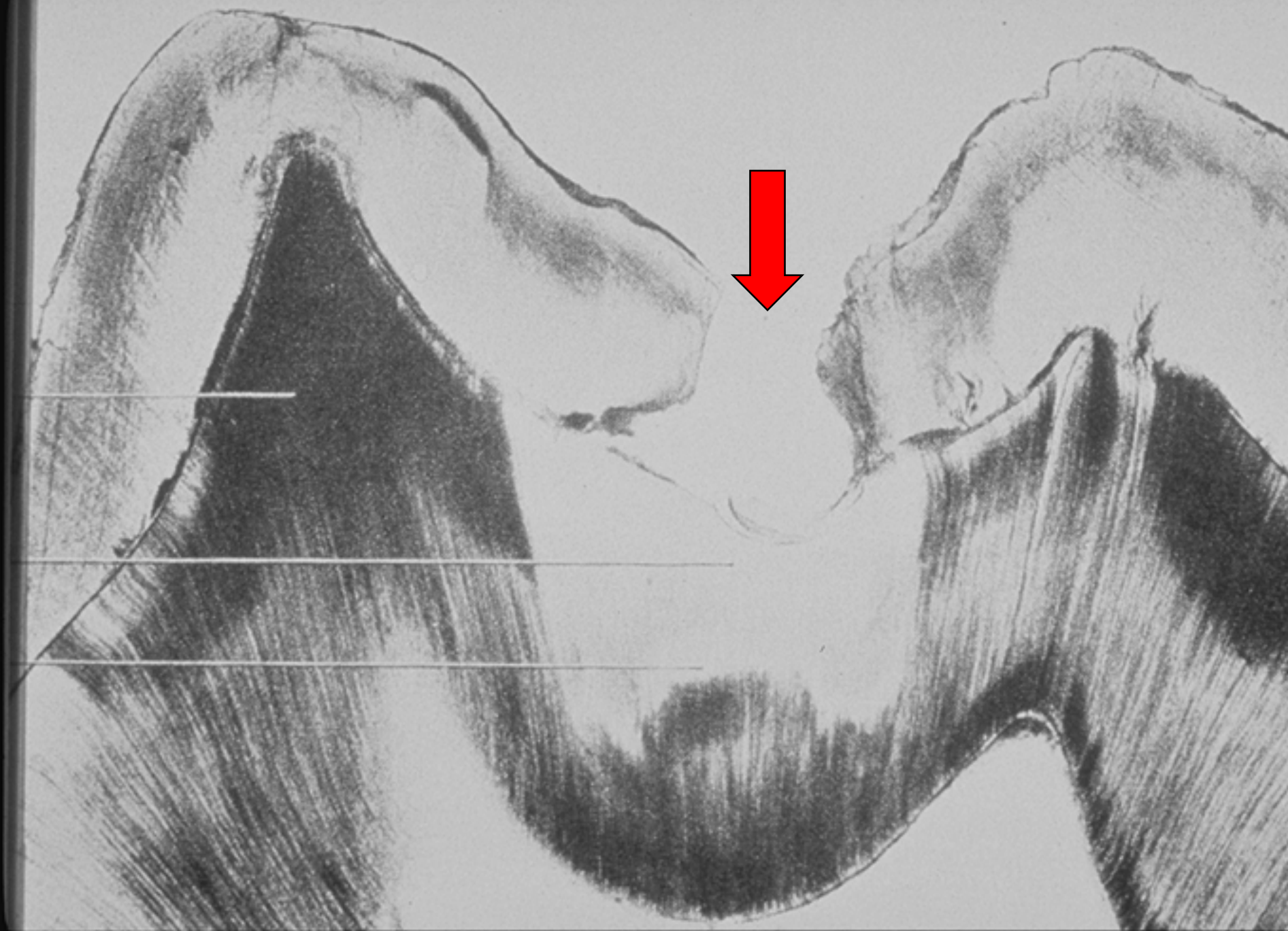


COVER STORY

**ADA's Caries Classification
System for Clinical Practice **79****

Traditional Decay Model

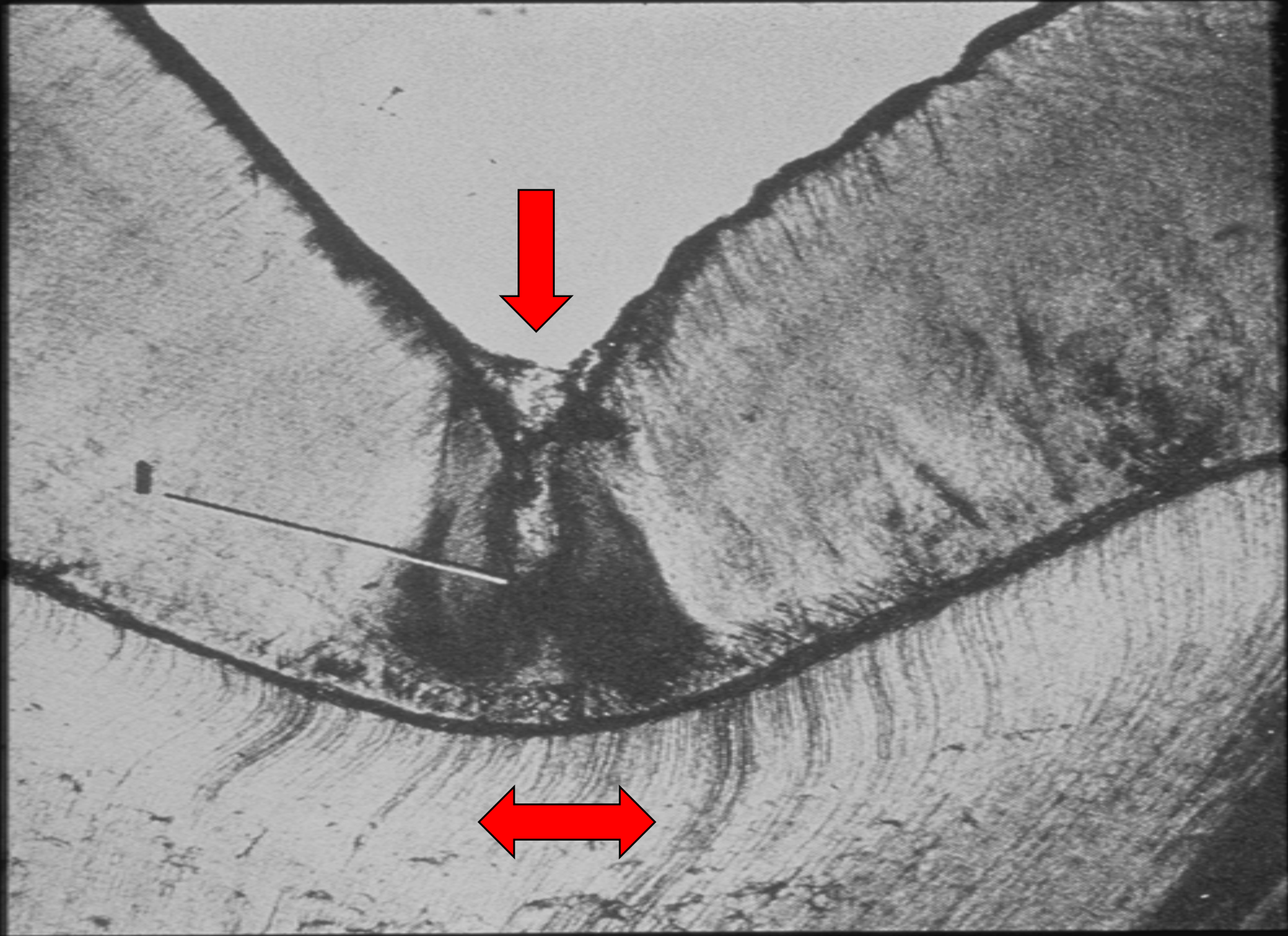
Caries attack begins in the enamel with demineralization and cavitation. Easily diagnosed visually, sharp explorer and radiographs.



Current Model for Decay

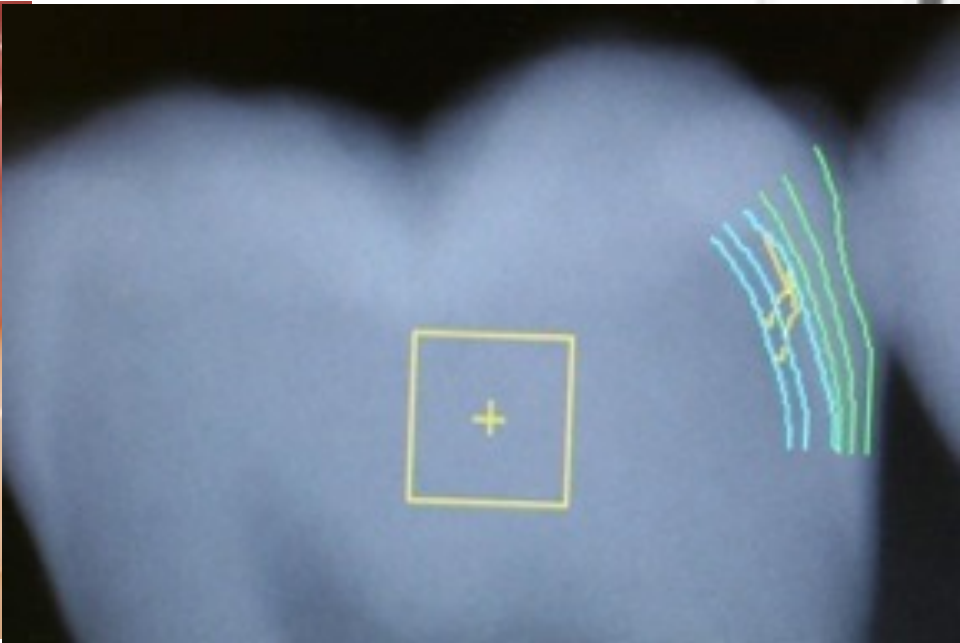
Enamel does not cavitate because of protection from fluoride. Caries begins in dentin through fissures, pits, fractures, and enamel pores.

Difficult to diagnose with traditional methods.



Let's put this in another way

How many times have you gone into a class 1 and thought it was shallow and "BOOM" your bur just drops into a large cavity?



Lodgicon

OR...

Another example, you are removing an alloy or a composite in a class 1 and you see **“Brown”** as you are approaching the interproximal?

Yet NOTHING on the X-ray!!



If we can diagnose earlier,
or in fact simply...

“UP OUR GAME IN DIAGNOSTICS”

Can we Redefine

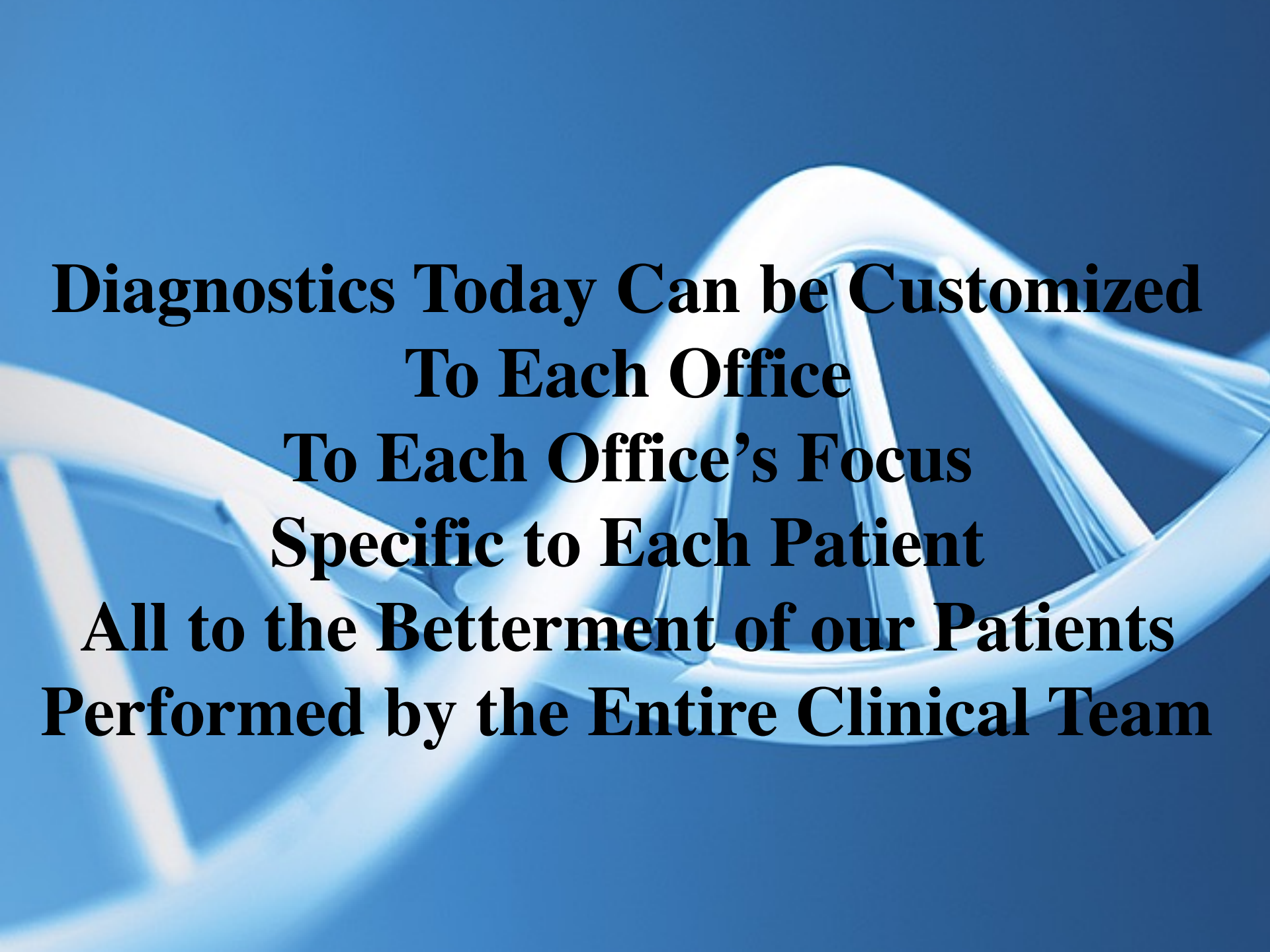
“OUR APPROACH TO CARE”



A core concept in our offices: Implementing today's technologies with your team

Contemporary management of dental caries includes identification of an individual's risk for caries progression, understanding of the disease process for that individual, and “active surveillance” to assess disease progression and manage with appropriate preventive services, supplemented by restorative therapy when indicated

American Academy of Pediatric Dentistry. Guideline on caries risk assessment and management for infants, children, and adolescents. *Pediatr Dent* 2014;36(special issue):127-34.



**Diagnosics Today Can be Customized
To Each Office
To Each Office's Focus
Specific to Each Patient
All to the Betterment of our Patients
Performed by the Entire Clinical Team**



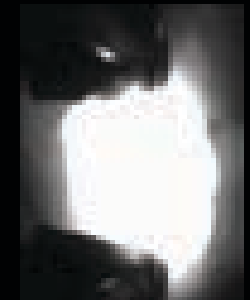
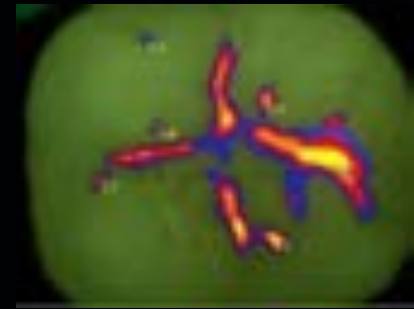
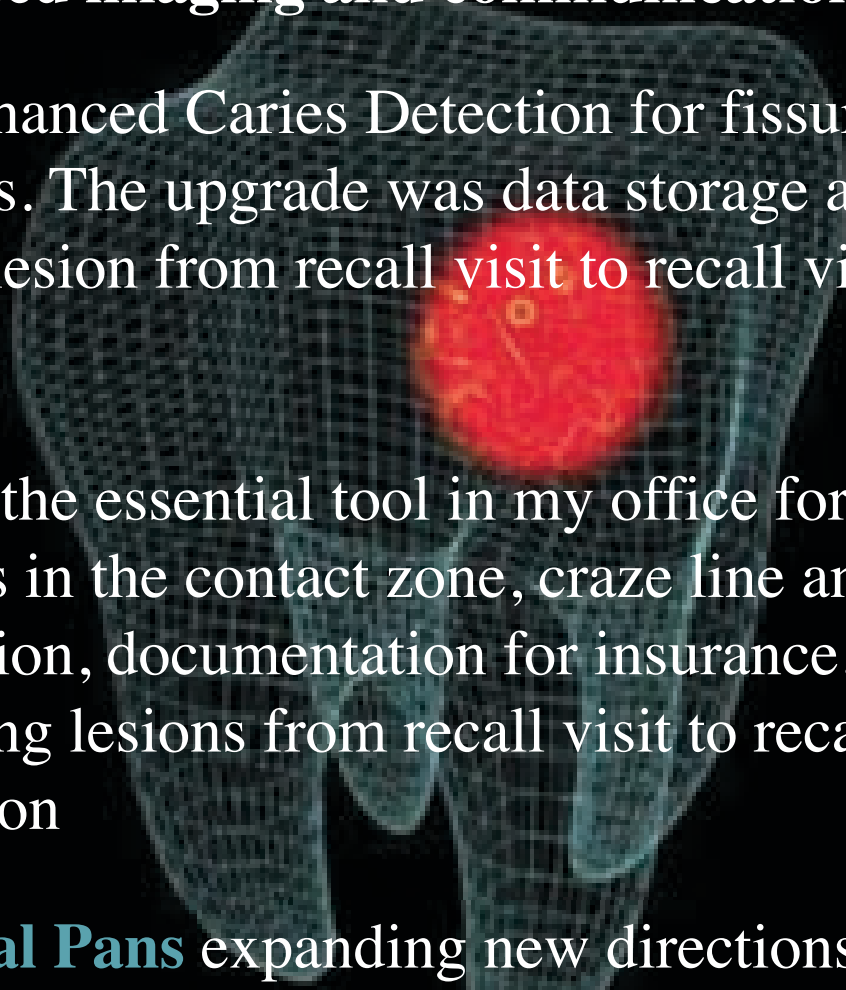
Modern Diagnostics
Today's Dental Practices


Digital X-rays: decreased radiation than traditional x-rays, with far **more options for enhanced imaging and communication**

Fluorescence for enhanced Caries Detection for fissures and smooth surfaces. The upgrade was data storage and one can follow the lesion from recall visit to recall visit without radiation

Transillumination the essential tool in my office for interproximal caries in the contact zone, craze line and crack line illumination, documentation for insurance, storage and following lesions from recall visit to recall visit without radiation

Cone Beams/Digital Pans expanding new directions in protocols and maximizing information never seen before in our practices and equally important...





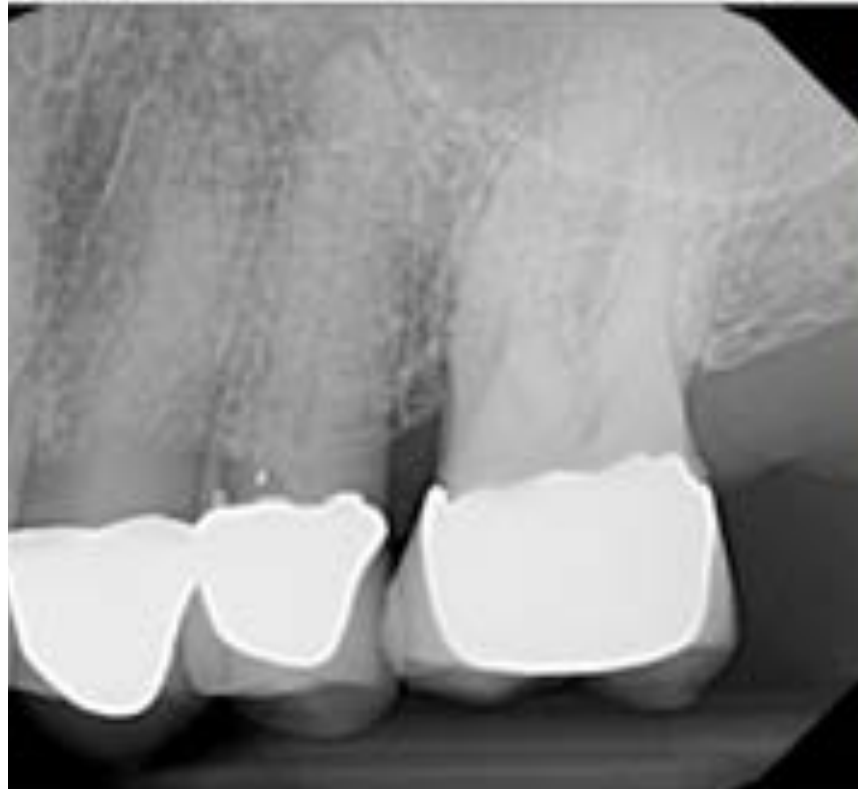
The Next Big Technology
Within General Dentistry
CBCT
Everyday Diagnostics

**“The Easiest Justification for
a CBCT in my office
Meet Diane”**



CC at a recall visit

**“I had pain last month in my upper left area,
I was swollen and it went away after I took an antibiotic that I had”**



**My hygienist takes a periapical, taps, and finds no
response, and then I walk in...**

**In the PAST, I would have waited if
nothing was clear**



**With the limitation of 2D images
We have learned to scan such patients with similar
stories that same day with 3D**



How Many Upper Molars like this case do you see yearly? Meet Dave”

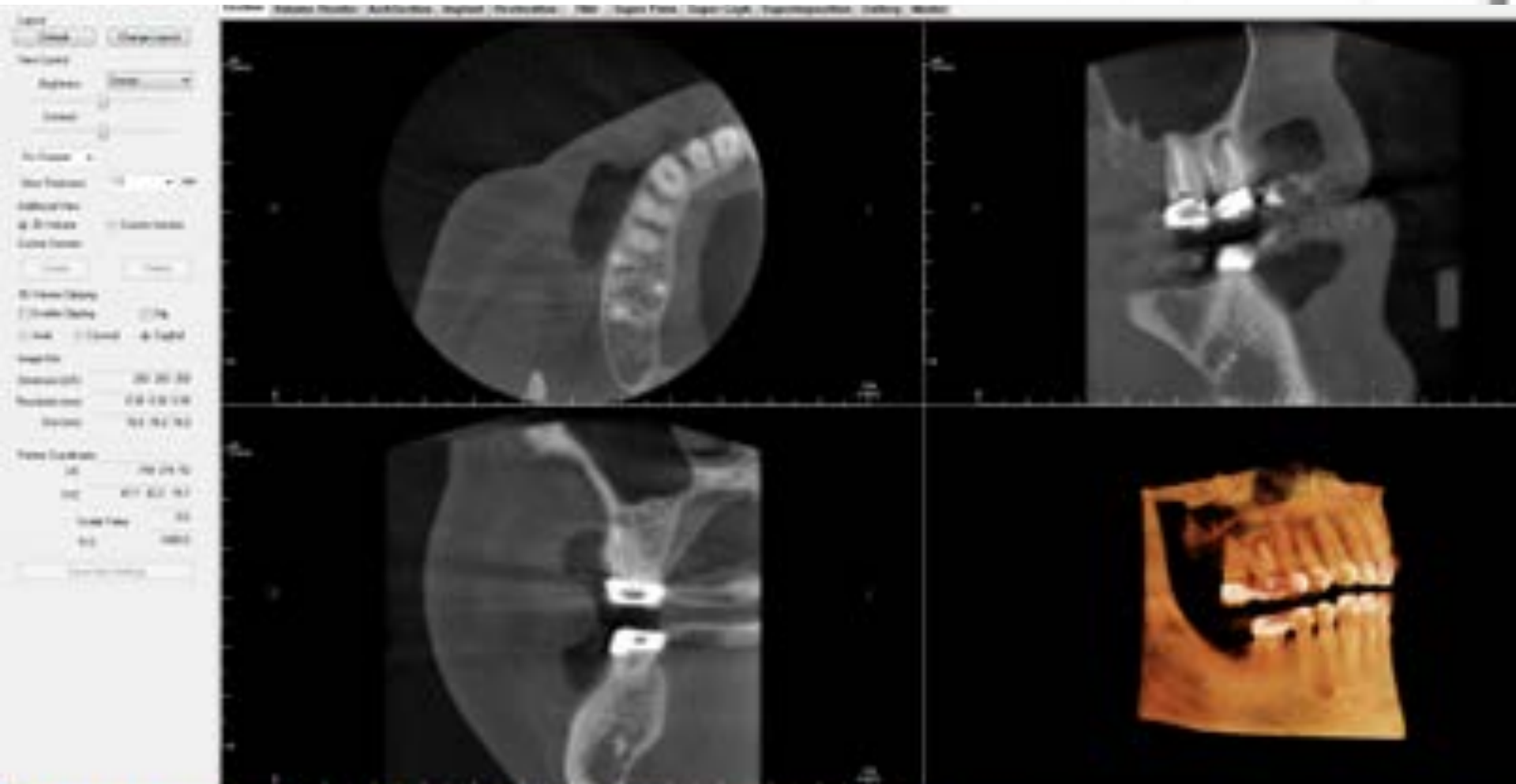


David #3 on a routine recall visit and his specific FMX



- RCT 20 years old
- Hx of on and off tenderness
- Yet no history of swelling and acute pain
- Periapical radiolucency evident

That same visit....a 5X5 FOV scan is taken at High Resolution



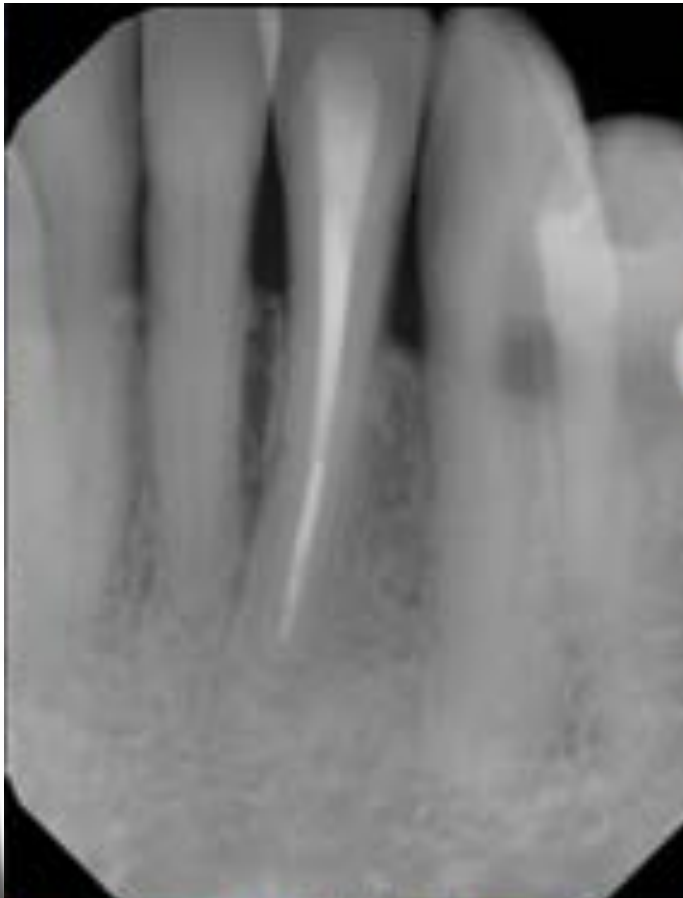
Given the lesion, and NO Mb2 canal for a first molar noted...The lesion is worth retreating



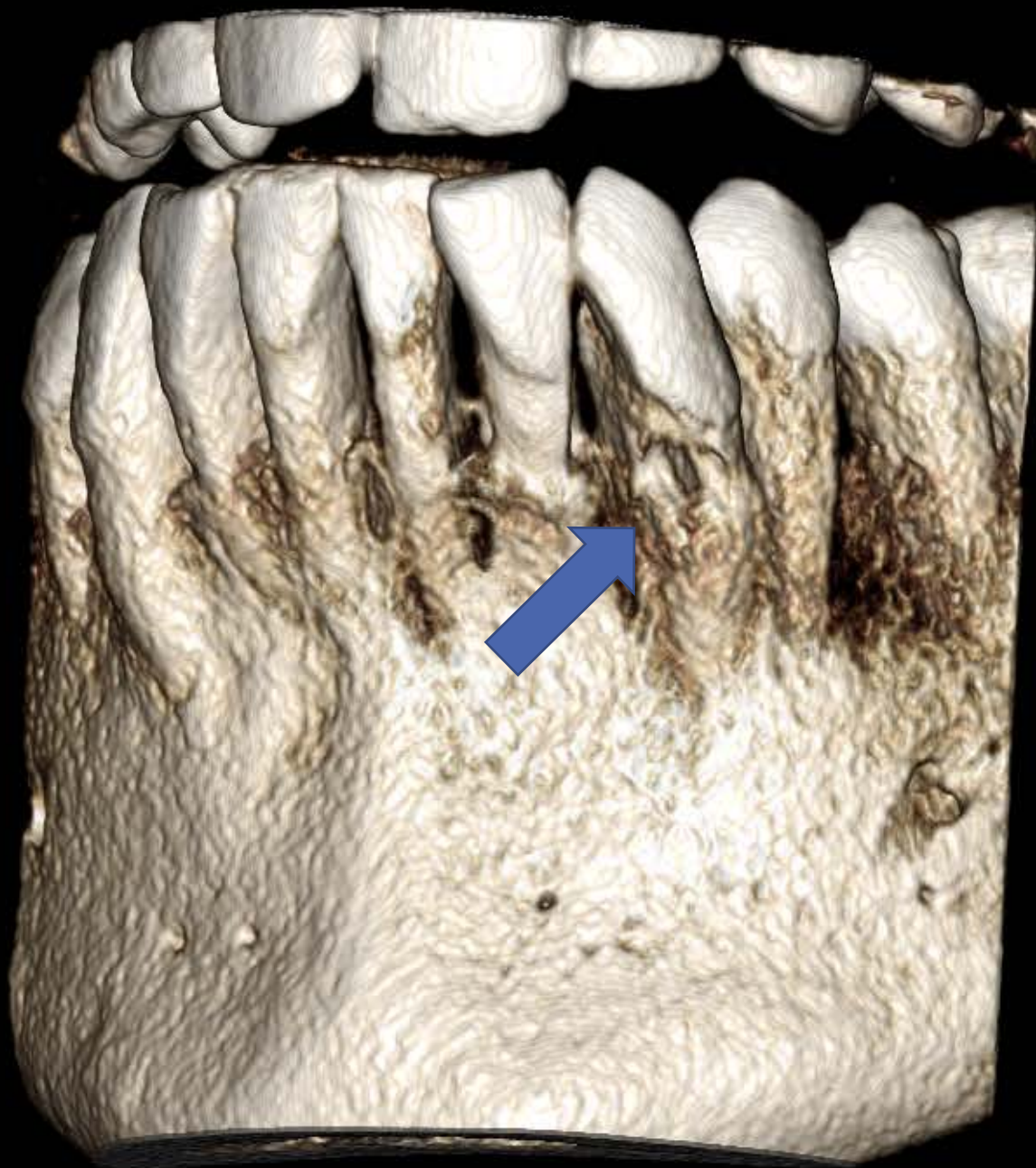
“The ever growing issue of RESORPTION”



On a routine hygiene visit: An asymptomatic lesion with a Class 5 “stick”

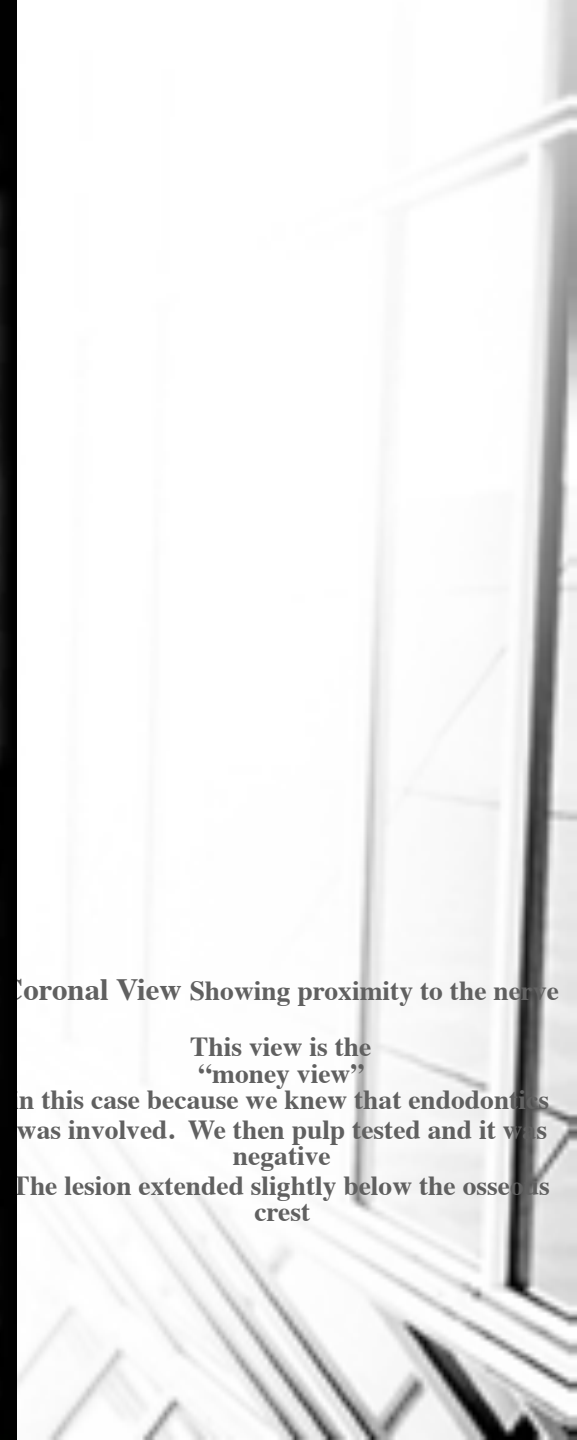
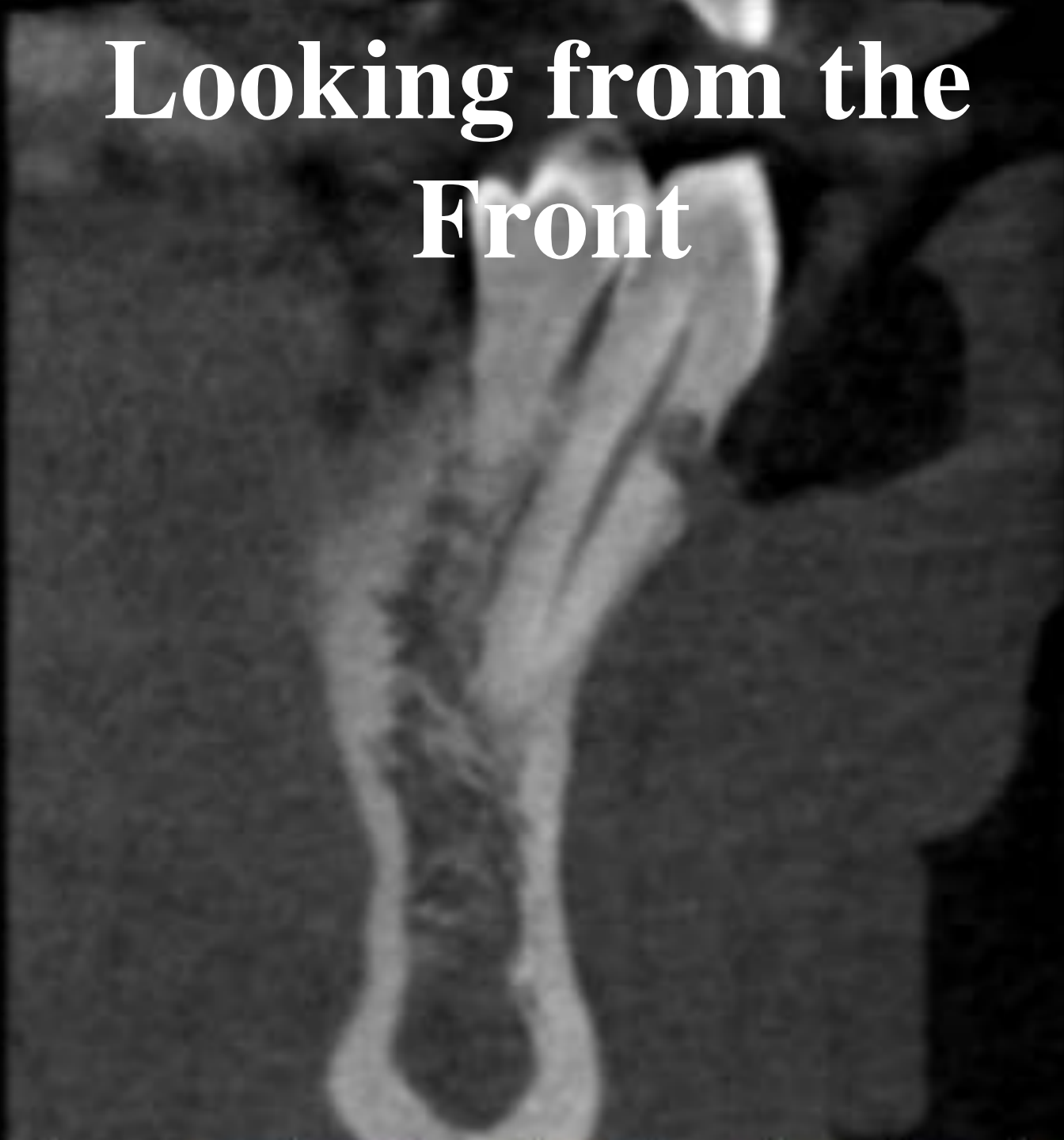


- **History #23 turned yellow and then endo was done on non vital tooth years ago**
- **History #22, No history on this tooth beyond orthodontics in high school 42 years ago**
- **No probing**
- **Stick on the coronal aspect**



**Under Volume
Render
Note the Location of
Resorption**

Looking from the Front



Coronal View Showing proximity to the nerve

This view is the
“money view”
in this case because we knew that endodontics
was involved. We then pulp tested and it was
negative
The lesion extended slightly below the osseous
crest

Today as we continue forward...

**With the limitations
of explorers and traditional
x-rays...**

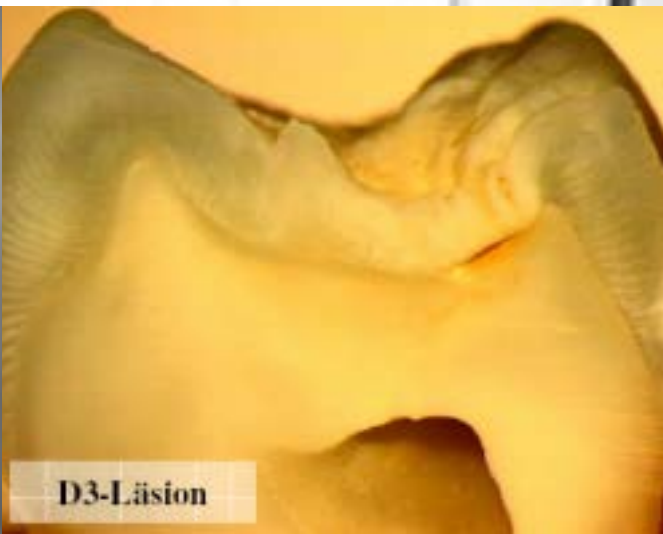
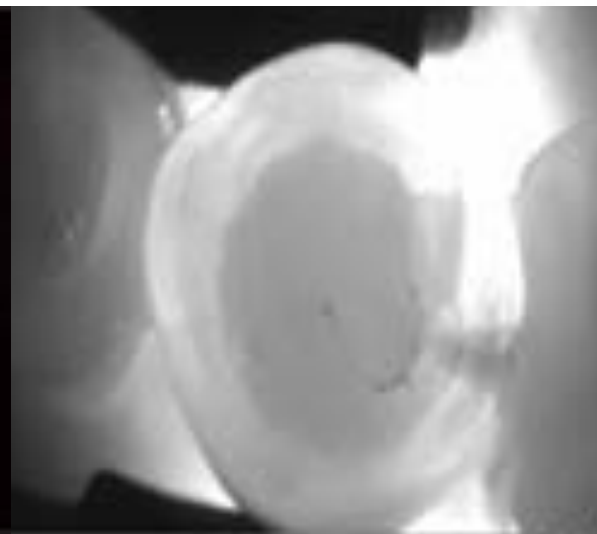
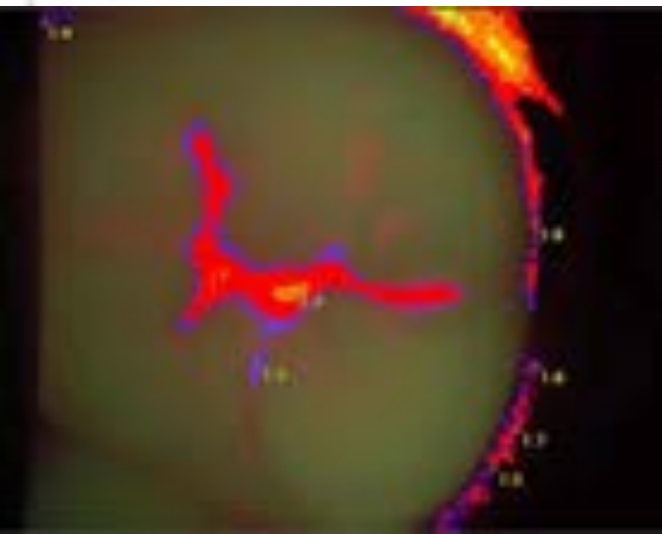
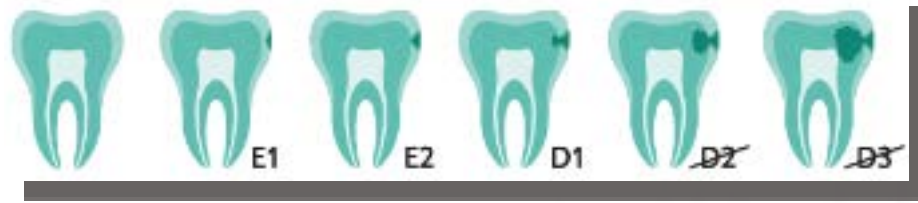
**How do we compliment these
technologies and further our
diagnostics in our offices in regards
to the caries process?**

When Do You Drill?

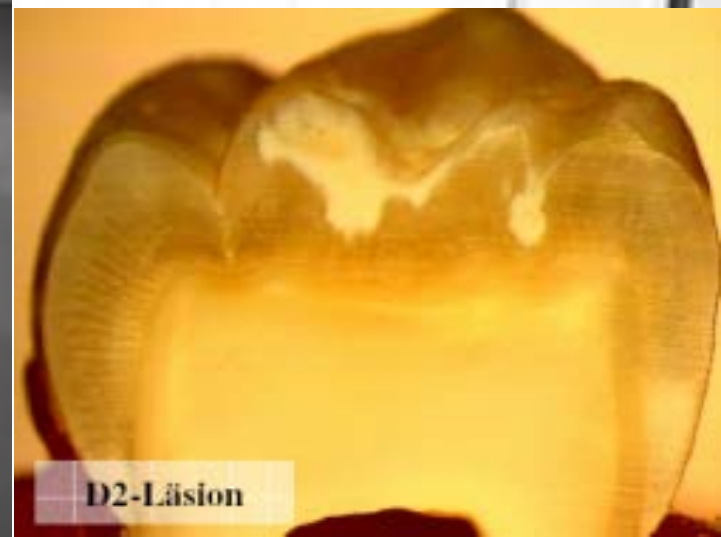
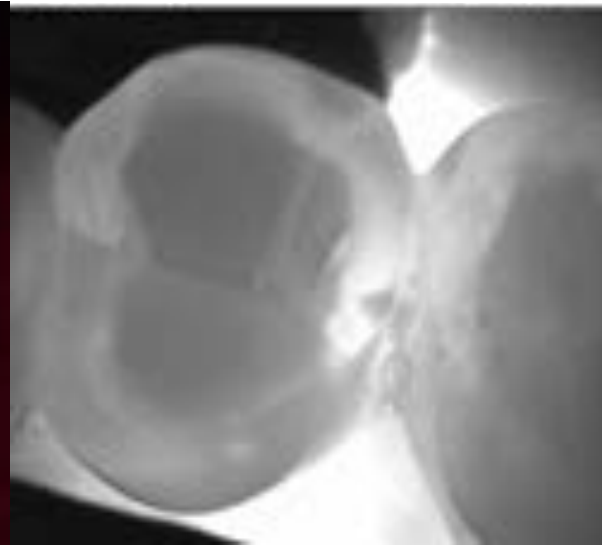
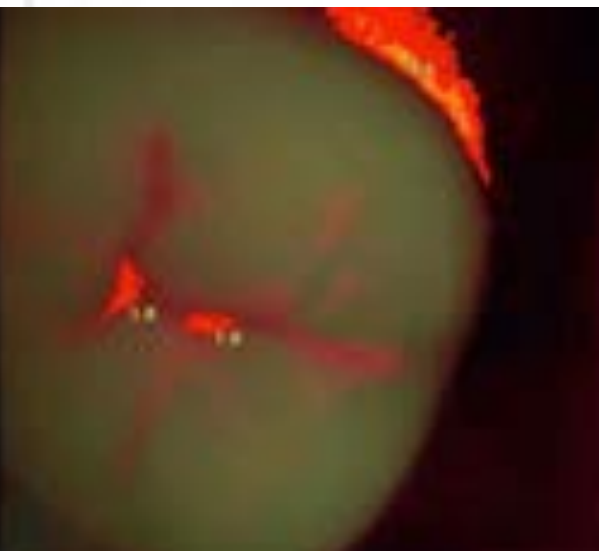
How do you best decide?

**Schools across the country
teach different
methods of treating cariology**

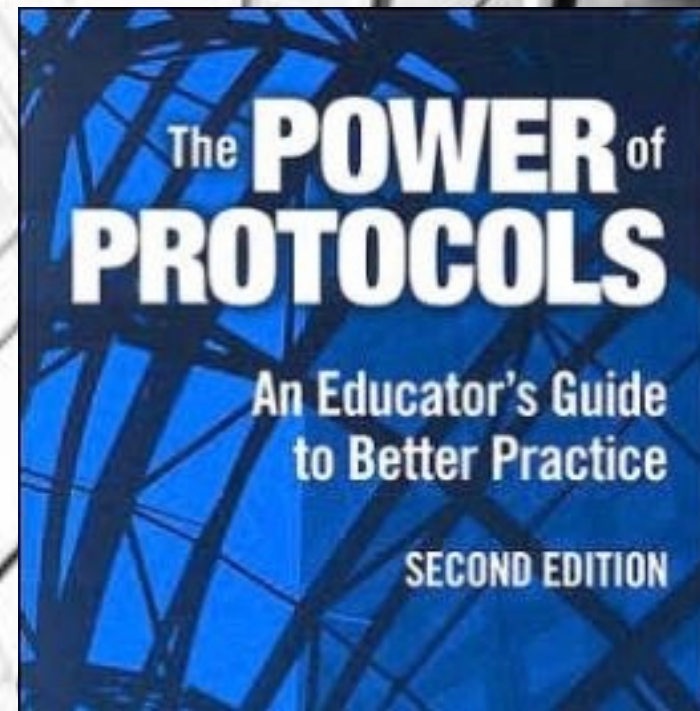
About 2/3rds advocate surgical treatment once the dentin has reached the outer dentin 1/3rd (D1) and with the aid of an x-ray and or explorer (Low Sensitivity)



About 1/3 of the schools teach treatment when decay is in the inner enamel (E2) with the aid of an x-ray and or explorer (Low Sensitivity)



**How this is changing
our habits into new
office protocols and
diagnostics**

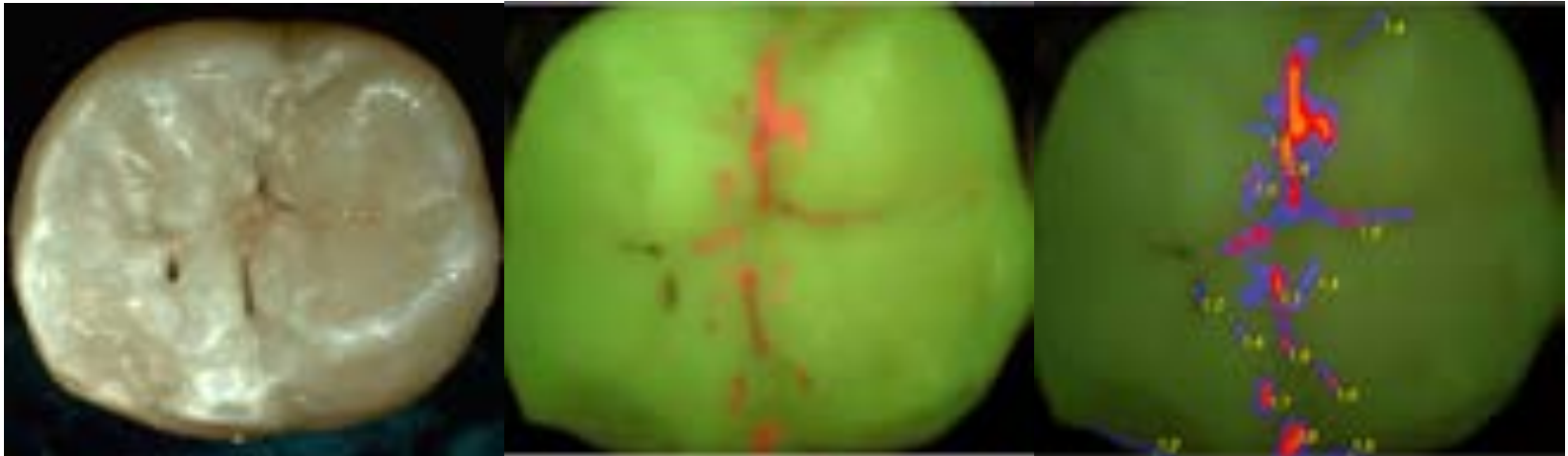


**Our first technology
introduced today will be
Spectra**



Beyond Visual, Tactile and lot's of guessing!

Spectra Detection/Analysis- Examples



Spectra differentiates fluorescence from healthy and demineralized tooth structure.

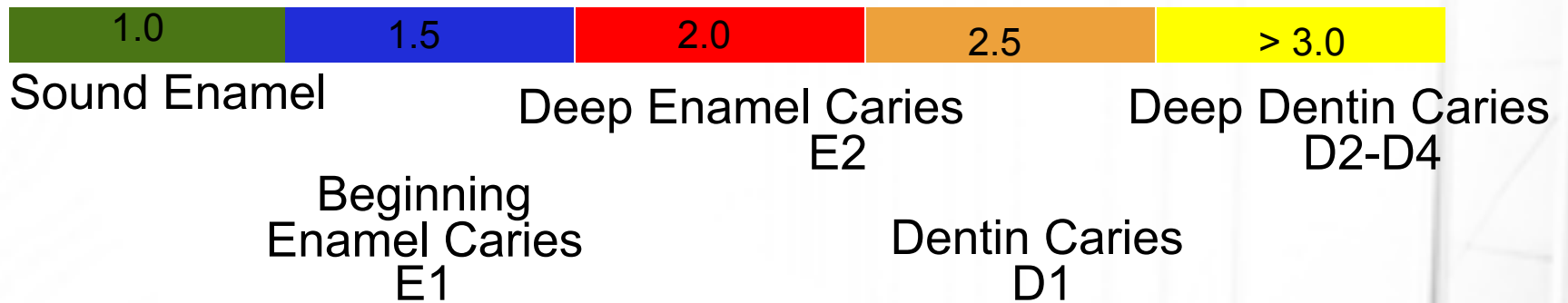
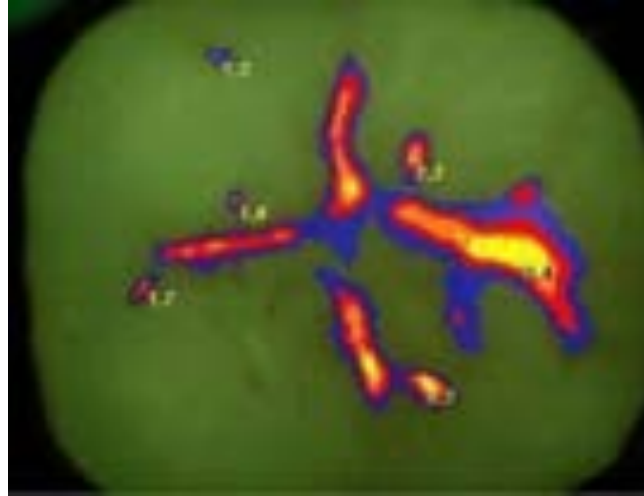
This wavelength stimulates **red porphyrins** produced by caries-related bacteria to emit **red light**, containing less energy.

*** Plaque and Stain with porphyrins can give you a false positive
Sound enamel, in contrast, sends out a **green auto-fluorescence light**.



Spectra





“Doppler Radar” for Caries Detection

A Picture is Worth a Thousand Words

Analysis of Spectra images Color Scale and Diagnostic Value



D0 – sound fissure system



E1 outer enamel



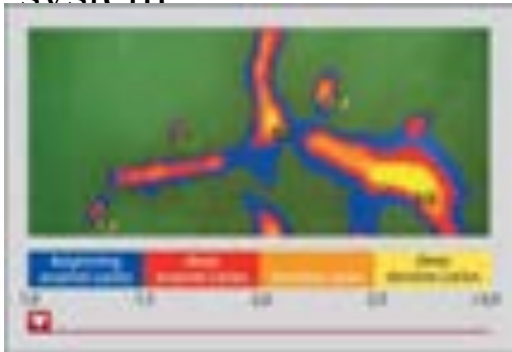
E2 inner enamel



D1 early dentin



D4 deep dentin



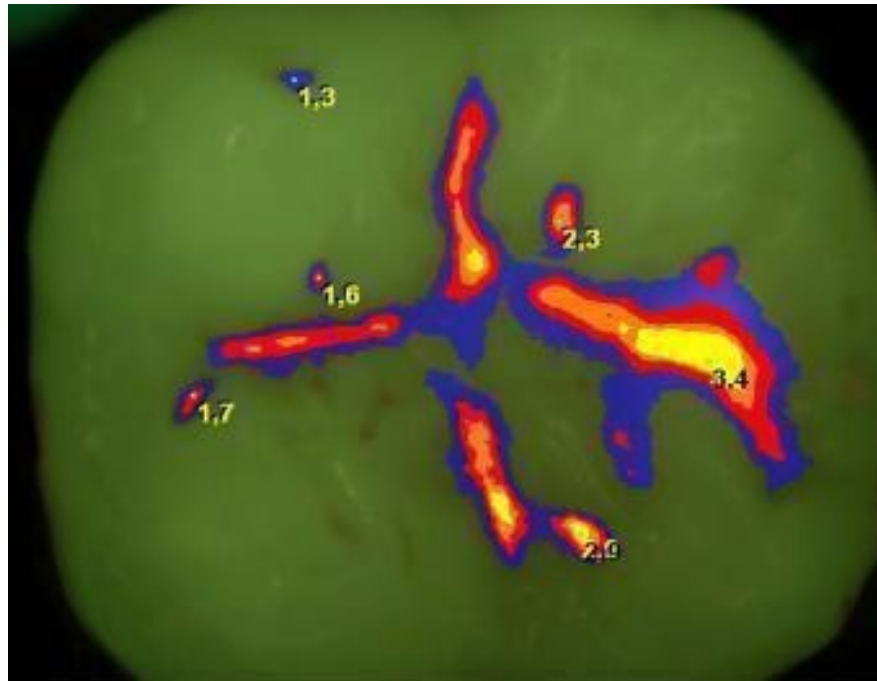
Diss. Madani, 2004 Uni Jena

Histological Clinical Analysis

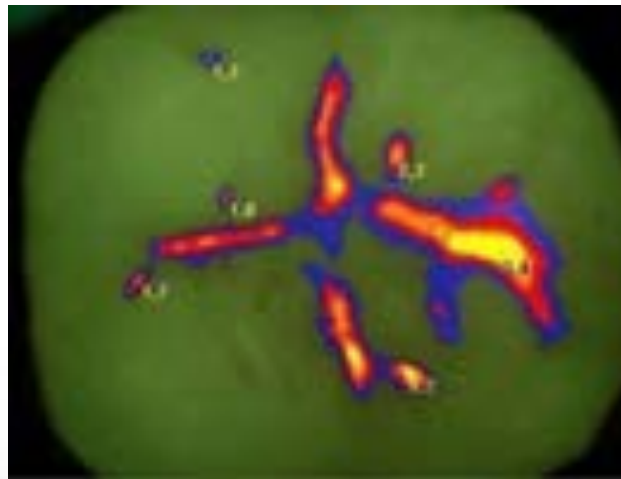
Nomenclature of Dental Lesions

The Bottom line...

This guides the practitioner and team to better decision making



Spectra is able to store the fluorescence images in the patient file for follow up and allows us to see if further demineralization has occurred and thus take out a tremendous amount of subjectivity



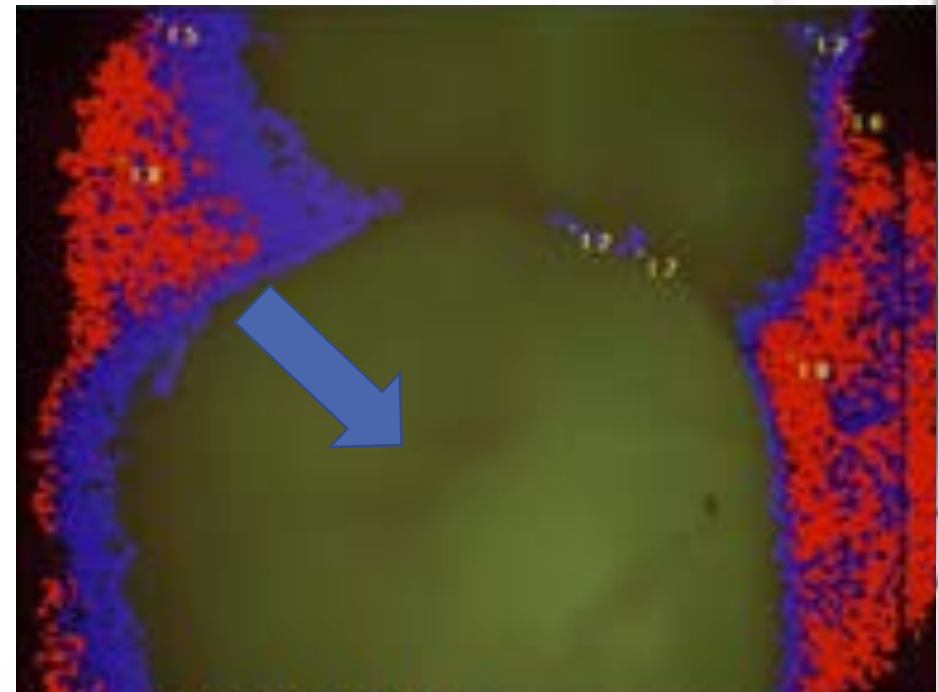
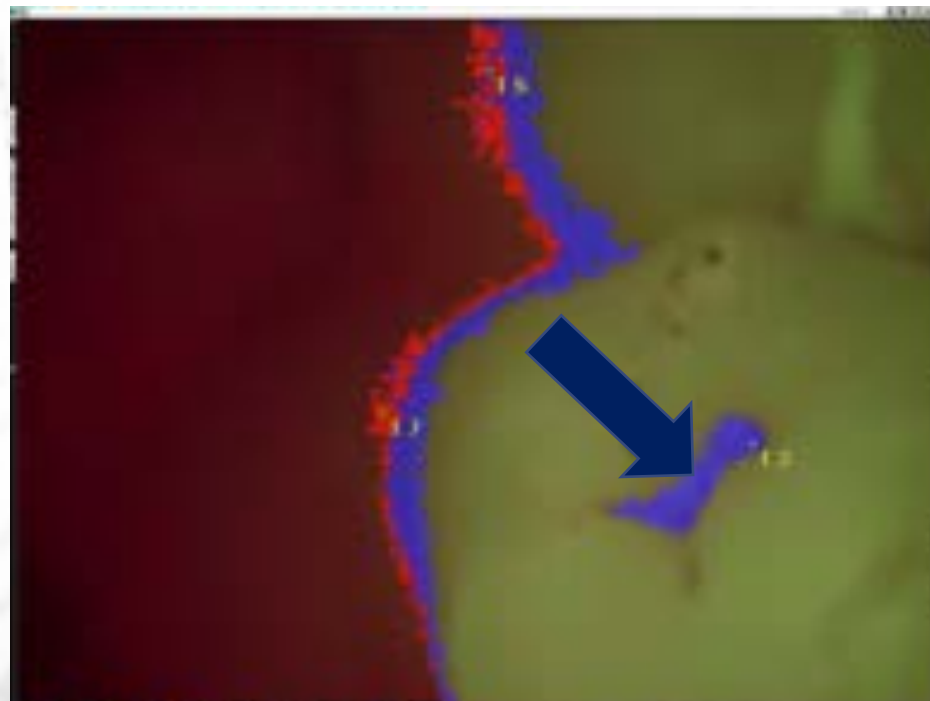
**How has Spectra
been Incorporated
into my office?**

**Is this Technology Worth
the Investment?**

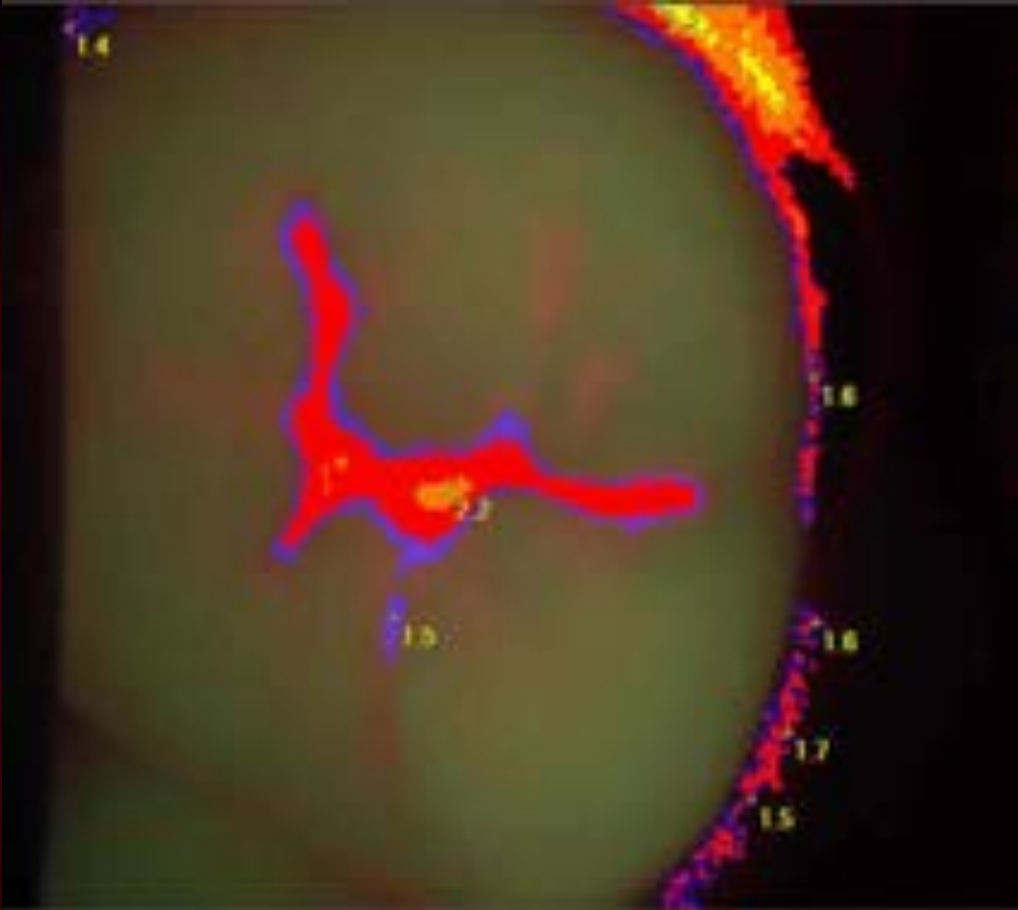
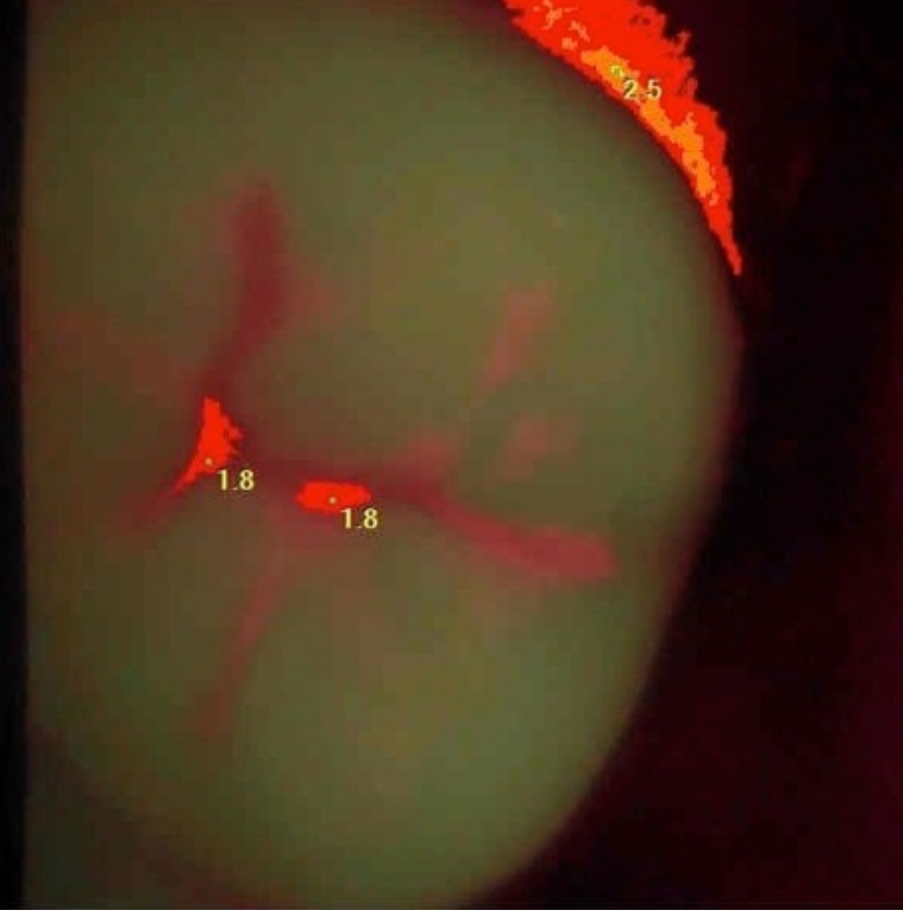
The vast majority of my initial exams for patients with no occlusal restorations

This allows me to evaluate both occlusal and smooth surface areas:

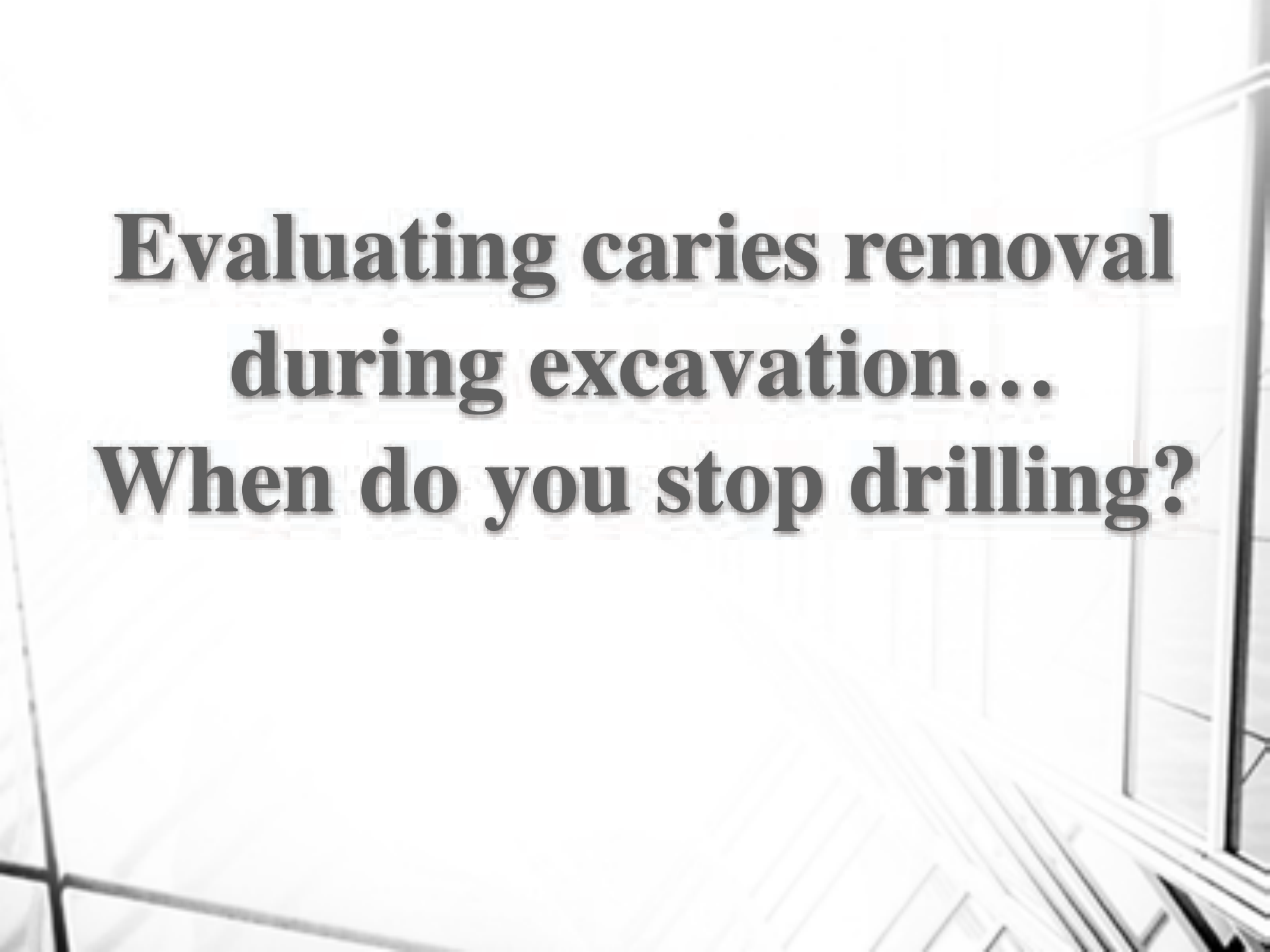
Staining can create false positive
Simply air polish or ultra sonic away



**For recall exams to
follow any changes**

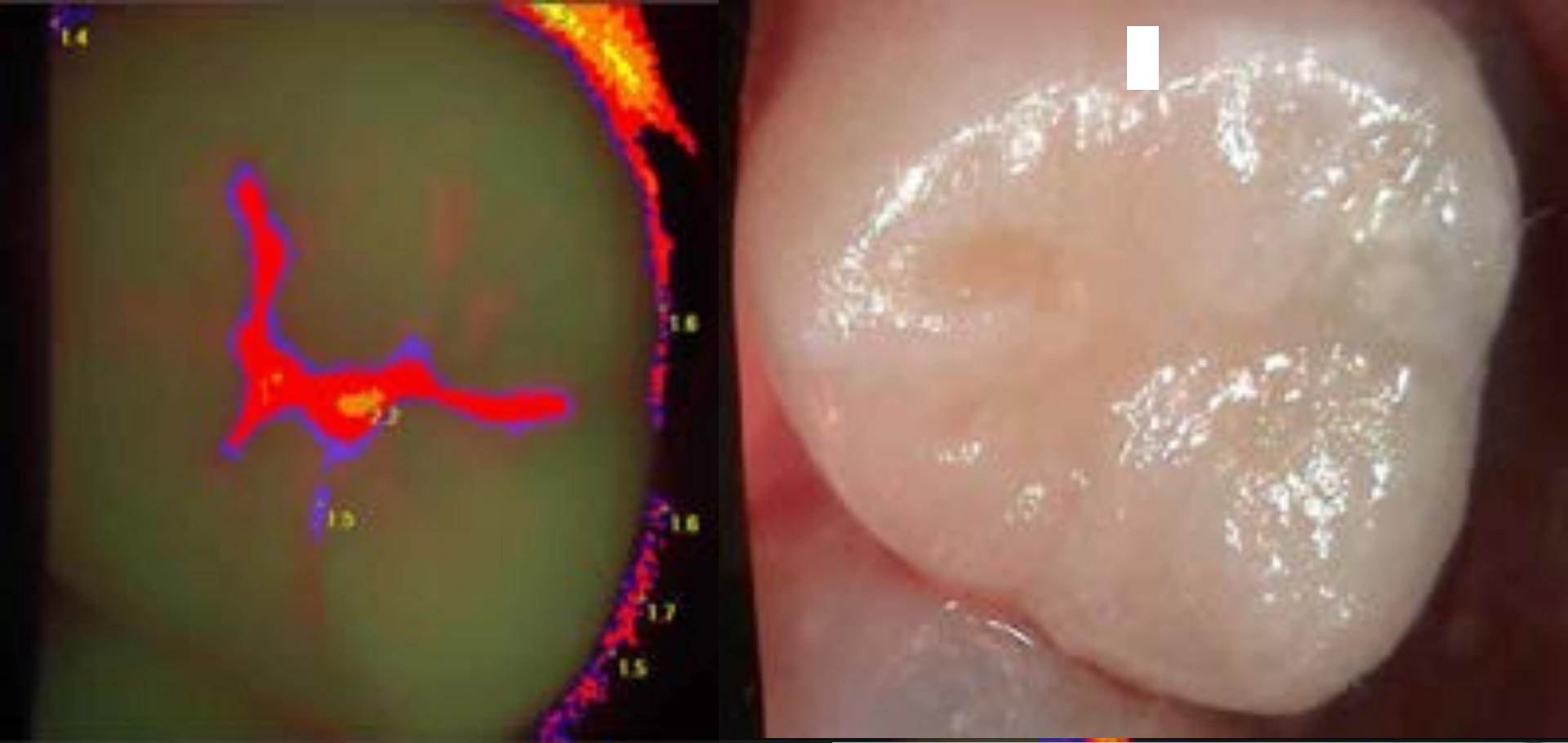


12 months later,
My hygienist utilizes **Spectra**
and captures the change



**Evaluating caries removal
during excavation...**

When do you stop drilling?



The first image shows full caries removal
Treated with a TE/Universal Bonding Agent: and a final placement of a low shrink
low stress composite like Admira Fusion Flow, G Aenial Flow or SDR Flow Plus

**In our Sealant
Protocol...**

**Always Prior to any
sealant placement!**

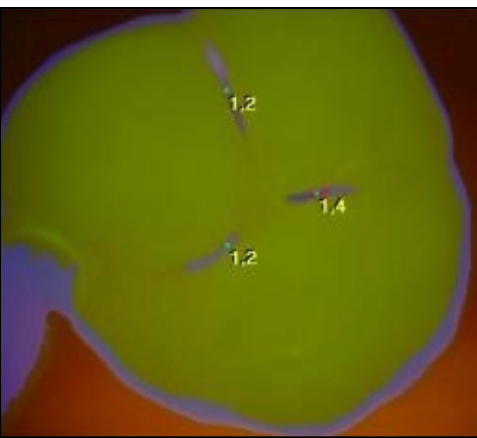
#31... E1-E2...Knowing before you seal!



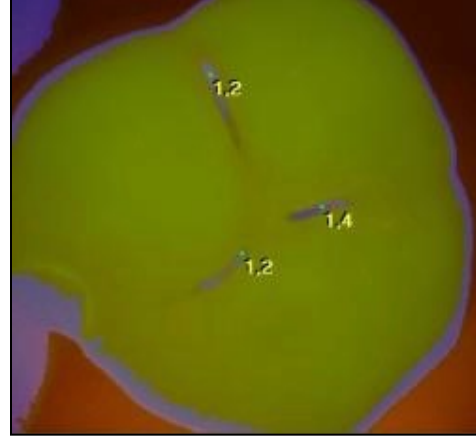
With Spectra I can use Ultradent's Ultra Seal XT Plus but I use the Clear if I am following the lesion without preparation



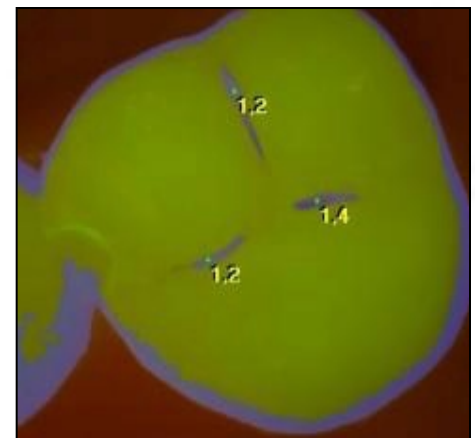
- 58% filled
- Radio opaque
- Low Shrink
- The Inspiral brush shears the material allowing it to become less viscous and thus the highly filled sealant can flow
- The sealant's resin then firms upon contact and thus doesn't run.



Before sealing



After sealing



Six months after sealing

In this case...even the small red area was not touched, simply etched and sealed monitored

“Becky at 17”

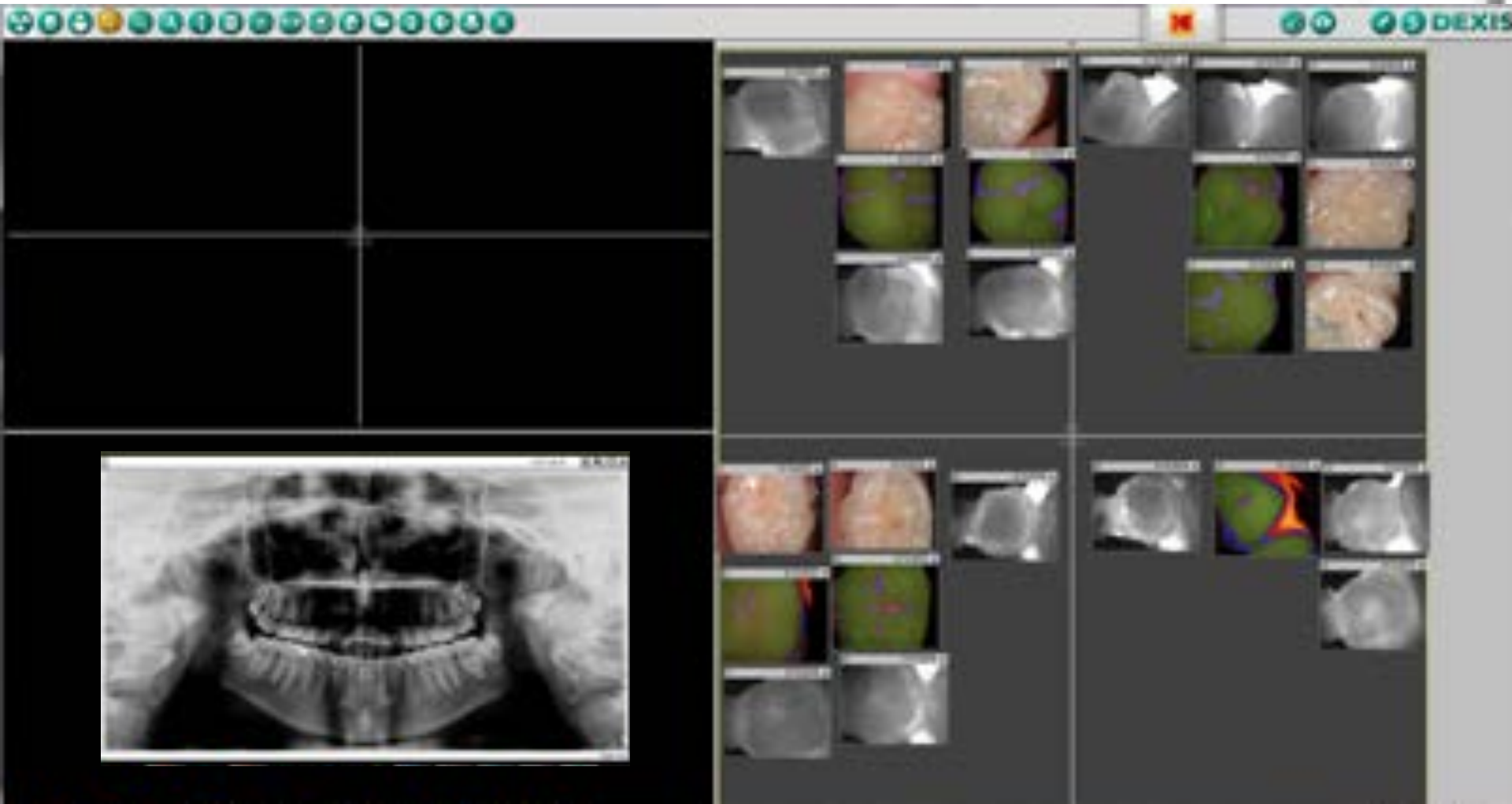




**17 years old
Recent visit to pedodontist**

**Parent received Solution Reach E mail about our
radiation free diagnostics**

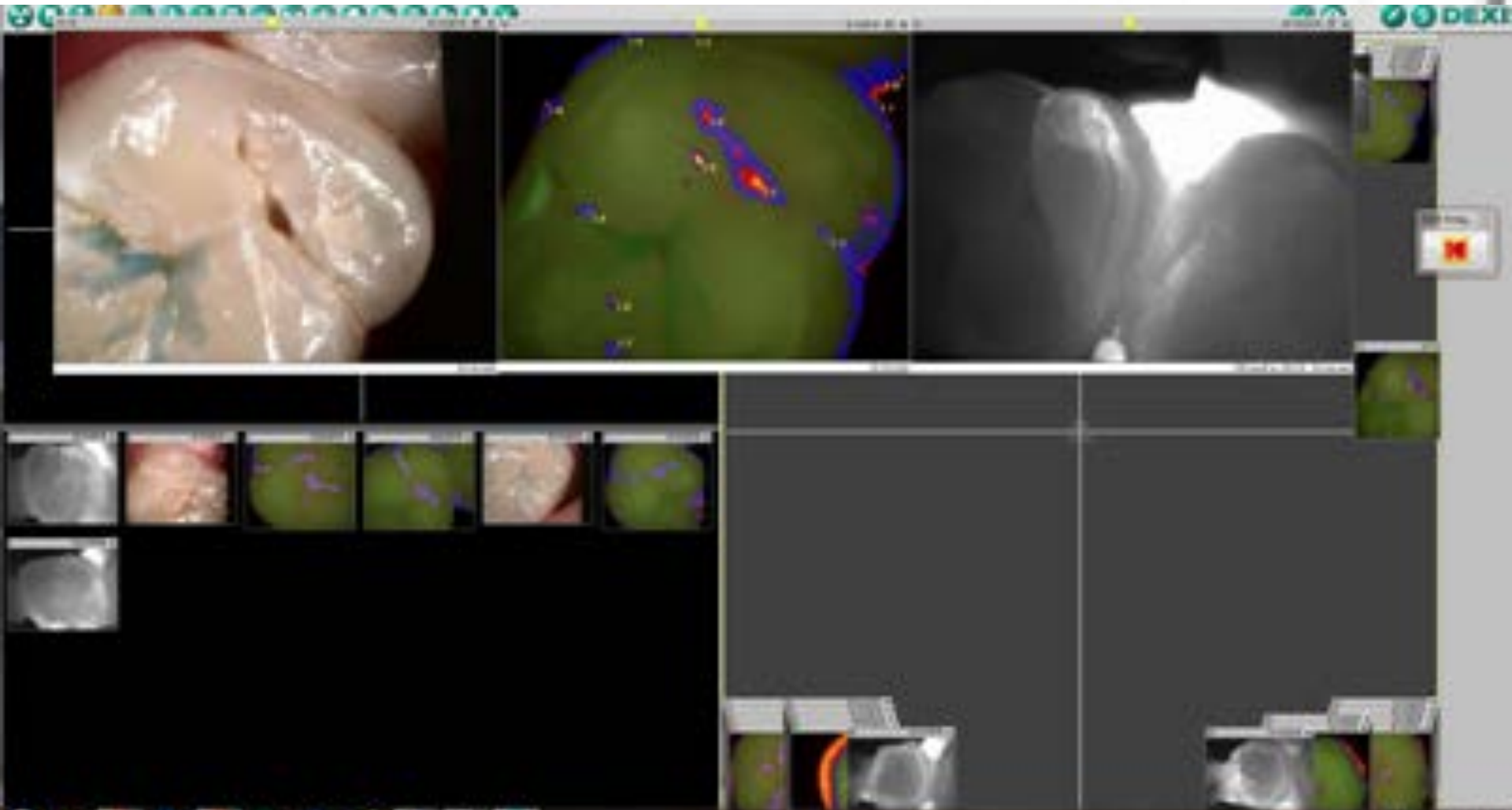
Today's Examination per UDP Protocol for 17 year old patient



**If 14 is visually like this yet no stick and nothing on the x-ray?
How do you evaluate, and even more challenging how do you evaluate 2 and 15 and
monitor them?**



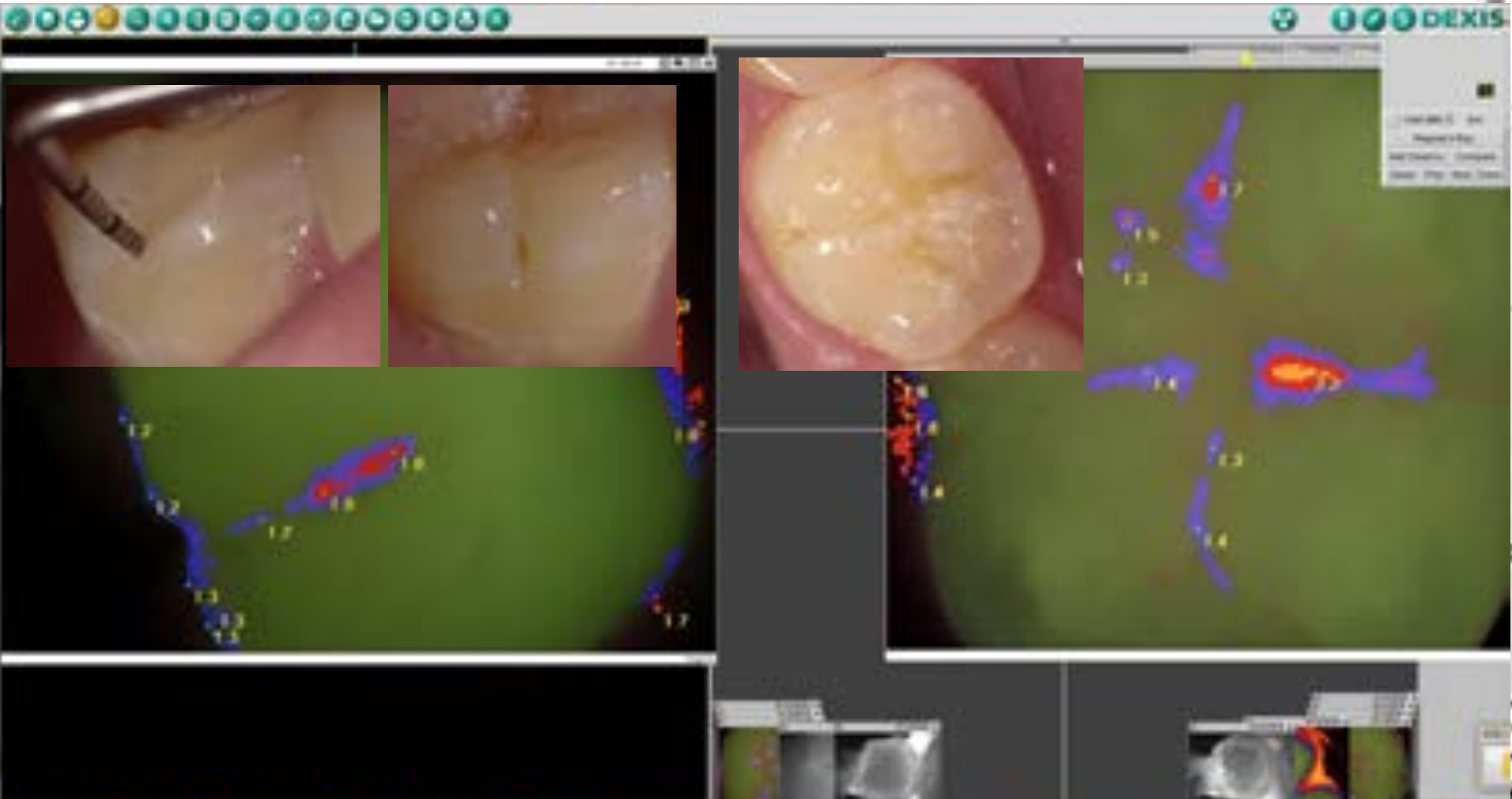
Within Dexis: X-rays, Spectra, Carivu and Intra-Oral images are all bridged





The Minimally Invasive Protective Restoration

#30 with Early D1 Occlusal Caries and E2 Buccal Caries



So Easy (today I use IonoStar Plus or Fuji 9 X-tra Fast Set)

Etch for 5
Condition for 10



Triturate 10 or 15 (firmer)



Glass Ionomers... Yes still in my everyday practice!

- Ionostar Molar...pure GIC, 5 min set time
- IonoStar Plus has the uniqueness of a more cosmetic glass ionomer due to fluorescence
- Far faster working and setting time 10 seconds for soft consistency and 15 for firmer...
- Bulk Fill placement, love the speed and for my implant access holes
- Ionolux is a resin reinforced Glass Ionomer...more strength...2mm increments, wonderful geriatric repair material



**60 seconds of Work Time
and then just wait 120 seconds to finish IonoStar
Plus**



**Working Time
Includes placement
and condensing**

**Chemically bonds to
tooth**

**Physical properties
similar to dentin**

After finishing...

With Microbrush...wipe a fine amount on and no air...just light cure



I promise to brush better!!





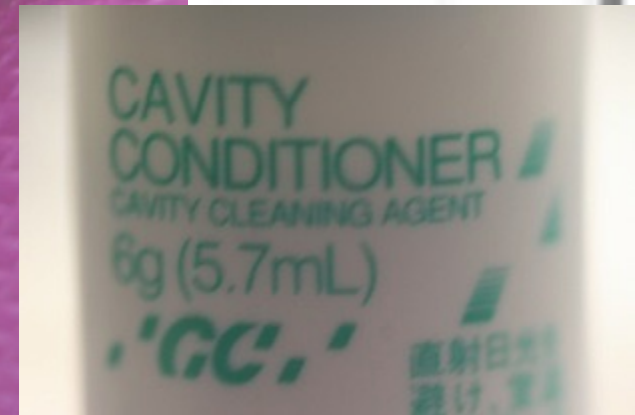
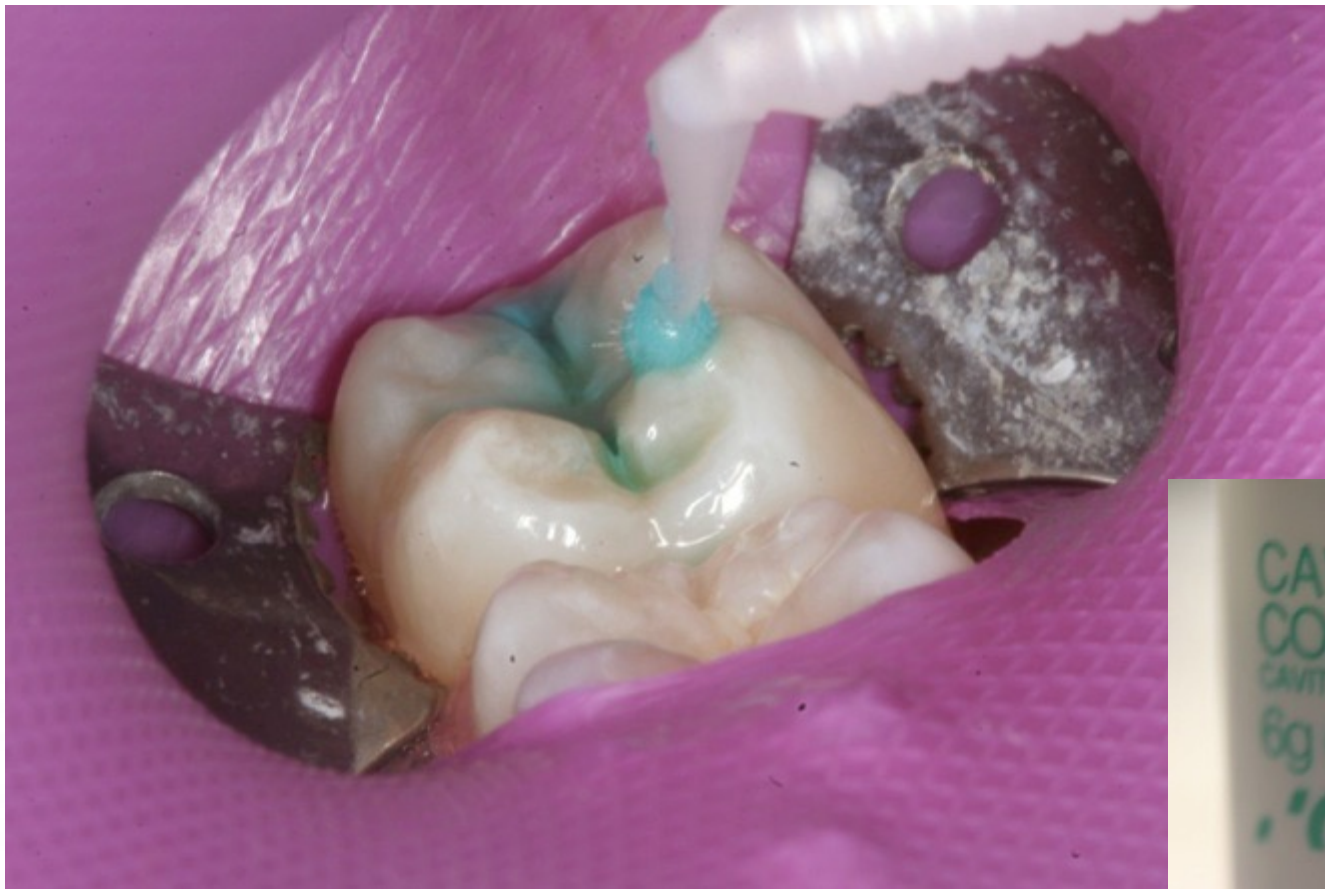
The Minimally Invasive Protective Restoration

The Equia Technique



**Class1 E2 or Early D1
Without major occlusal function**



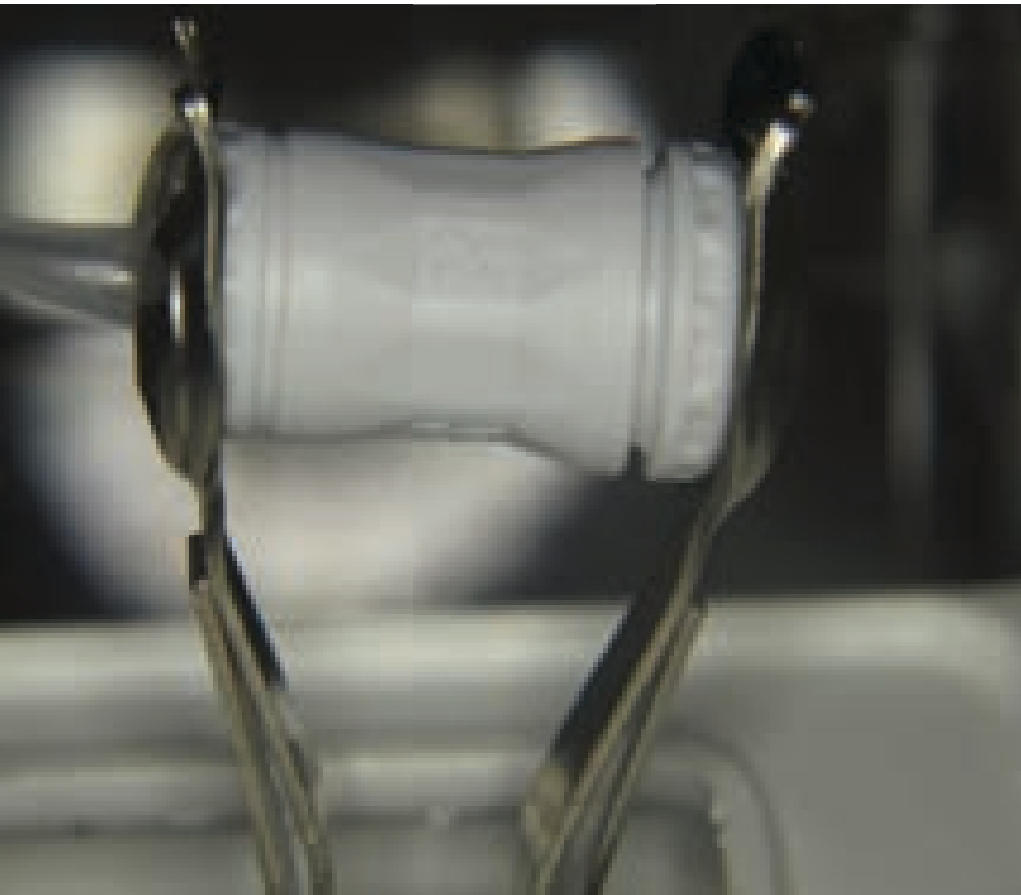


10 Seconds of a Dentin Conditioner or even 5 seconds of Phosphoric Etch...

Activation



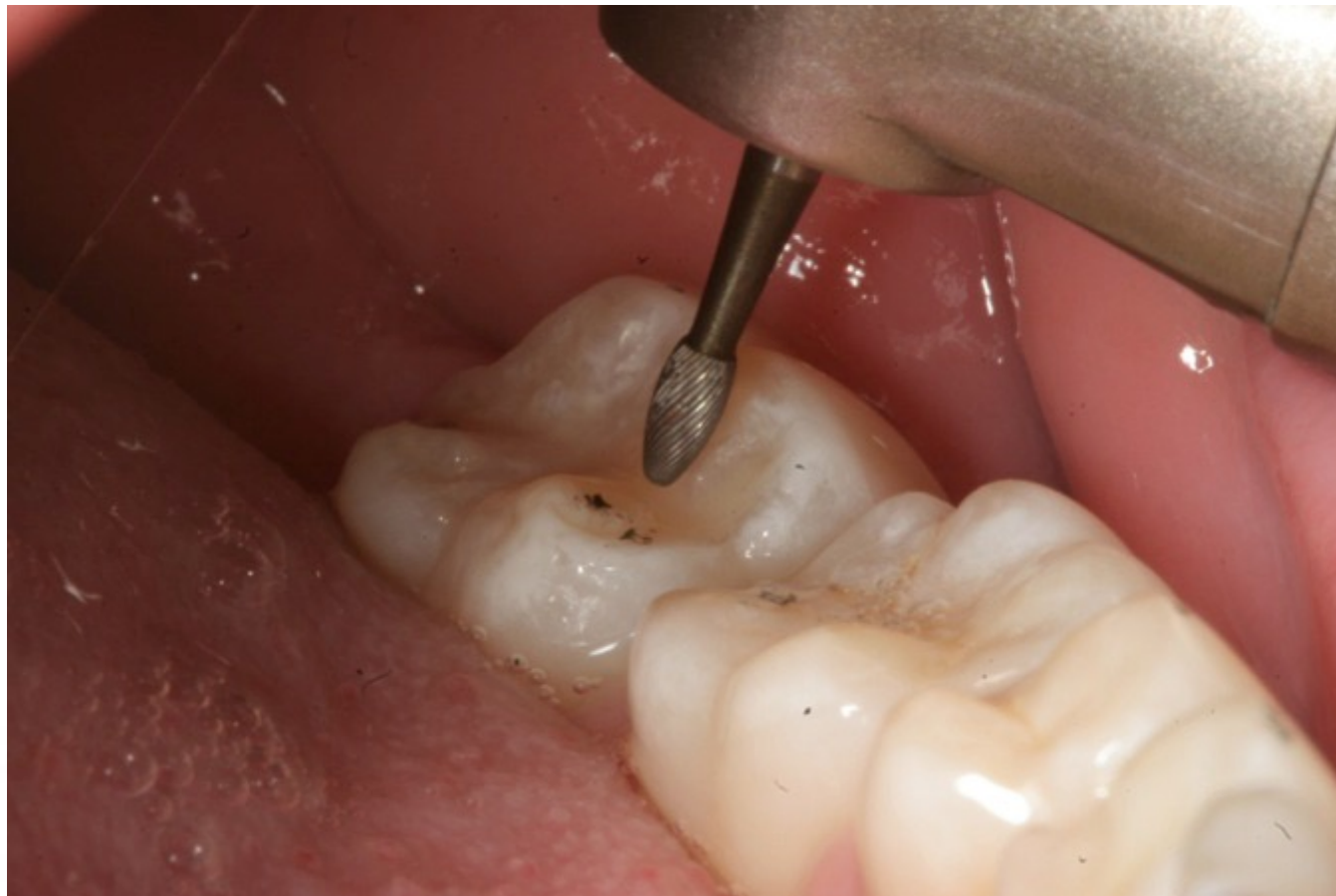
Equia Placement



Equia

**Total Working time
is the same as
IonoStar Plus of 1
minute, then sets in
3 minutes**





After waiting 3.5 minutes, trim and polish with 30 flute carbide or fine and ultra fine diamonds



**Placement of thin coat of Equia Seal and NO air drying and simply light cure
This makes it a resin/ionomer restoration
2391**



After occlusion is checked, one final look and a little distal excess material requires removal

I Placed in 1984



**Glass ionomer sealants 29 years
out when I knew nothing!**

Drill Free Preparations

Here's RON...



Hard Tissue Lasers

- **Er Yag- 2940nm**
- **Er Cr YSGG--- 2780nm**
- **10,600- CO2**
- **Energy absorbed by water and hydroxyapatite.**
- **Able to cut enamel, dentin, composite, bone and soft tissue.**
- **Many preparations can be done without anesthetic due to lack of heat generation.**

Composite and Initial Caries removal with no anesthetics Does this change the game?



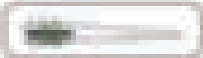

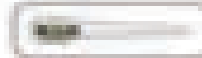





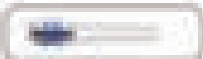

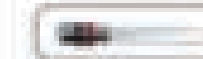
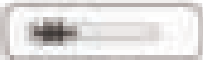

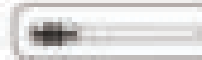


3 laser hand-pieces and over fifteen tips in different shapes and sizes. There is a learning curve because there is so much you can do!

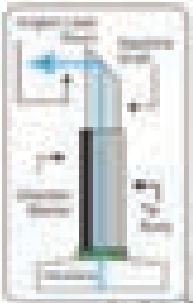
LifeTouch™ Accessories

Laser Handpieces

- AD70000 Handpiece
- AD70001 Handpiece
- LI-AD71100 Handpiece

Sapphire Tips

 AD70000 3 Laser Tip 1.5 x 17mm green Group	 AD70001 3 Laser Tip 1.5 x 17mm white Group	 AD70002 3 Laser Tip 1.5 x 17mm white Group	 AD70003 3 Laser Tip 1.5 x 17mm black Group	 AD70004 3 Laser Tip 1.5 x 17mm green Group
 AD70005 3 Laser Tip 1.5 x 17mm red Group	 AD70006 3 Laser Tip 1.5 x 17mm red Group		 AD70007 3 Laser Tip 1.5 x 17mm green Group	
 AD70008 3 Laser Tip 1.5 x 17mm blue Group	 AD70009 3 Laser Tip 1.5 x 17mm blue Group		 LI-AD71000 3 Laser Tip black and red Group	
 AD70010 3 Laser Tip 1.5 x 17mm black Group	 AD70011 3 Laser Tip 1.5 x 17mm black Group	 AD70012 3 Laser Tip 1.5 x 17mm black Group	 AD70013 3 Laser Tip 1.5 x 17mm green Group	 AD70014 3 Laser Tip 1.5 x 17mm green Group



Could this be our other hand-piece?

EVERYDAY DENTISTRY WITH LITETOUGH™

LitETough's unlimited versatility allows it to easily be incorporated in most areas of dentistry carried out in clinics every day.



RESTORATIVE DENTISTRY

- **Exceptional flexibility:** Non-contact work
- **Minisurgery:** Precise & selective ablation of carious lesions; avoids unnecessary ablation of healthy tissues; enables class 2, 3, and 4 restorations without damage to surrounding teeth
- **No vibration for more cracks:** Etched surfaces for better composite adhesion
- **Bactericidal effect:** Due to thermal characteristics of laser energy
- **LitETough™'s unique versatility & special accessories** allow access to any oral area



IMPLANTOLOGY

- **Ergonomic & comfortable** for transmaxillary implantation
- **Increased bone-implant contact rate:** Laser encourages bone growth factors
- **Precise & minimally invasive:** The target tissue is ablated without injuring the bone
- **Low impact on implants:** Second stage surgery without heating implants
- **The most effective treatment modality** for peri-implantitis and implant decontamination



ENDODONTICS

- **Minimally invasive opening preparation:** No thermal damage or microleakage
- **Bactericidal efficiency:** Removes smear layer and clears root canals. Virtual effect even results in clear dentinal tubules
- **Apicoectomy:** Performed with unique accessories



PERIODONTICS

- **Effective and uninvolved pocket debridement:** Bactericidal effect (sterilization)
- **Excellent surgical precision:** Precise & selective granulation tissue ablation avoiding unnecessary damage of healthy tissues
- **Effective and selective calculus removal**
- **Faster healing of surrounding tissue and bone:** Minimal postoperative swelling and discomfort, leading to fewer follow-up visits



PEDODONTICS

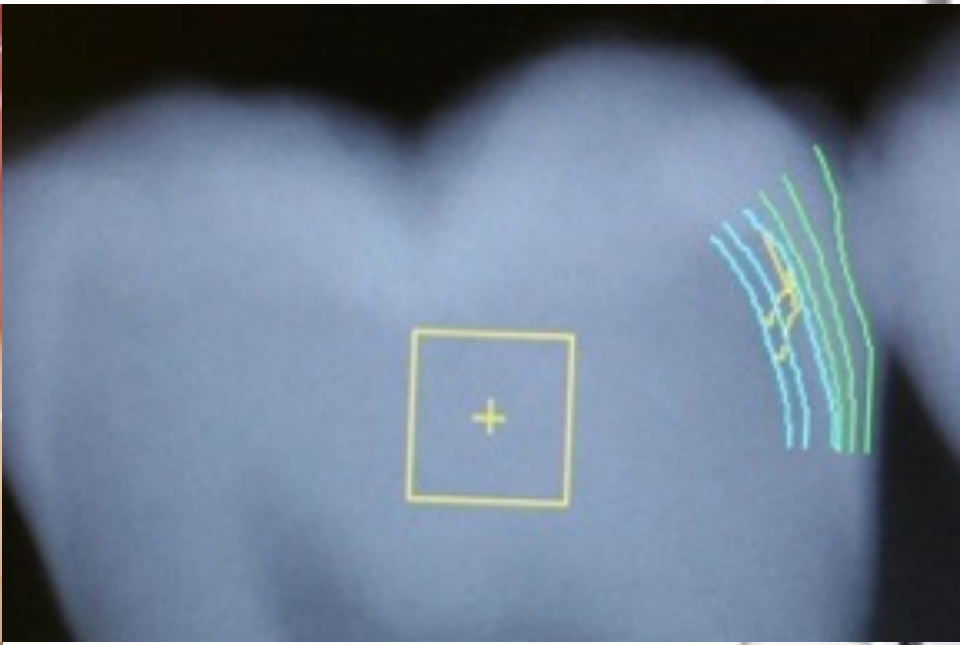
- **The preferred method** for treating children: No fear factor, shorter procedures, less noise, no vibrations
- **Preventive Dentistry:** Precise and delicate treatments, minimally invasive, enables minisurgery (pits and fissures) that preserves healthy tissue
- **Friendly equipment:** Well accepted by kids



AESTHETIC DENTISTRY

- **Precise manipulation:** Gingiva re-contouring, smile design & depigmentation of natural enamel deposits
- **Excellent for debonding porcelain veneers:** Allows dentists to reuse veneer while minimally preserving tooth substance

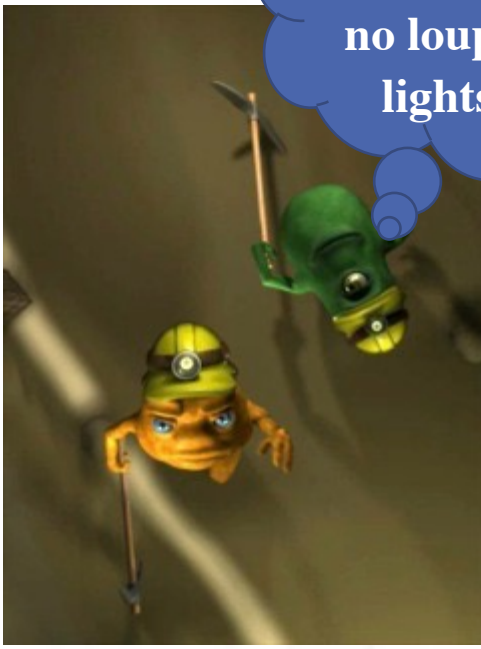
So lets relook at this clinical situation



Selective Caries Removal

A close-up, low-angle shot of a character's face, possibly a dentist, looking upwards. The character has large, expressive eyes and a slightly open mouth. A blue speech bubble is positioned above the character's head.

Did I get
all the
decay?

Two small, insect-like characters are shown in a dark, tunnel-like environment. One is yellow and the other is green. They are both holding tools that look like dental instruments. A blue thought bubble is above the green character.

That doctor
can't see us,
and OMG,
no loupes or
lights!!!!

**The question....
When do you stop drilling? You have removed the soft
infected dentin...then what?**

The Studies....

Mertz-Fairhurst
Ribeiro and Colleagues



**All found partial caries removal and sealed restorations...
reduce bacterial numbers dramatically within the
restoration, yet....**



**The Question: How can a hand-piece make us more efficient and in fact enhance our clinical work?
In this clinical application:
Selective Caries Removal**



In one word: Versatility

I have 4 basic settings All with Light and Water

- **1:200,000 1:5 High Speed, nothing beats it!!**
Cuts so beautifully and drills right through all various crown substrates (bur dependent)
- **1:20,000 1:1 Initial Caries Removal, Margin finalization, Finishing and Polishing**
- **1:10,000 1:1 Initial Caries Removal, Finishing and Polishing**
- **1:1,500 1:1 Selective Caries removal**



Carbide

1600

Enamel

360-430

Infected Dentin

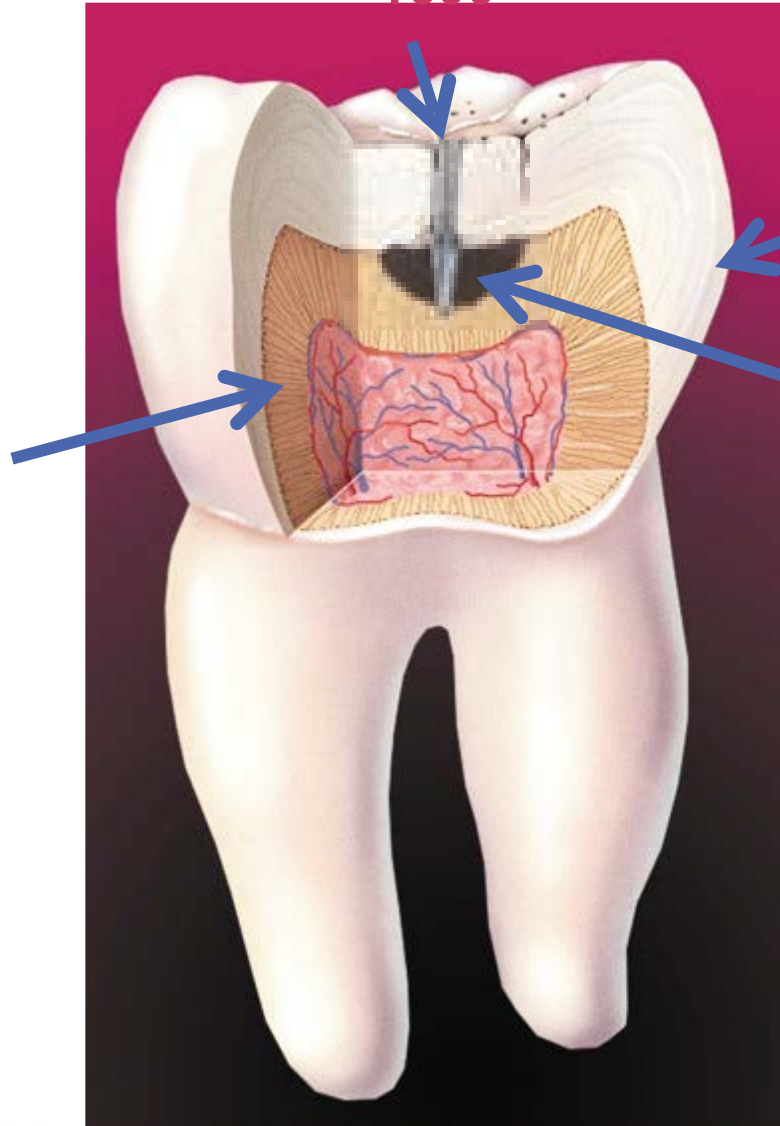
(caries to be removed)

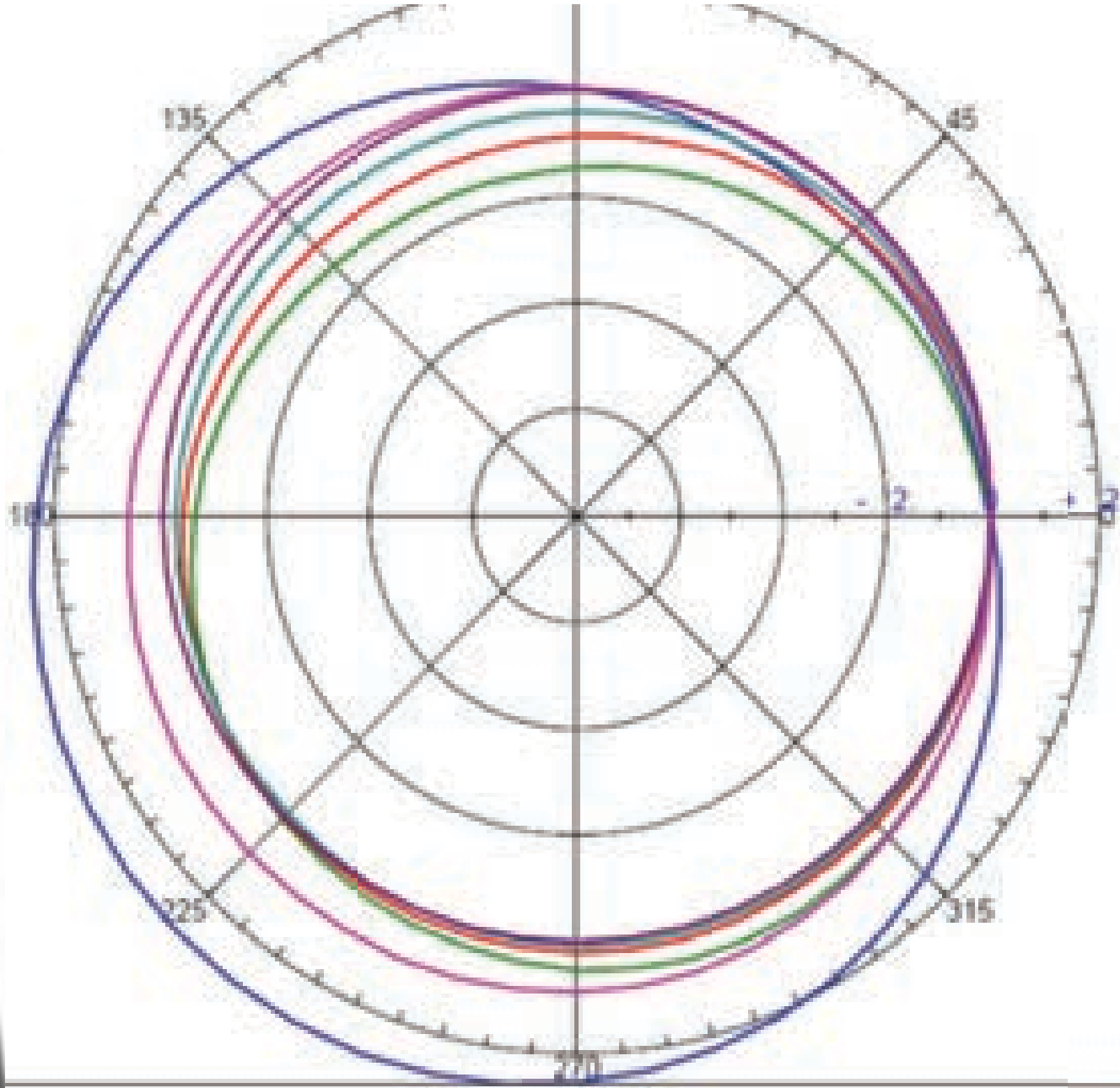
0-30

Healthy Dentin

(unaffected)

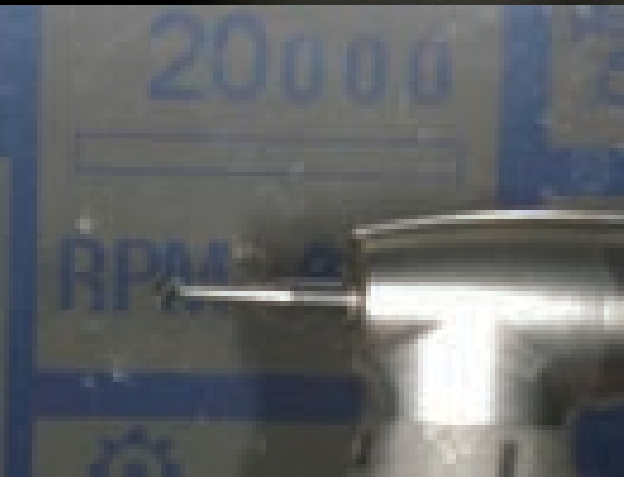
70-90





**C
O
N
C
E
N
t
r
i
c
i
t
y**

**Initial decay removal, 10,000 or 20,000
traditional 4-6 round latch type**





1500



**Final Caries Removal at
1500 RPM's with
Komet's Cerabur**



With my low speed preset at 1000-1500rpms...
I now have **water and light** for final infected caries removal

Electrics and why to me they are the future



**So....we know we don't want to leave infected dentin,
yet nor do we want to see that little red dot of blood**



When do you stop drilling? Is it when you see ‘red’ 🙄 “on no”!!

ASR

Komet’s Cerabur 1000-1500 rpms

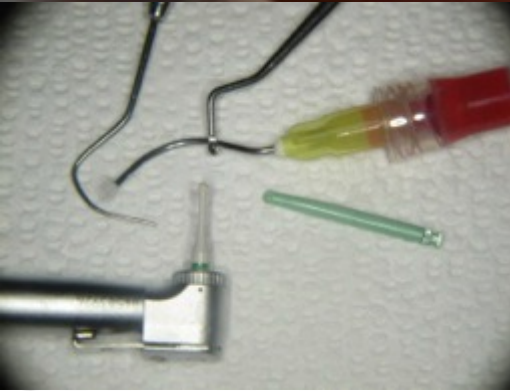
Sharp Spoon /Explorer?

Caries Seeking solutions up to you...

I still use it occasionally but more so to evaluate cracks

Transillumination... via Carivu

Fluorescence via Specta



Thoughts...

Etching for 5 or Conditioning for 10

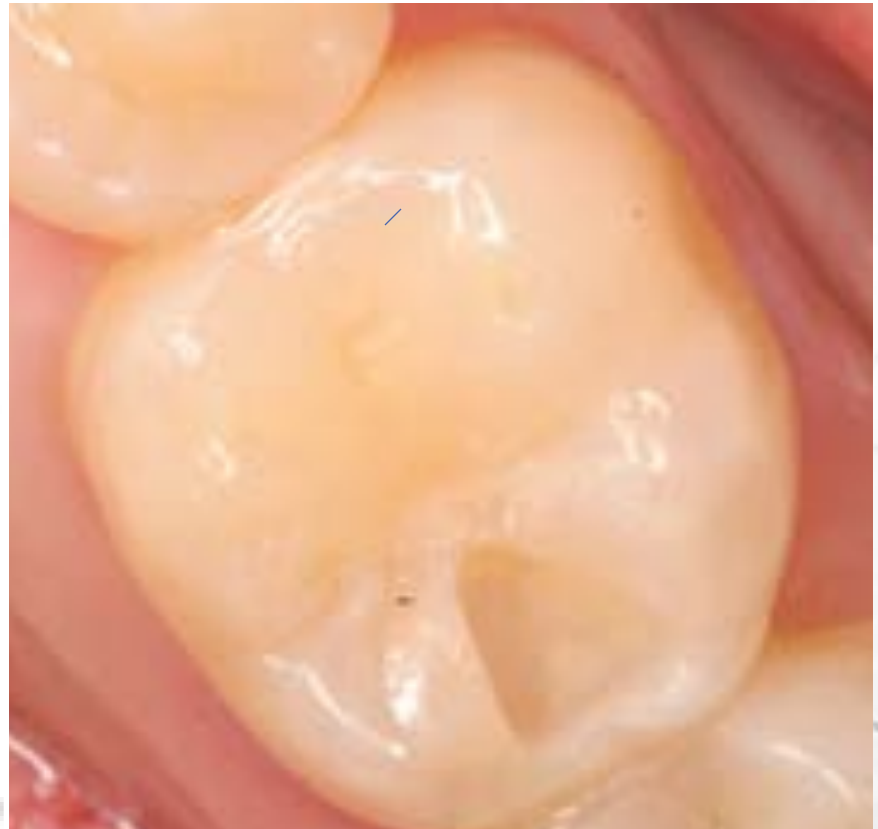


While the conditioner is placed and rinsed... Triturate your Glass ionomer



**After 3 minutes
it's set**

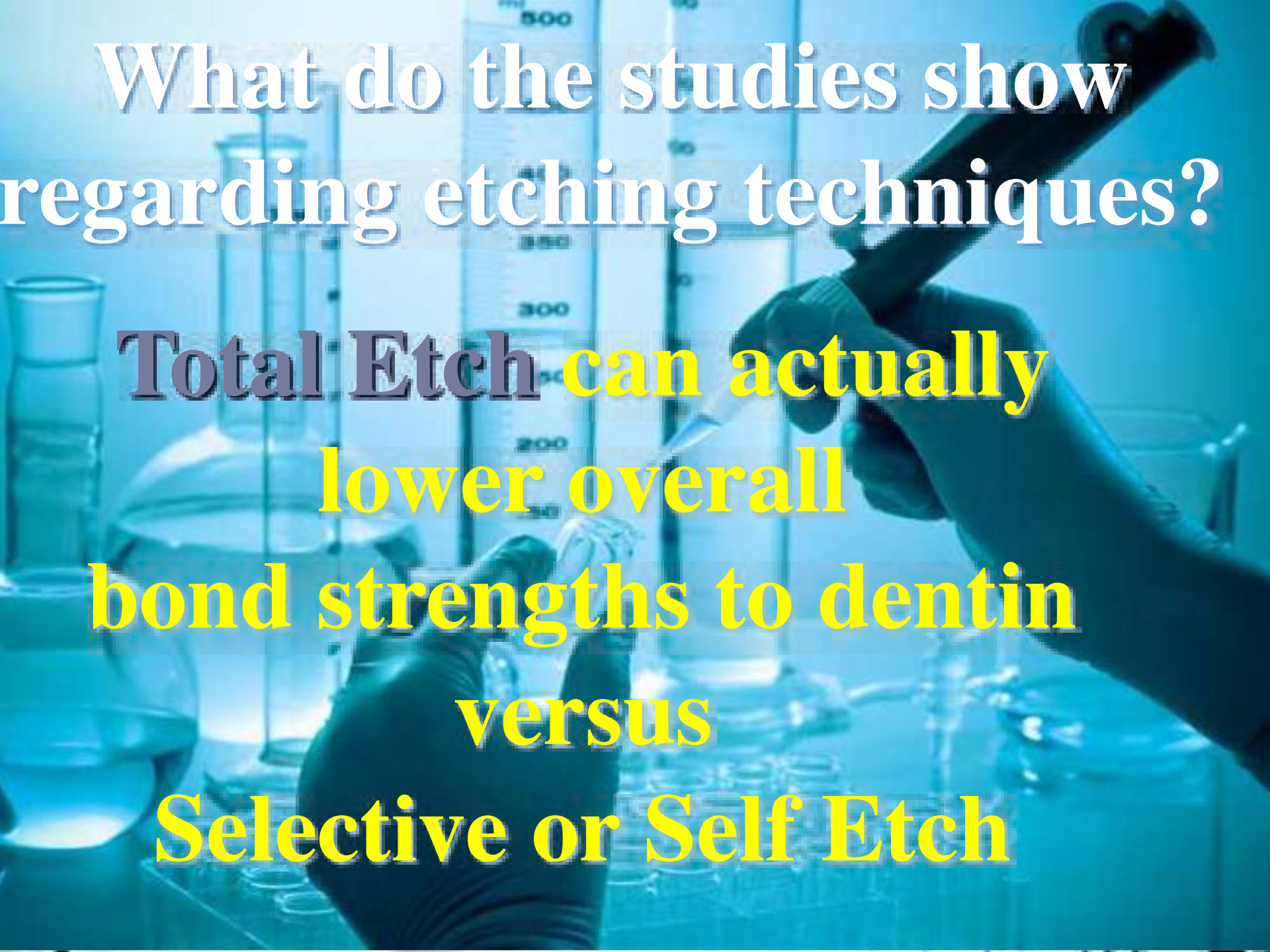
- ◉ **Remove excess, on enamel,
place bevel**



- ◉ **Verify 2mm of room for
final composite**
- ◉ **TE/ then simply air/light
cure and place a low shrink/
low stress composite**

Updates in Direct Restorative Dentistry





What do the studies show
regarding etching techniques?

Total Etch can actually
lower overall
bond strengths to dentin
versus
Selective or Self Etch

Comparison of Bonding Agents

Current representative adhesive products are listed below. Some current products from past comparisons are also included to assess progress.

Adhesive Company	Approximate Cost/Use	Number of Components (Application time)	Composite Bonding Technique (per manufacturer's kit contents)				Initial Bond Strength (MPa) Self-cure/ Total-cure	Composite Repair Performance (1 yr)	Evaluation Rating	Overall Rating
			Self-cure	Total-cure	Self-cure/Total-cure	Self-cure/Total-cure				
Scotchbond Universal Adhesive 3M ESPE	\$1.50	(20 sec)	+	+	+	+	50 35 20 40	Excellent	Excellent-Good	Excellent
Optabond NTE Kev	\$1.70	(15 sec)	+			25	45 50* 35 35*	Excellent	Excellent	Excellent
Prime & Bond Elect Dremph Gault	\$1.40	(20 sec)	+	+		7	35 25	Excellent	Excellent	Excellent
Prak Universal Bond Ultradent	\$1.80	(30 sec)	+			25	35 25 35 35	Excellent-Good	Good	Excellent-Good
All-Bond Universal Bond	\$1.50	(30 sec)	+	+	+	7	35 25 20 30	Excellent	Excellent-Good	Excellent-Good
Clearfil SE Bond 2 Hening <i>pre-market</i>	\$1.70	(20 sec)	+			9	50 40* 30 30	Excellent-Good	Excellent (out of use)	Excellent (<i>pre-market</i>)
Brush & Bond Perfol	\$1.80	(17 sec)	+			7	35 25 15 30	Excellent-Good	Excellent-Good	Excellent-Good
Clearfil SE Bond Hening	\$1.70	(20 sec)	+			9	40 50* 30 40	Excellent-Good	Excellent	Excellent
Optabond Solo Plus Kev	\$1.80	(20 sec)		+		25	40* 25 30* 35	Excellent-Good	Excellent-Good	Good
Prime & Bond NT Dremph Gault	\$1.50	(15 sec)		+		7	30* 15 17 35	Excellent-Good	Excellent-Good	Good

CRA




Summary of Chart

- Bond strengths: All bonding agents tested show adequate initial bond strength (24-hr). For long-term (6-month) bond strength data for most universal products in the current comparison, see *Clinician Report August 2012*.
- Decreased dentin bond from phosphoric acid use: Majority of adhesives tested (8 out of 10) showed decreased bond strength when phosphoric acid was used on dentin (total-cure technique). Excessive acid etching has been shown by multiple studies to remove favorable micromechanical retention of dentin collagen structure.
- Radiopacity: All adhesives tested were very radiopaque (from 7 to 26% aluminum equivalent).

* Requires special Activator brush applied

† Not included in kit contents for composite bonding; used for comparison only

A wireframe human head and neck, rendered in a light blue color, is positioned on the right side of the image. The background is a dark blue, textured surface with a grid of small, glowing blue squares, suggesting a digital or data environment. The text is overlaid on the left side of the image, with some words in white and some in yellow.

Thus the move to
Universal Bonding
Agents... **Total Etch**
when you need it,
Selective Etch when you
need it or **Self Etch**
when you need it

Thoughts with Bonding Agents

If you are bonding JUST to **dentin**, state of the art self etchants or Universal bonding agents with NO etch are the recommended technique, There is no reason to use phosphoric etch if NO enamel and a perfect example is a **crowns buildup**

If you are bonding JUST to **enamel**, it is still the recommendation to total etch technique especially if there is uncut enamel present

If you are bonding to both...**Selective etching** is now seen as the best option for maximizing bond strengths but often in small preparations you will Total etch

The New Gang!

All Bond Universal
Prime and Bond Elect
Scotchbond Universal
Peak Universal
Adhese Universal
Futurabond
G-Premio Bond



Universal Bonding Agents

One bonding agent for all 3 applications!

Total Etch....15 seconds of etching enamel and dentin, rinsing, suction drying and then Universal Bonding Agent (UBA) no scrubbing required

Selective Etch... 15 seconds of etching enamel, rinsing, suction drying and then UBA

Self etch with UBA

The later 2 etch techniques require 20 seconds of agitation and then air drying (soft to hard)

**So with all the
Universal Bonding Agents
How do we differentiate?**

Versatility

My daily options

How do you choose?



When to Use...

- **These are the same**
- **One is simply in a unidose delivery system**
- **The unidose allows you to use multiple times on multiple restorations on one patient.**
- **The bottle in our office is when you need only one or two drops: for one procedure**
- **WE prefer unidose because it's 100% the same content when we open it.**
- **These MUST be light cured**



All Bond Universal

- **Low film thickness (less than $10\mu\text{m}$)**
- **NO additional activator required unless you want full self cure....**
- **NO refrigeration needed, store at room temperature**
- **Bonds well to many substrates and this is a key point!!**
- **Directions include scrubbing for 10 and then 10 more**
- **Air drying a minimum of ten seconds....**

A photograph of a red toilet with a white plastic bag draped over the seat. The bag is partially open, and the toilet is set against a plain, light-colored wall. The text is overlaid on the image.

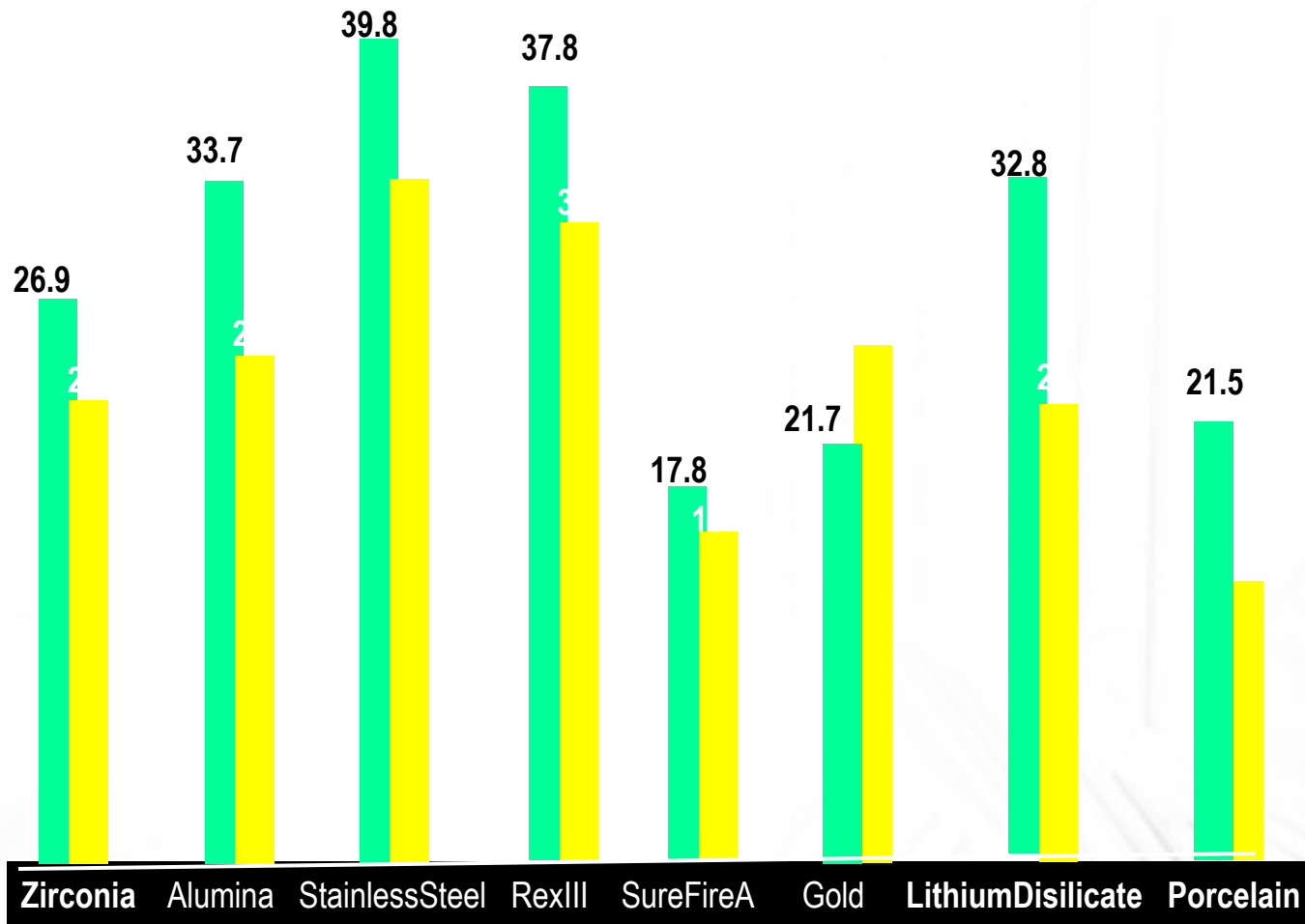
Saving Money....

All Bond Universal

**Enough for way to many
restorations on one patient**

Bonding to Indirect Dental Substrates, MPa

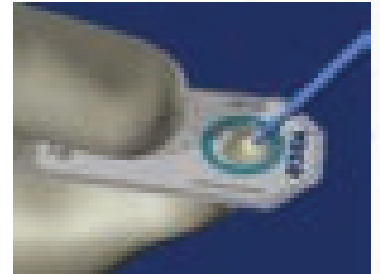
ALL-BOND U versus SCOTCHBOND U + D/C Activator



All-Bond Universal w/ Duolink & ScotchBond Universal w/ RelyX ARC. Resin cements were light-cured (except where indicated).

Advantages: With Futurabond U, one adhesive for all adhesive needs

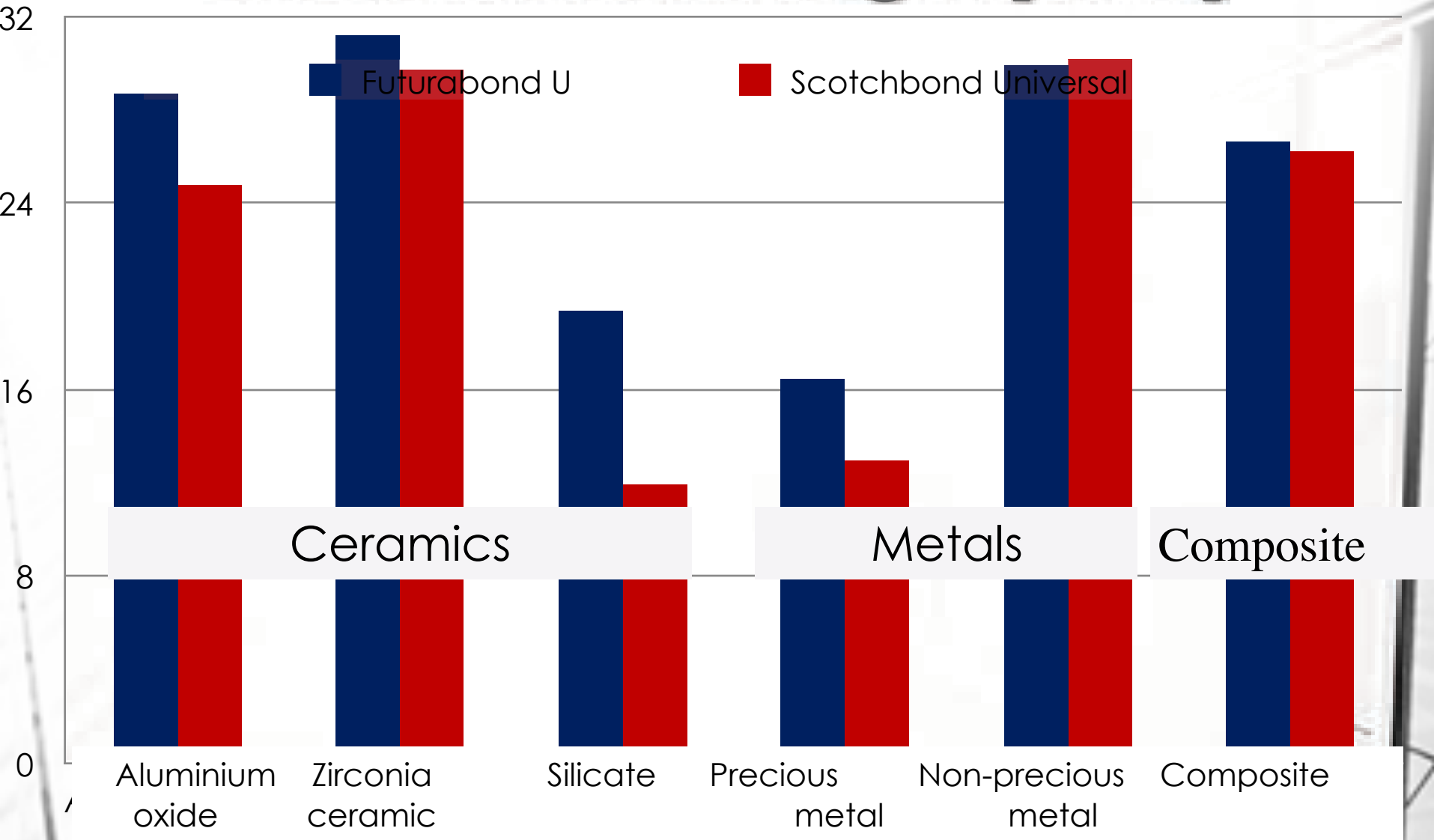
- For all direct or indirect materials including posts
- **NO** additional activators required for self or dual-cure modes.
- Bonds to all light, dual and self-cured resin materials
- Bonds to metal, zirconia, aluminum oxide, silicate ceramic without any extra primer
- No refrigeration necessary



Fast and easy one-coat application
(apply, dry and cure in 35 sec.)

Repair of different materials with composite

Shear bond strength [MPa]



**Futurabond U flows onto the ceramic (one example is zirconia),
The acid group of its unique monomers has a very high affinity to the surface of the oxide ceramic, and achieves an excellent bond**

Great for Resealing Endodontic Access openings in Ceramics

**Without the need for
Primers and Silanes,
This becomes far less
technique sensitive**

Another benefit of the adhesive monomers is that they reduce the surface tension of the liquid itself, which decreases the viscosity and thus allows a superior wetting ability.

This equates to a complete covering of the retentive surface, a homogenous penetration of the collagen network and optimal sealing of the dentinal tubules or along any surface

I love them for my posts for many reasons, this is one

**Due to this wetting ability
even in phosphoric etched
dentin the material will
flow to the depths of the
etching**

Another wonderful advantage that we love is that it can be used as a light cure/dual cure or self cure without the need of an additional bottle.

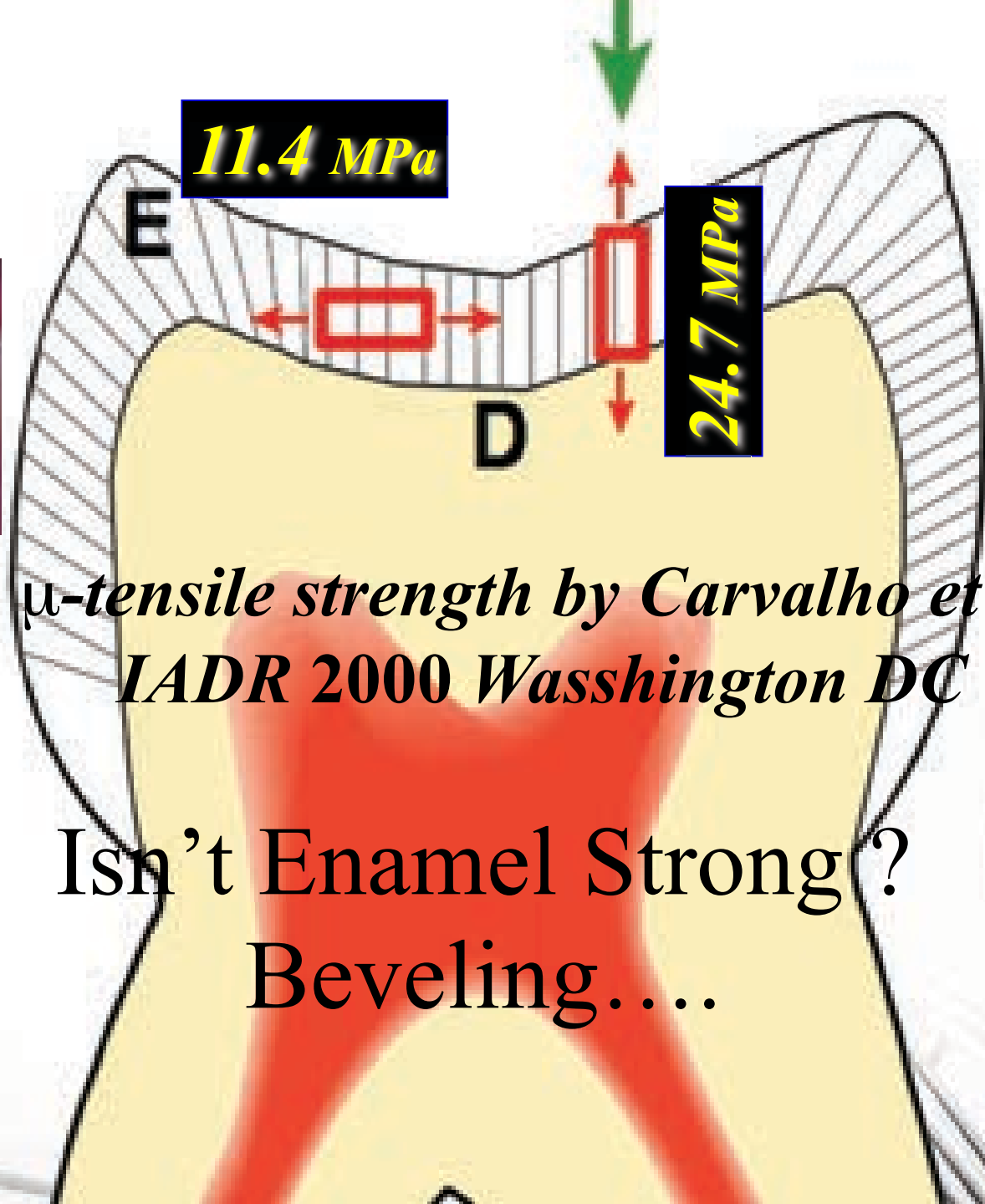
All based on chemistry and it's unique delivery system.



Why do I have both then?

- **Futurabond U only comes in a unidose and this is good for routinely one restoration if you are doing one restoration at a time.**
- **I love having the convenience of everything in Futurabond U**
- **Equally, I am cheap, and many times I like one or two drops from the All Bond Universal bottle or if doing multiple restorations, I only have to open one unidose**

Part 2...
The low stress
low shrink
posterior composite
and why



*μ -tensile strength by Carvalho et al.
IADR 2000 Washington DC*

Isn't Enamel Strong?
Beveling....



Post Curing Stress

What is the cause of the white line?

Enamel Crack

Solution...Beveling

And

Low Stress composites **C**

10KV

1000x

10.0µm

4678

The latest...universal low stress and low shrink composites but that can be used in the anterior!



ORMOCERS

NO “METH”

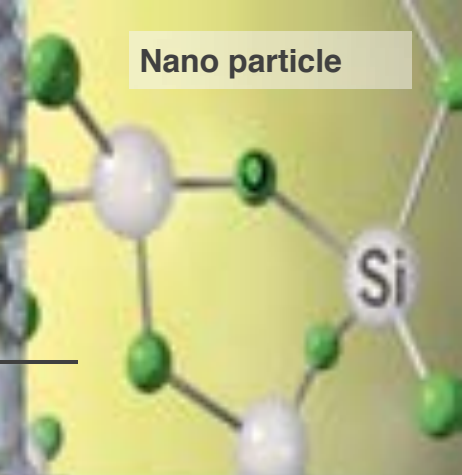
meaning

No Methacrylate Monomers

Very Biocompatible

Pure Silicate 3-Element Matrix

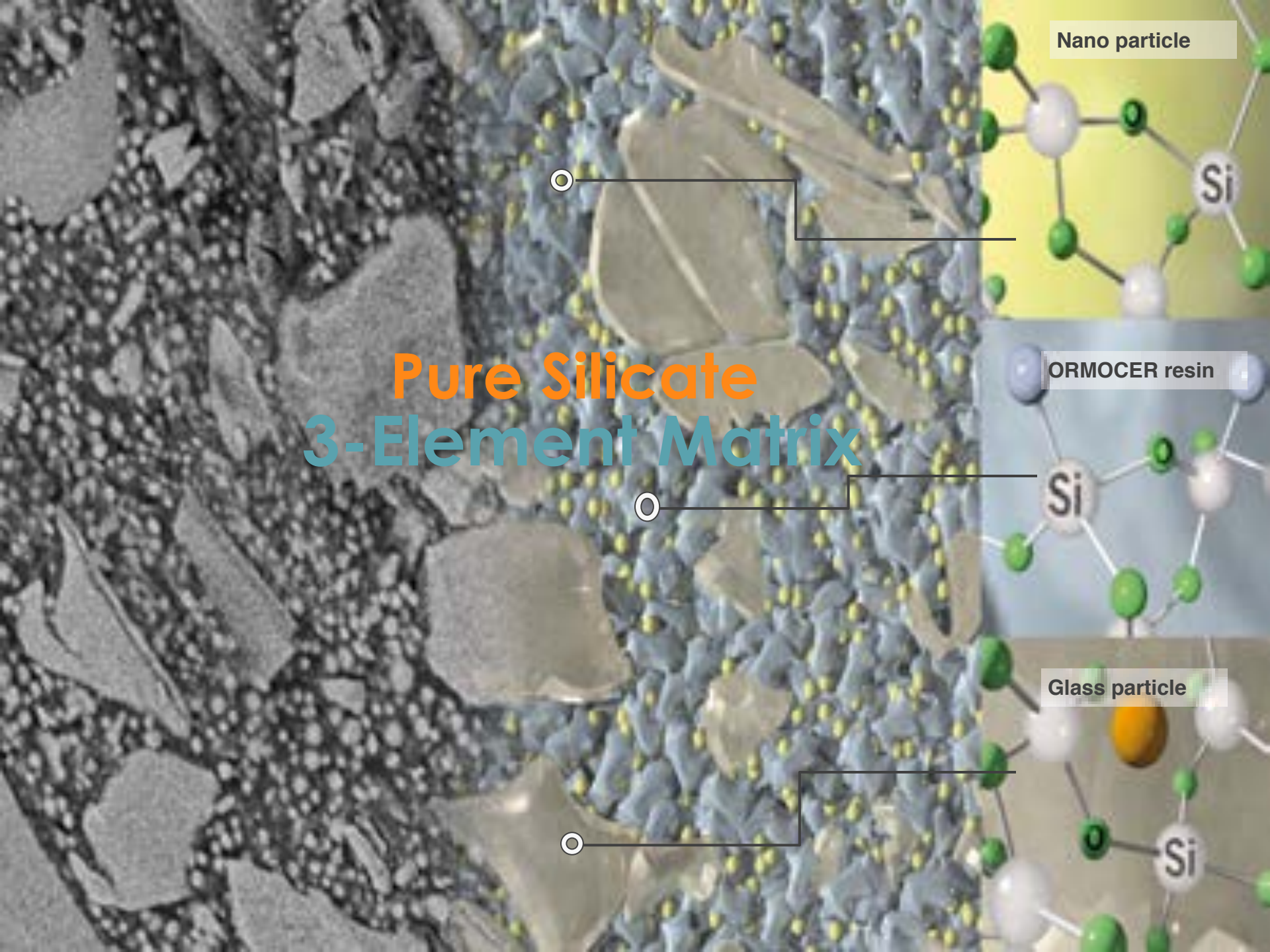
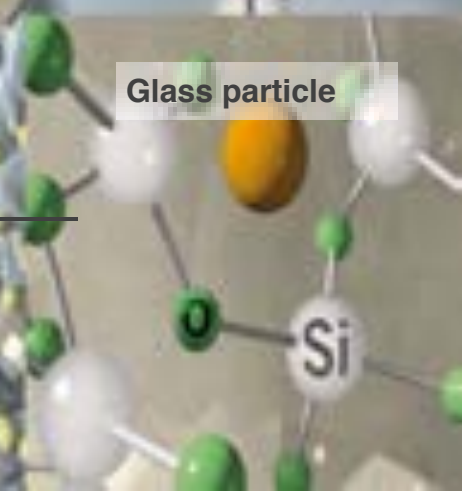
Nano particle



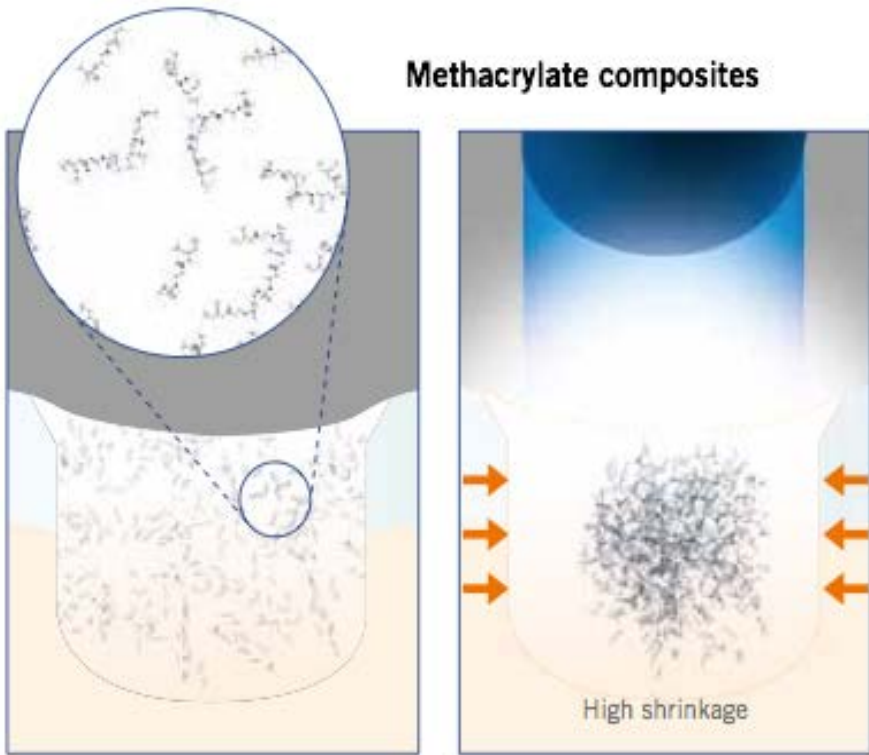
ORMOCER resin



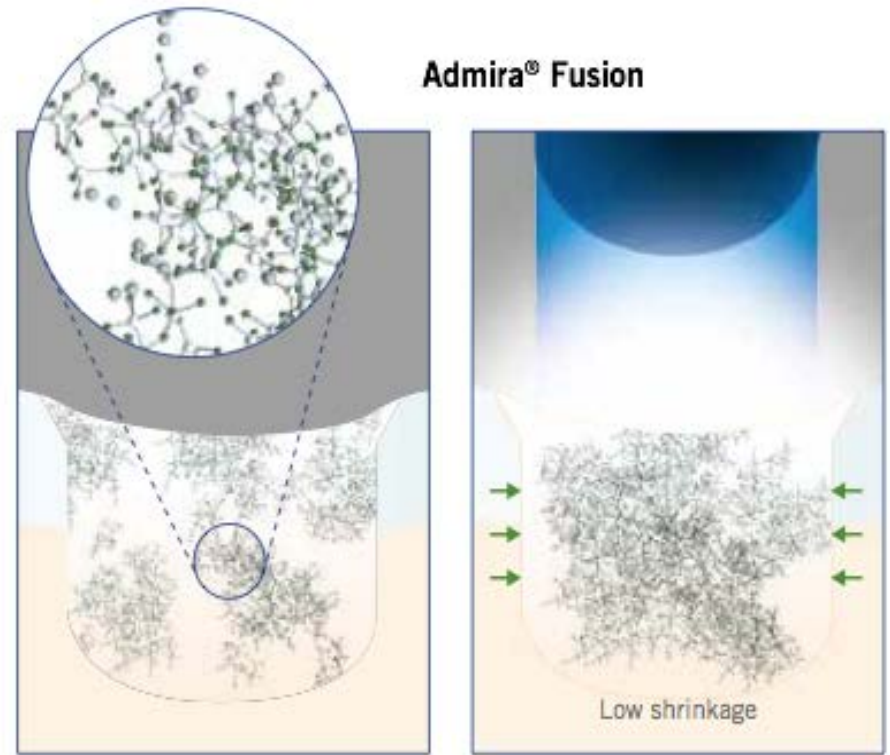
Glass particle



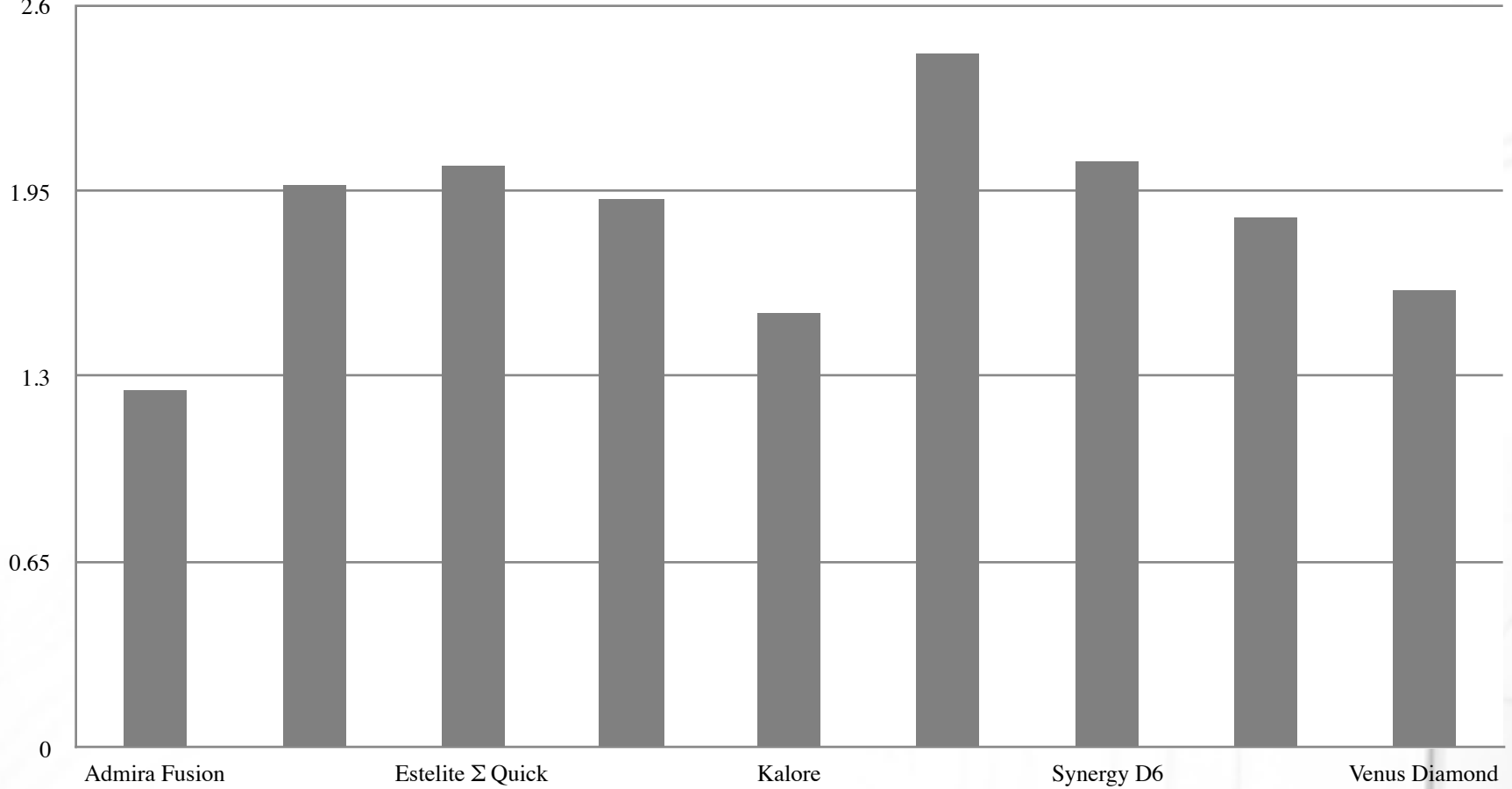
Methacrylate composites



Admira® Fusion



**Without traditional methacrylate technology
Lower cross linking shrinkage and lower shrinkage stress**



Shrinkage Internal Studies



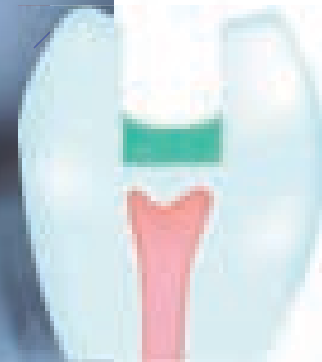
**Stress
Internal Studies**

Placement: Dentin/Enamel Replacement



Composite
Enamel
Replacement

Glass ionomer
Dentin
Replacement



Recall...

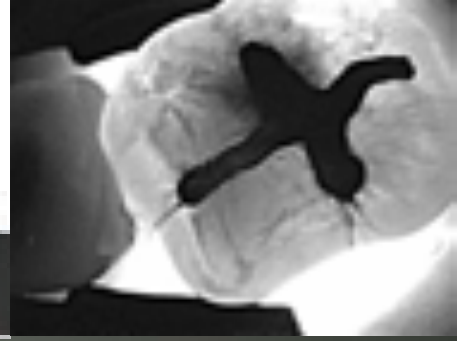
What would you want in your mouth?





Introducing
The latest in
Transillumination

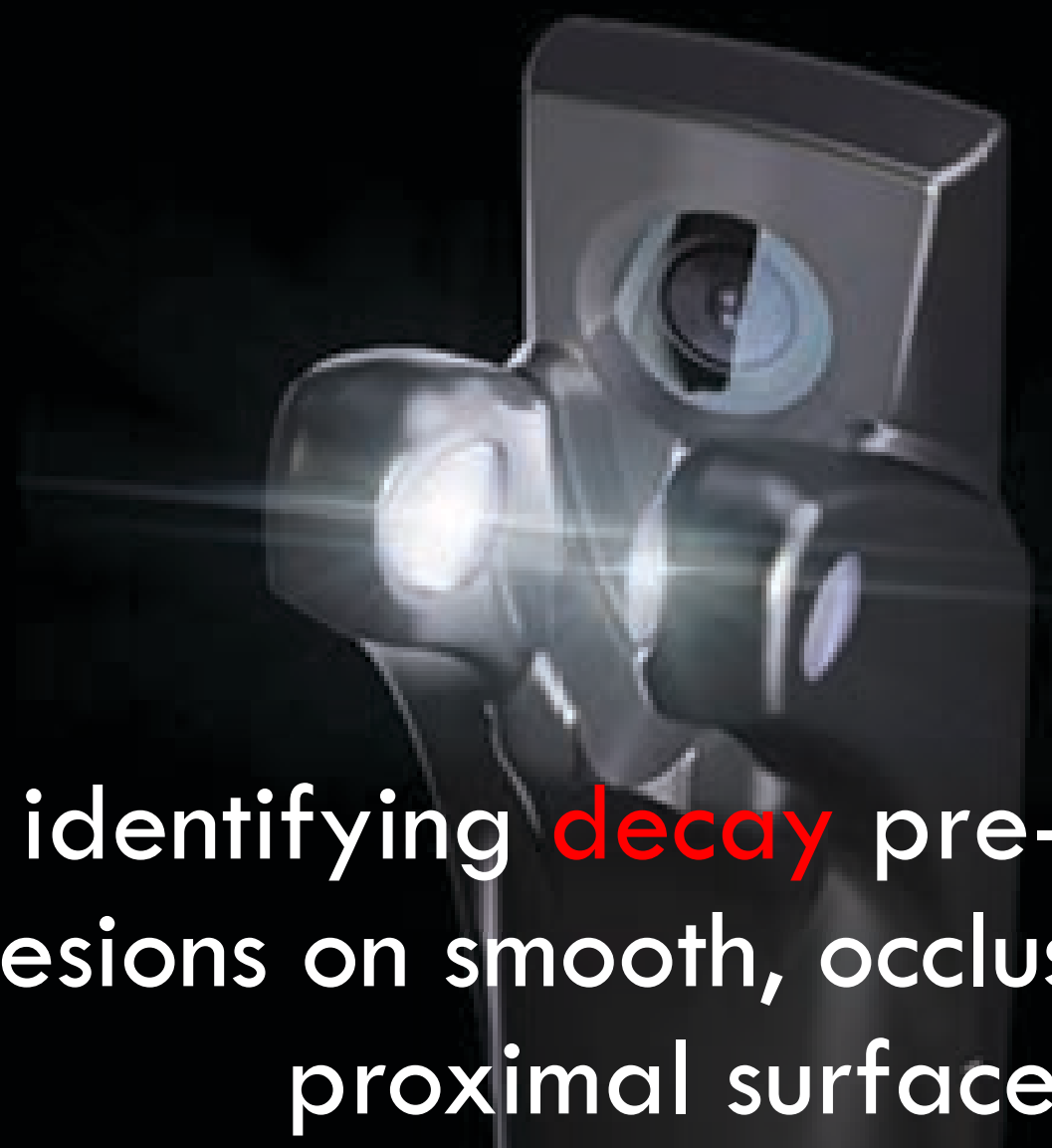
CariVu: Transillumination



- Near Infrared light...no radiation
- Enamel appears transparent or light
- Porous lesions appear **darker** by trapping and absorbing the light: these include cracks and caries
- Video capture...live scans
- Stored in Dexis, excellent for communication to patient and yes...to insurance companies

How has CariVu been
incorporated into my
practice?

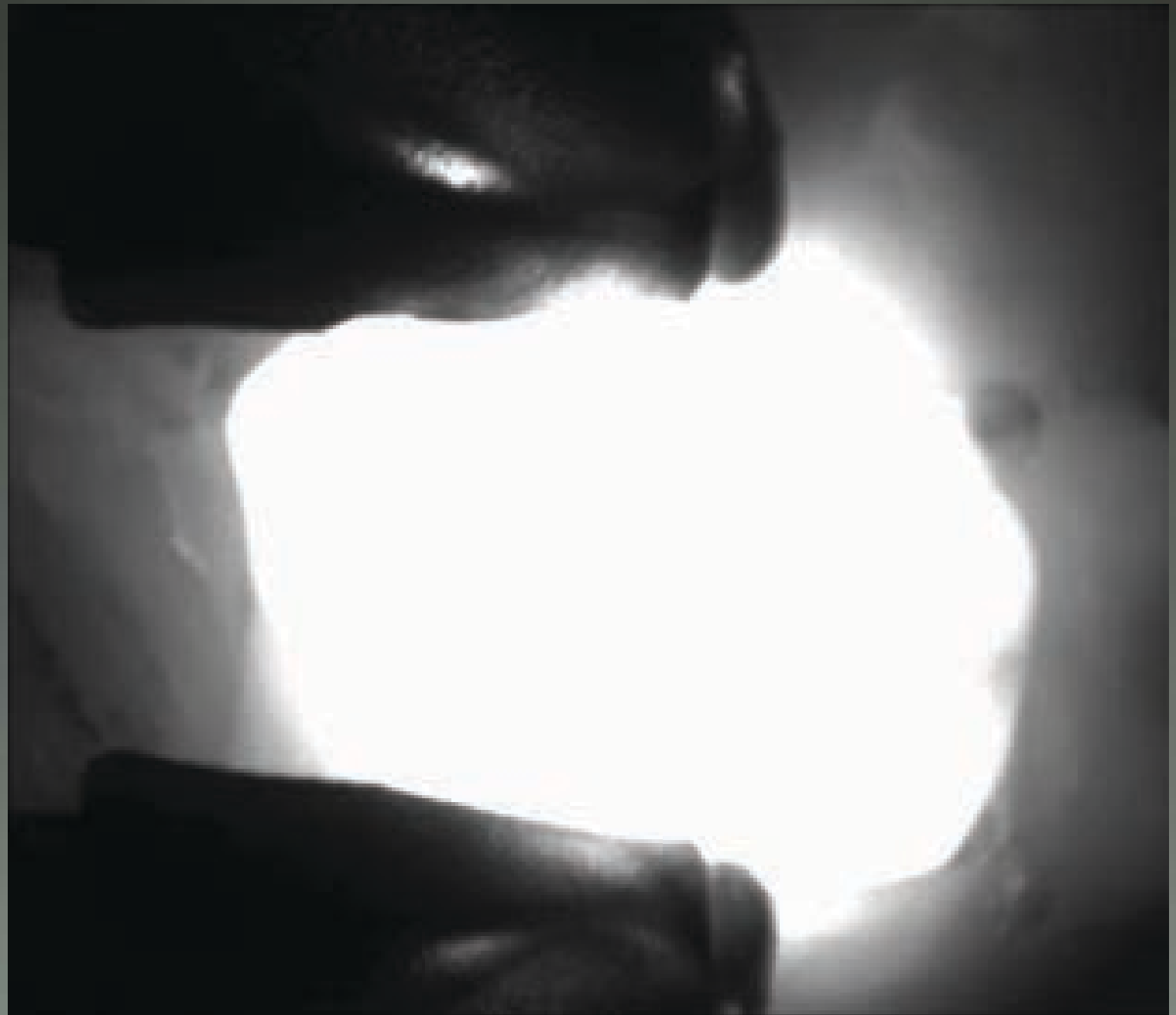
Is it worth the investment?

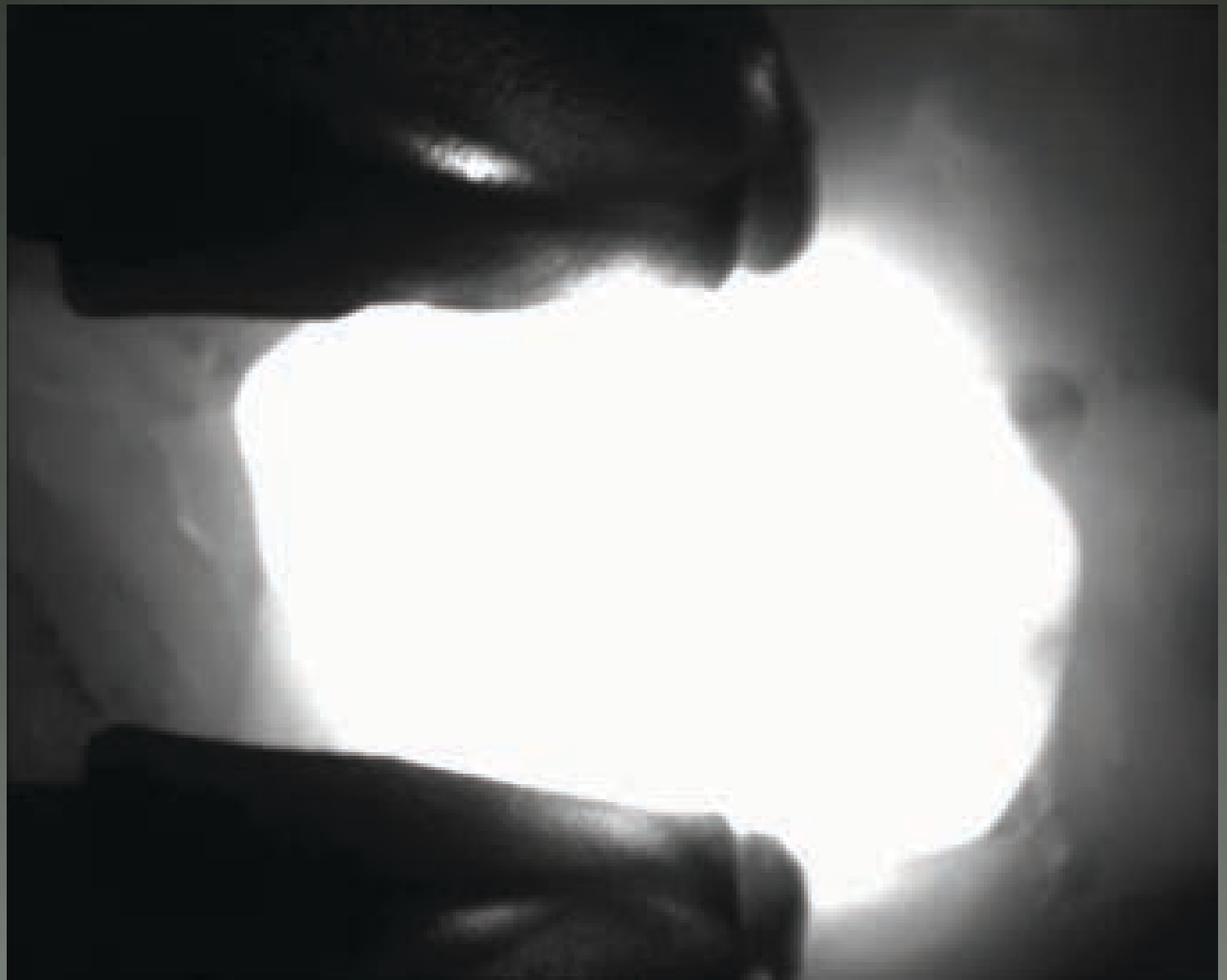
A dental operating microscope is shown against a black background. A bright, horizontal light beam emanates from the left side of the microscope's objective lens, illuminating a surface. The microscope's eyepiece and various adjustment knobs are visible on the right side.

For identifying **decay** pre-treatment,
lesions on smooth, occlusal, and
proximal surfaces

This is included in all of
my initial exams and
periodic exams for patients
who do not have class 2
restorations:

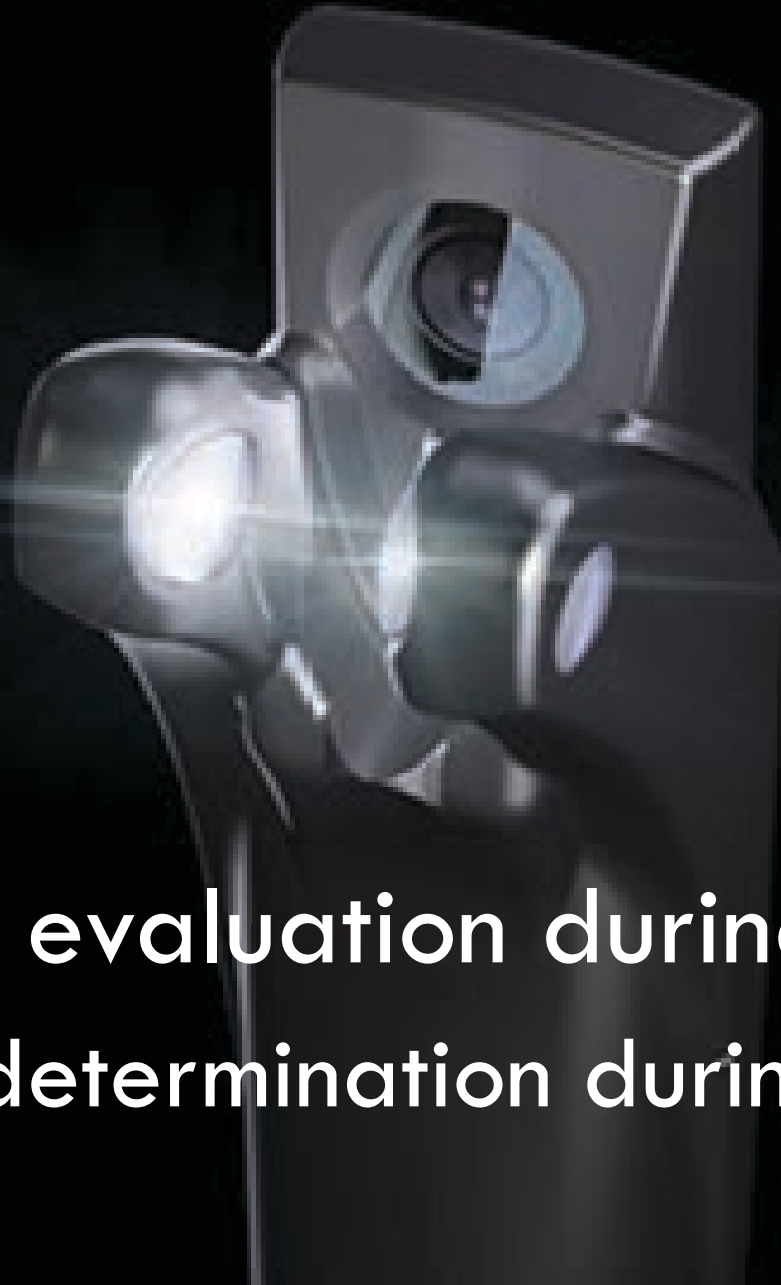
Utilized to compliment or
substitute for x-rays for
evaluation of non restored
class 2 lesions





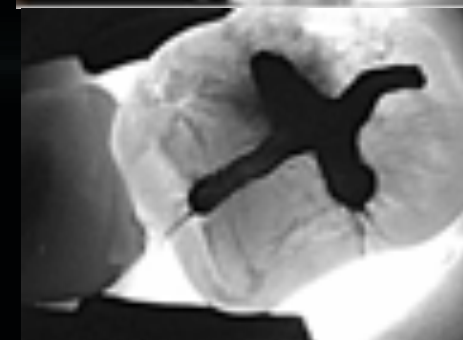
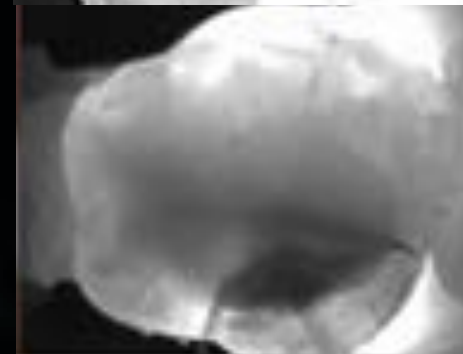
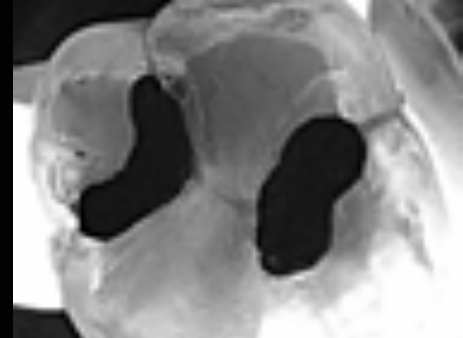
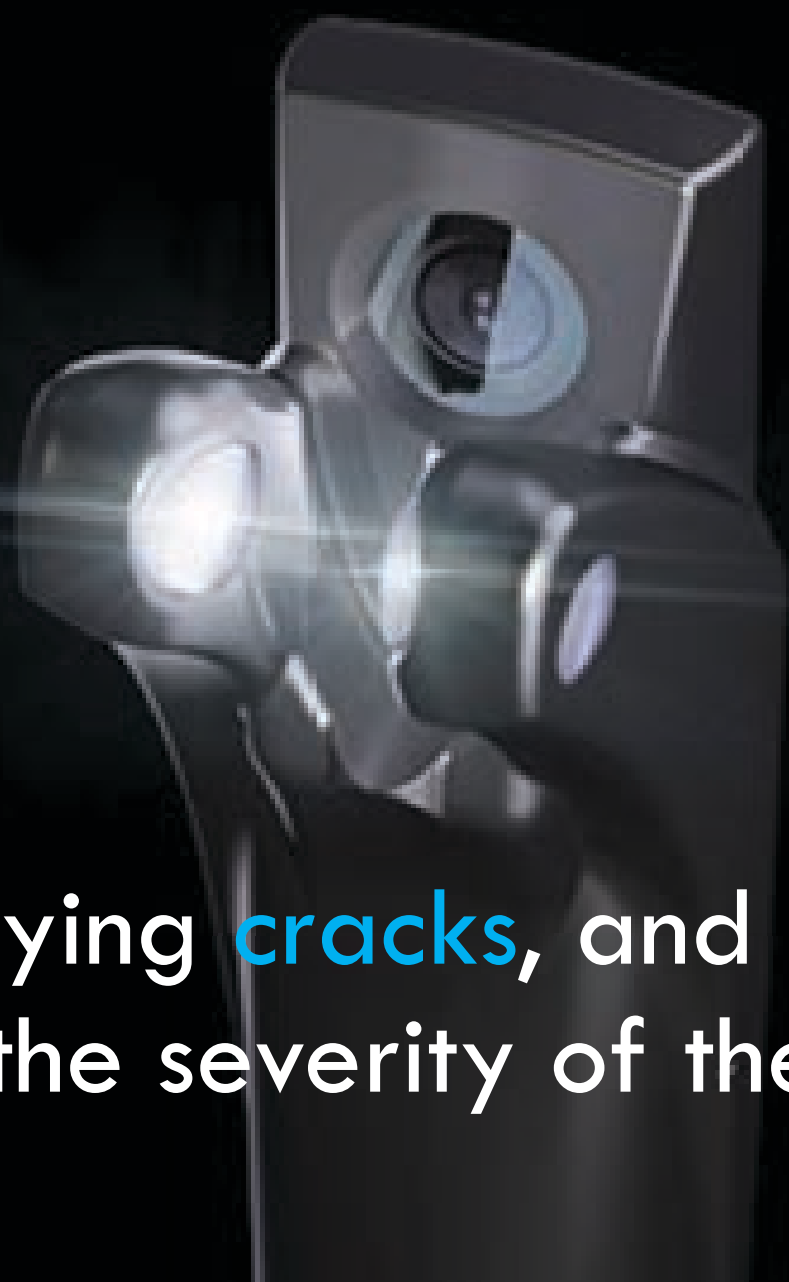


With proximal surfaces, one can identify where the **lesions** are buccally and lingually



For **decay** evaluation during treatment
For **crack** determination during treatment

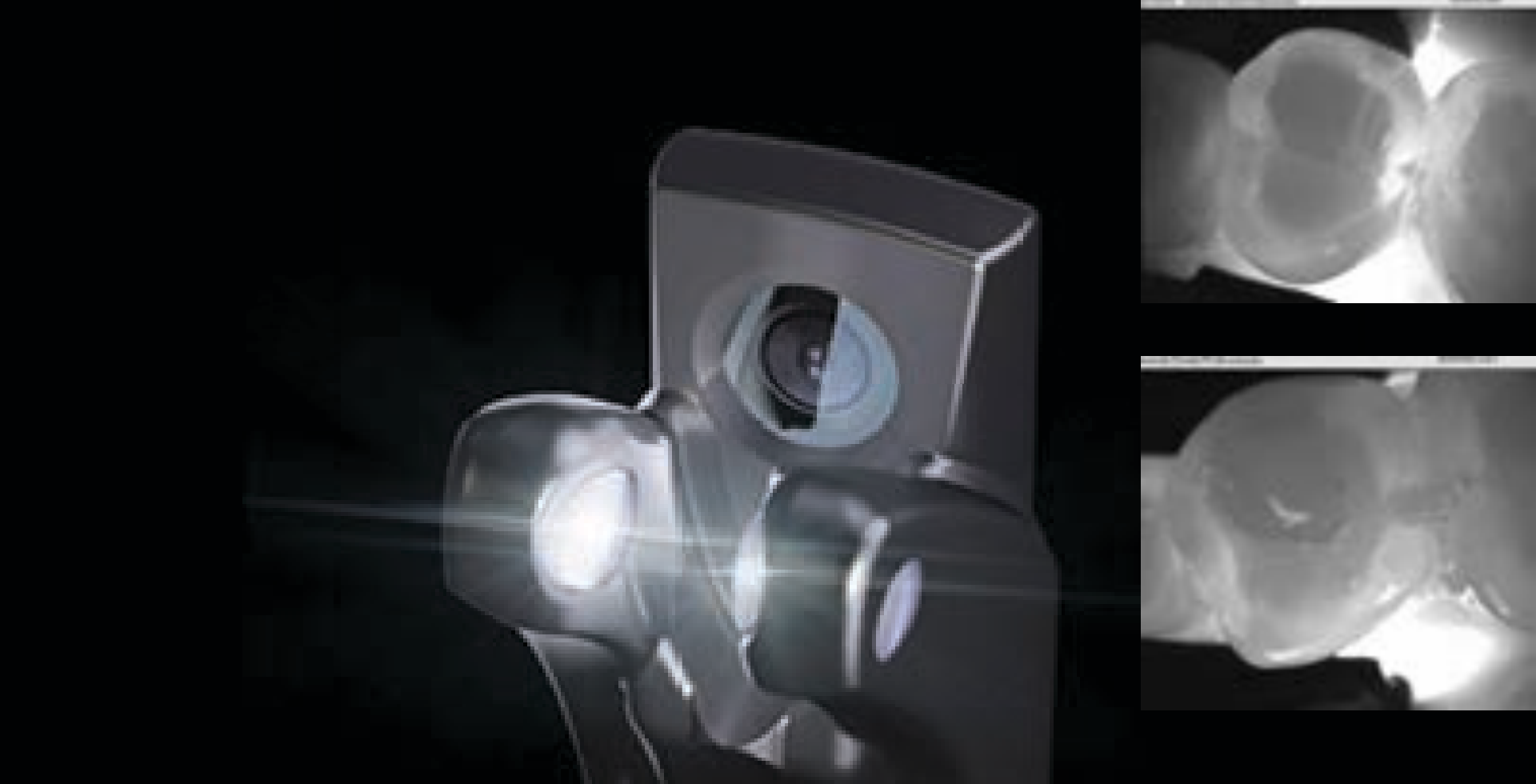
Evaluate older restorations
for peripheral decay,
evaluate for cracks



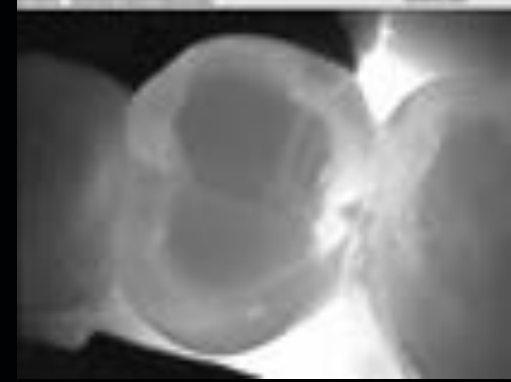
For identifying **cracks**, and to a certain level, the severity of the **cracks**

This has become my “go to” diagnostic when evaluating for interproximal decay and in fact for patients under 18 we have eliminated the vast majority of Bite-Wing X-rays

This coupled with our Loupes/Lights along with Spectra for Class 1’s and smooth surface caries has replaced traditional diagnostics in our practice for patients



Allows superior interproximal decision making regarding Watching, Infiltrating, Drilling



After Icon translucent
Infiltration.

For saving these images within the
software for:

Comparison and Follow-up

Carivu does NOT replace
x-rays in our practice because the
diagnostics of x-rays are far
expansive in other complimentary
areas

A 3D rendered microscope with a glowing blue light source. The microscope is shown from a side-on perspective, with the eyepiece at the top and the objective lens at the bottom. A bright blue light emanates from the objective lens, creating a lens flare effect. The background is dark, making the microscope stand out.

For saving these images within the
software for:

Insurance

The ADA code D0425 new in 2017

If used instead of bite-wings our fee is \$75

If patient has insurance and wants bite-wings, we
do these complimentary

These are covered in our in-office Dental Plan

FYI...United Concordia and other Insurance companies are decreasing
their reimbursements for
x-rays if pathology is NOT found

The number 1 question
when I present CariVu...
Can it work with my current digital
imaging system if it's not
Dexis?





Why we are changing our protocols

Nicole's (ICON GIRL) Her first check-up with Carivu

33 year old mom of two

Low caries rate, or so we thought

Uses floss at Christmas for ornaments

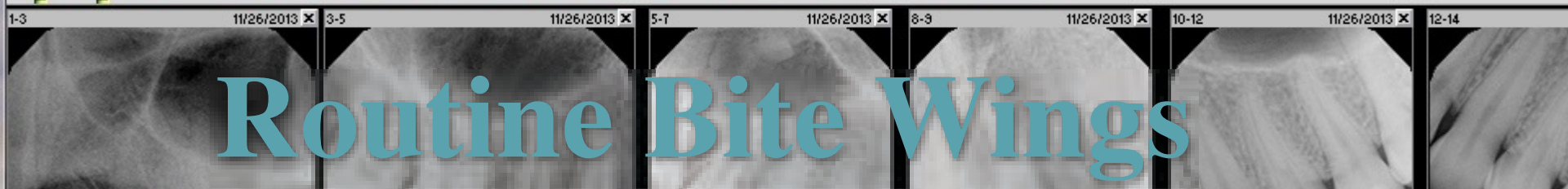
Twice a year hygiene visits

Small breaking down class 1 restorations

Asymptomatic

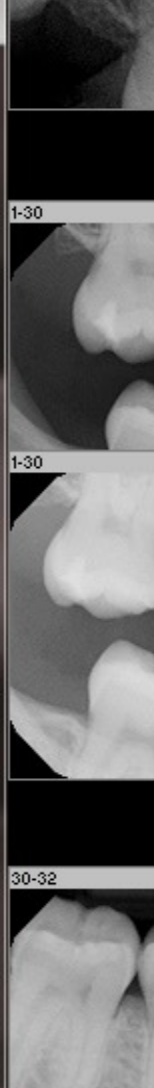


**Routine Bitewings
yearly images with a
great system**



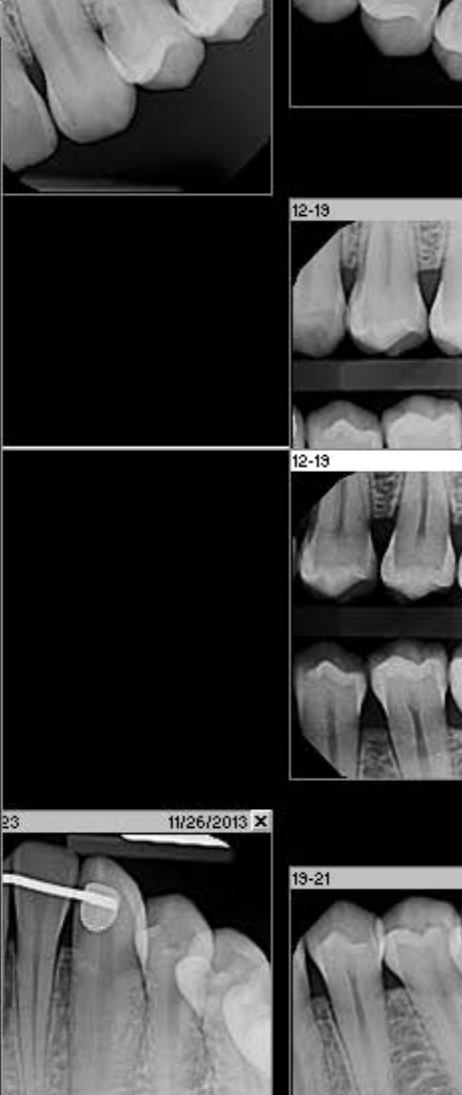
Routine Bite Wings

12-19 4/7/2015





Clear View





Contrast



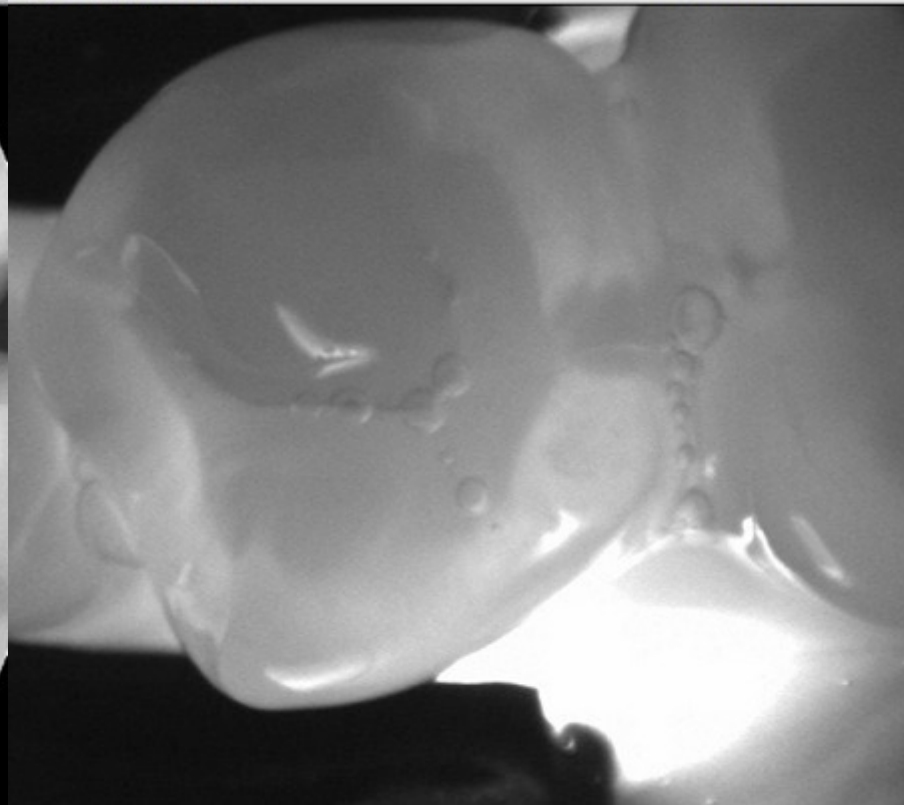
An intra-oral photograph showing two upper teeth, labeled 19 and 20. The teeth are white and appear to be in good health. The surrounding gingiva is pink and healthy. The image is a close-up view of the teeth and gums.

20

19

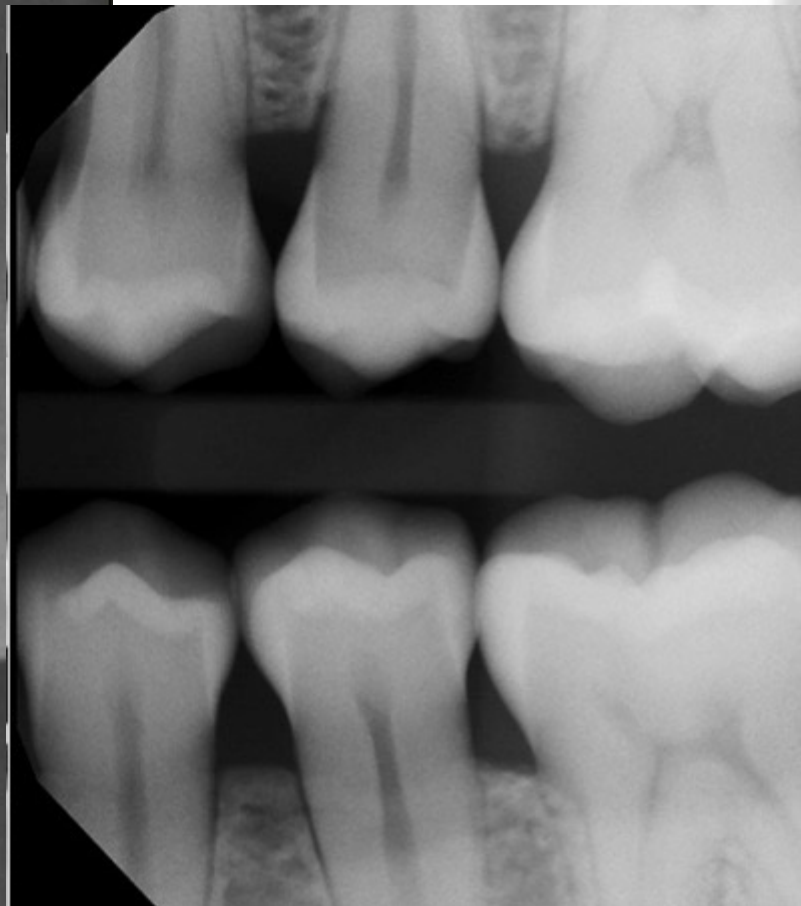
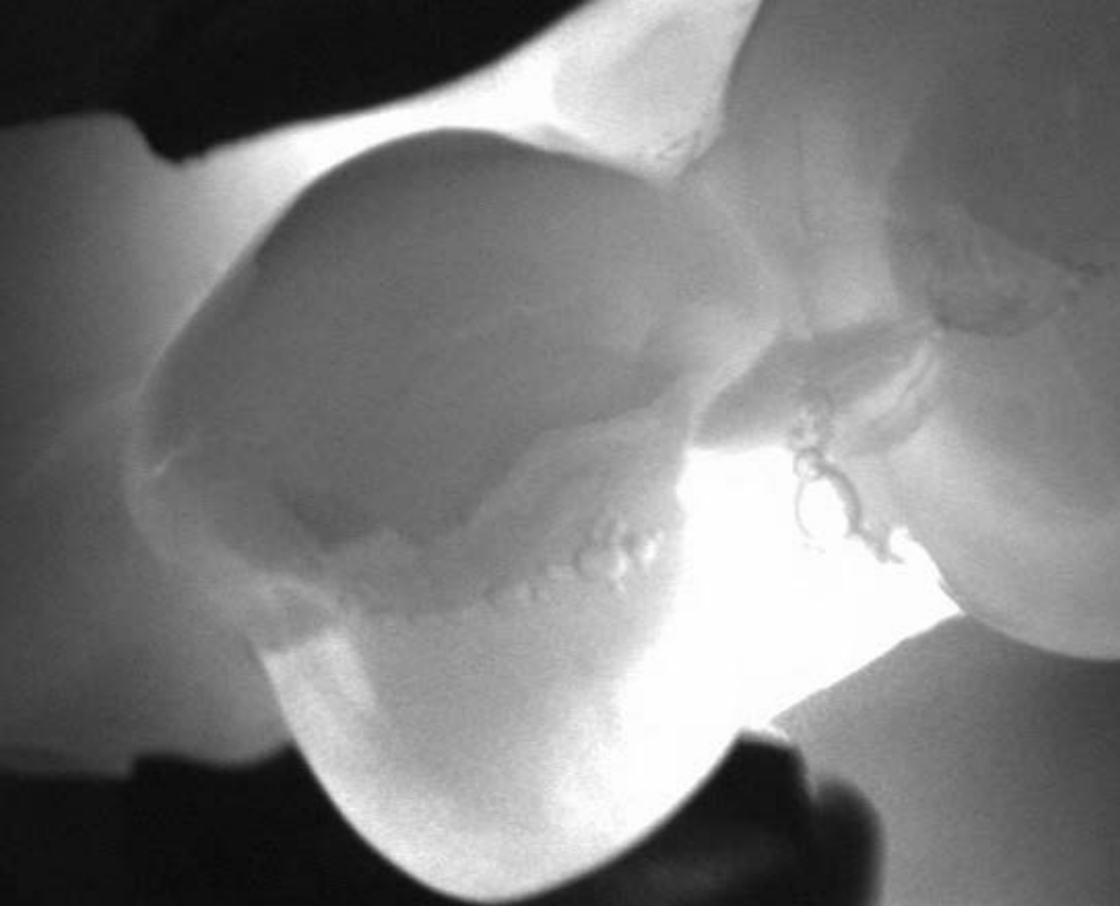
Intra Oral Image

What do you see #20D

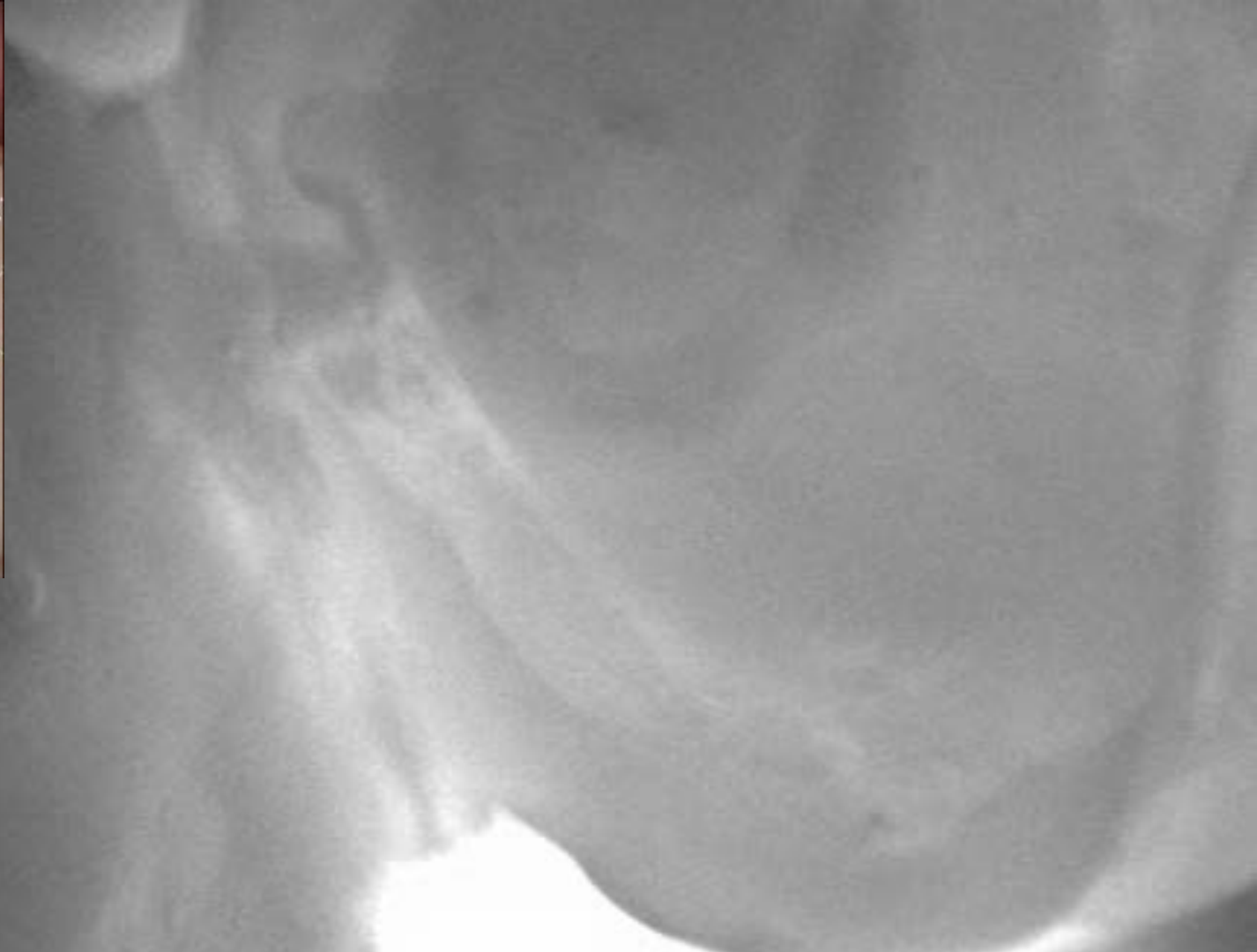


Bitewings versus CariVu

No question D1 caries



**12D....13M1..... All D1 caries
clearly seen diagnostically**



15M...I can see where buccally/lingually to drop the box without guessing and of course have to use a wedge guard

#5 Distal...E 2 caries We **ICON** These



ICON



Application of a resin material engineered to penetrate and fill the sub-surface pore system of an incipient caries lesion to strengthen, stabilize and limit the lesion's progression as well as mask visible white spots

ICON

IS NOT radio-opaque due to the fact that the material would NOT infiltrate. The process takes about 20 minutes per tooth

Billing is 150-200\$ and my pitch is...no drilling is best and we follow yearly on x-rays

47 research articles show far less caries after placement than NOT placing

Dam is highly recommended especially in lower posterior

If contacts are tight...orthodontic separator may be required prior to therapy

Summary of ICON





This goes back to the concept
If we can diagnose earlier,
or in fact simply...

“UP OUR GAME IN DIAGNOSTICS”

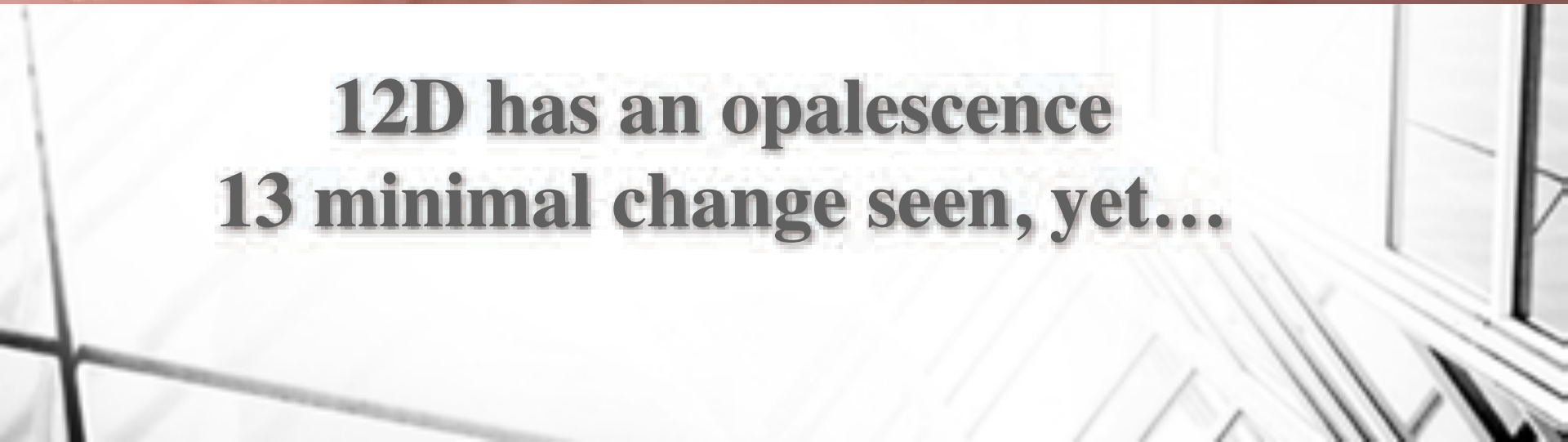
Can we Redefine

“OUR APPROACH TO CARE”



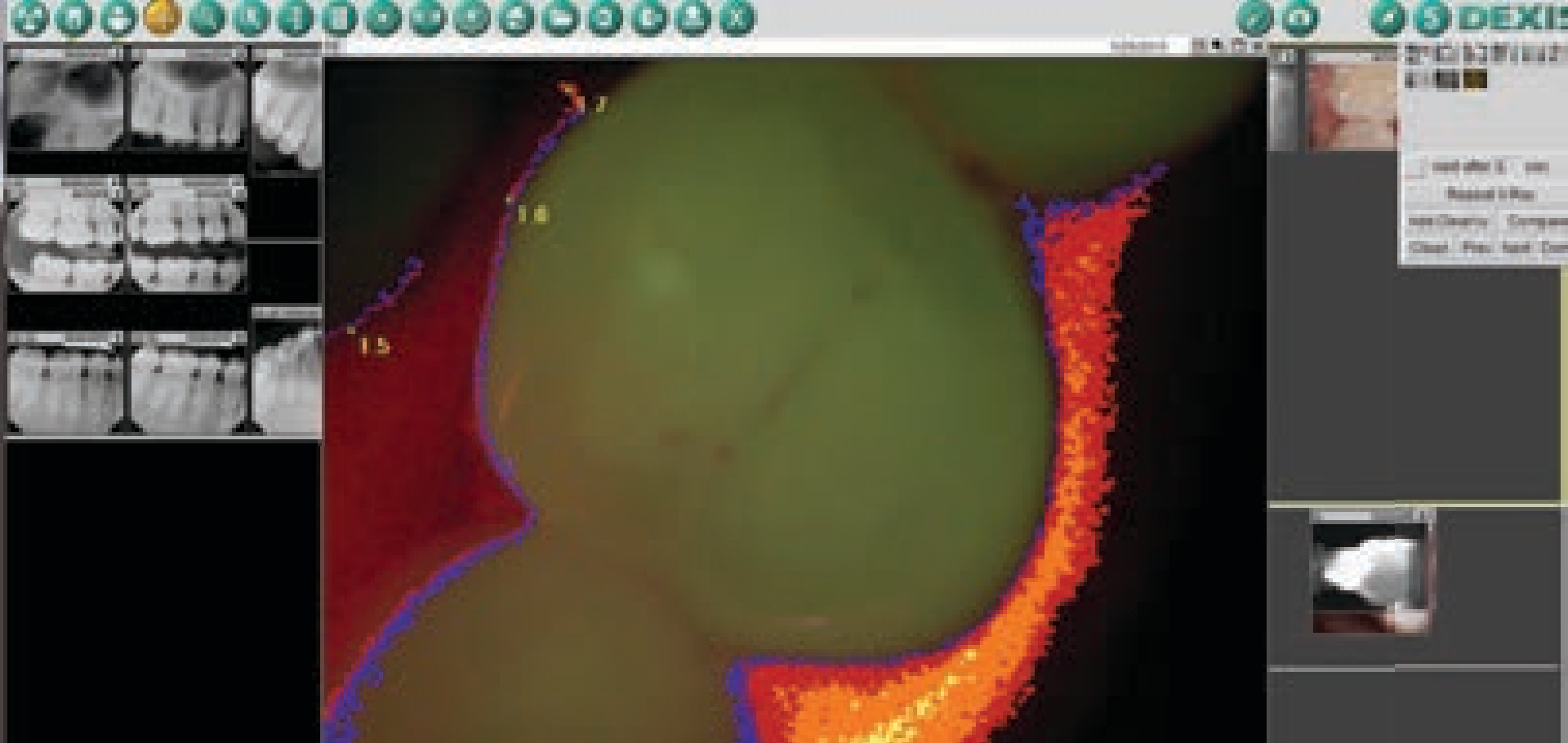
12 and 13

Minimally invasive



12D has an opalescence

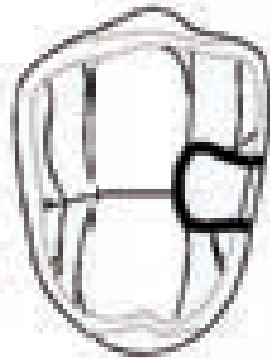
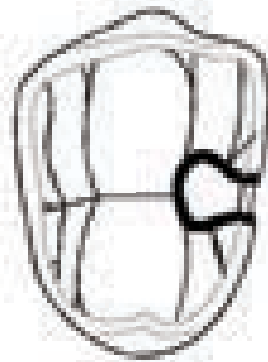
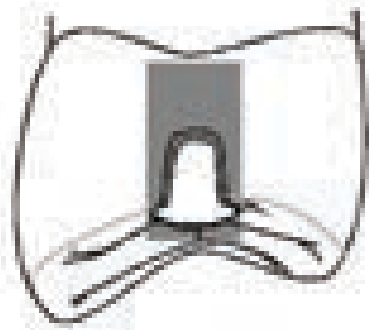
13 minimal change seen, yet...



12 Spectra...no occlusal decay
Why weaken the tooth?
Slot preparation only



12 caries removal
Note the brown
D1 Caries



**Minimally Invasive Preparations with
MicroCopy's single use and multi use Diamond
Burs**



1300F



0710 C



5012M

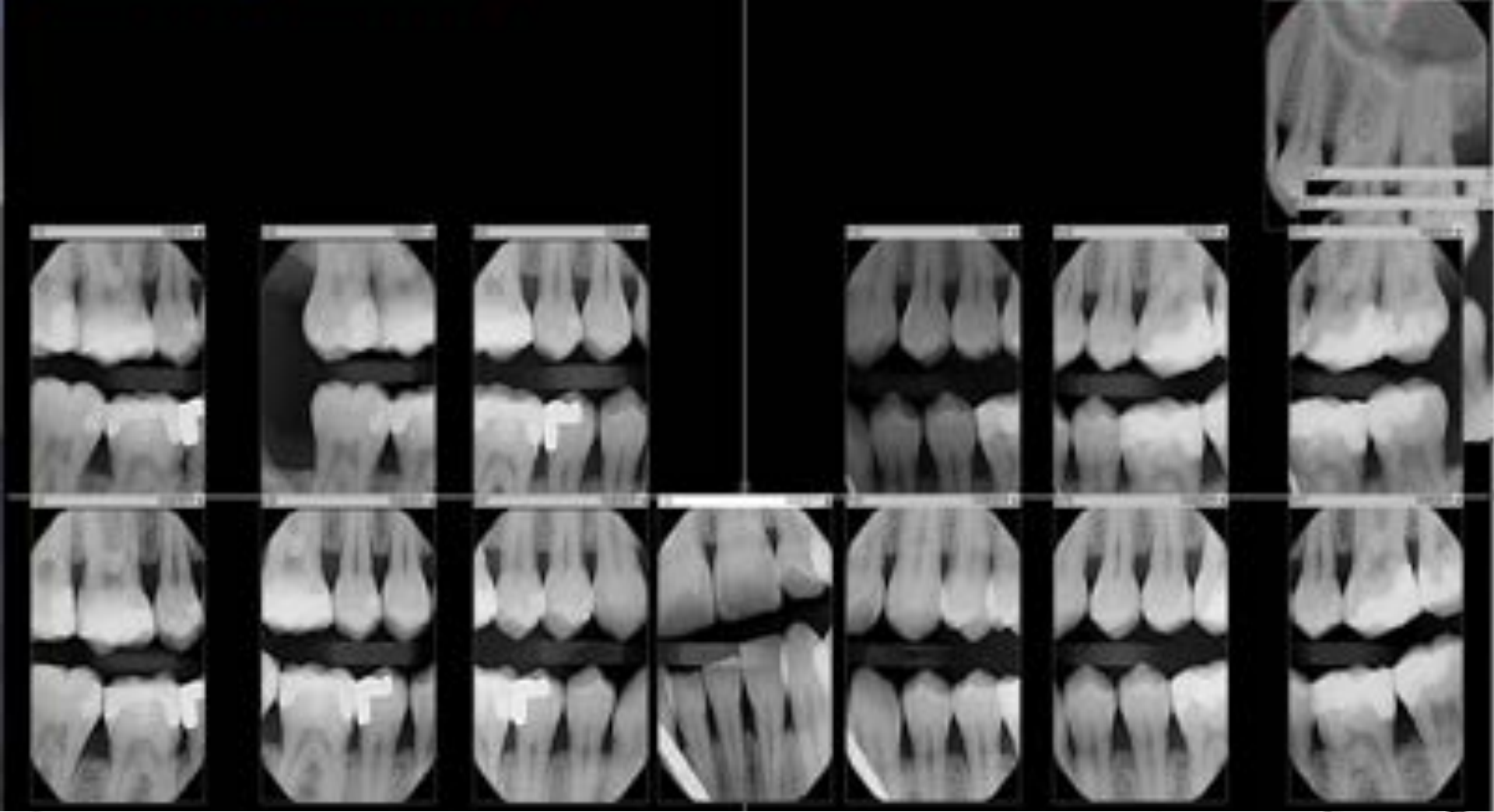
Minimally Invasive Burs

Ring and Wedge in place

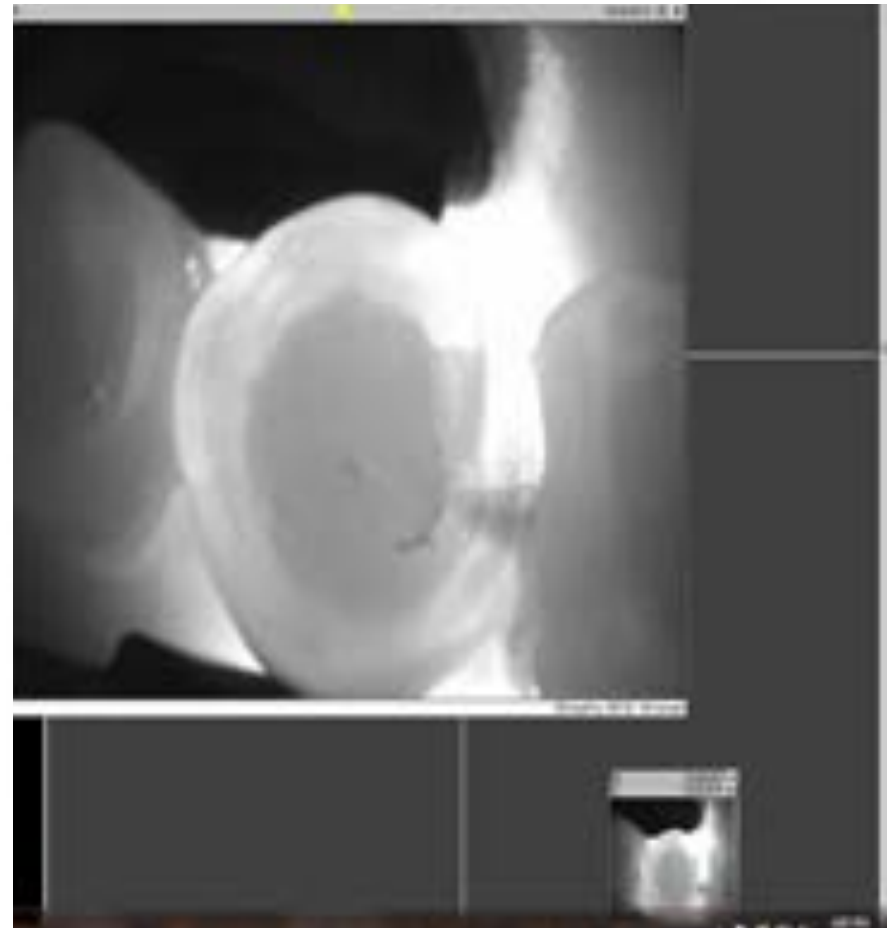
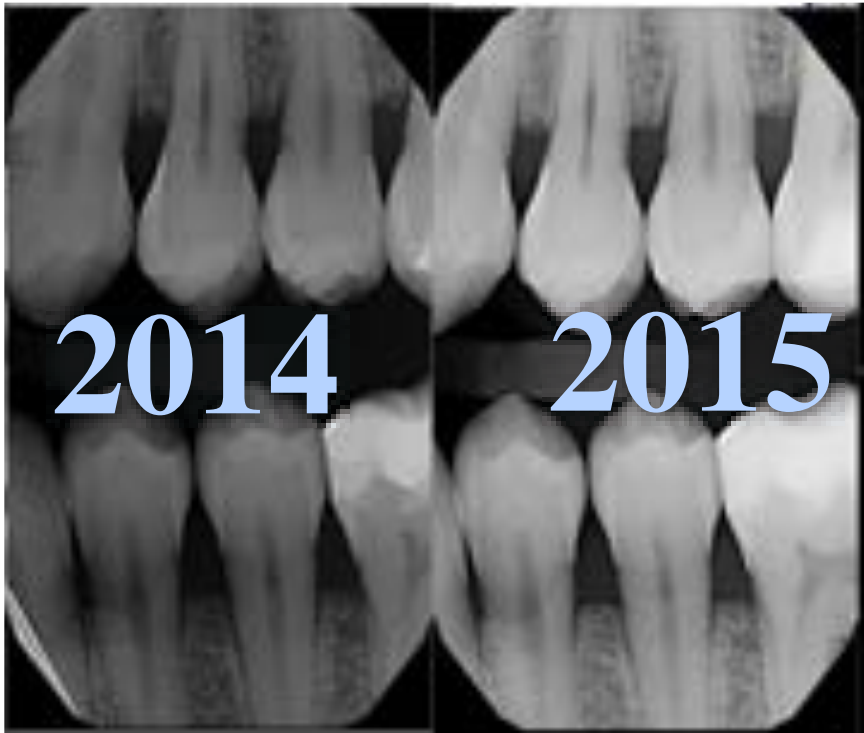




Minimally invasive Class 2's
**Was there any reason
not to treat?**



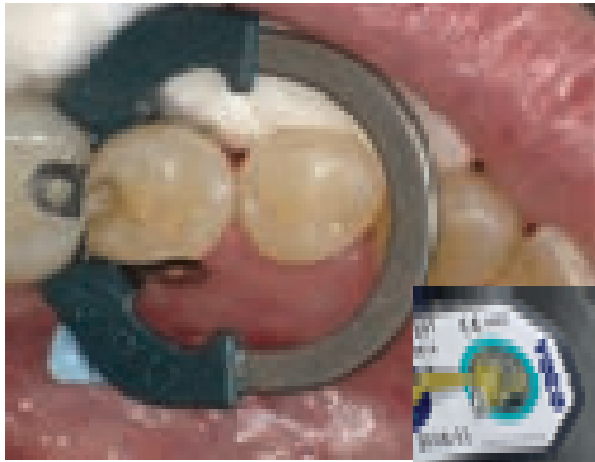
**Why CariVu has become part of
my recall visits**



From 2014...faint sign on 20 distal, nothing really in 2015...but now we have CariVu in each room

**Certainly a D1
Wedge Guard Protection
Beveled preparation**





Futurabond U
Universal Bonding Agent
Hybrid Layer



X-tra Base
Low Stress
Bulk Fill Flowable
(SDR type material)



Admira Fusion A2
LowStress
Low Shrink

Futurabond U
X-tra base
Admira Fusion



Beveled preparation

Did not break full Buccal contact

Did NOT prep through occlusal fissure


Paladent Matrix system

Futurabond Universal



**The first layer in all my class 2's
Low Stress Bulk Fill Flowables**

In my office, SDR or X-tra Base or Beautiful Bulk Fill



**After light curing the x-tra Base
Admira Fusion was placed as the final layer**



**Final Polishing
Dimanto**

2013



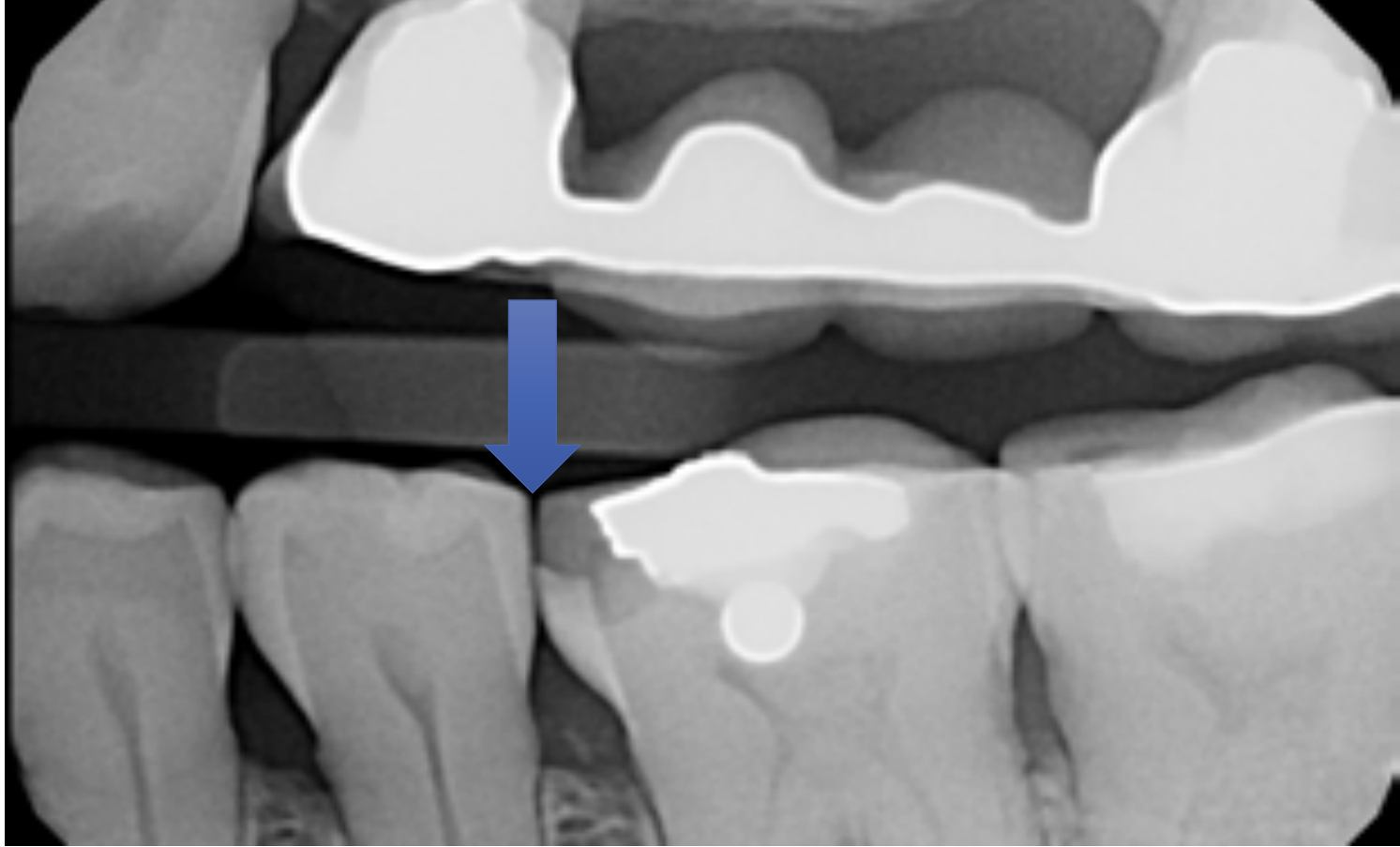
Quadrants of Composites

Brown Fluorosis

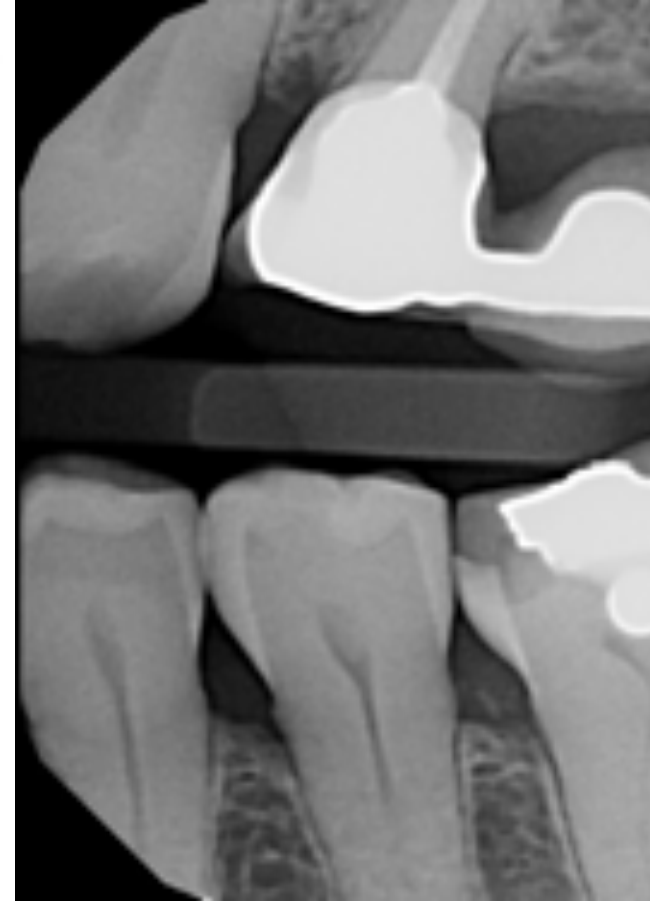
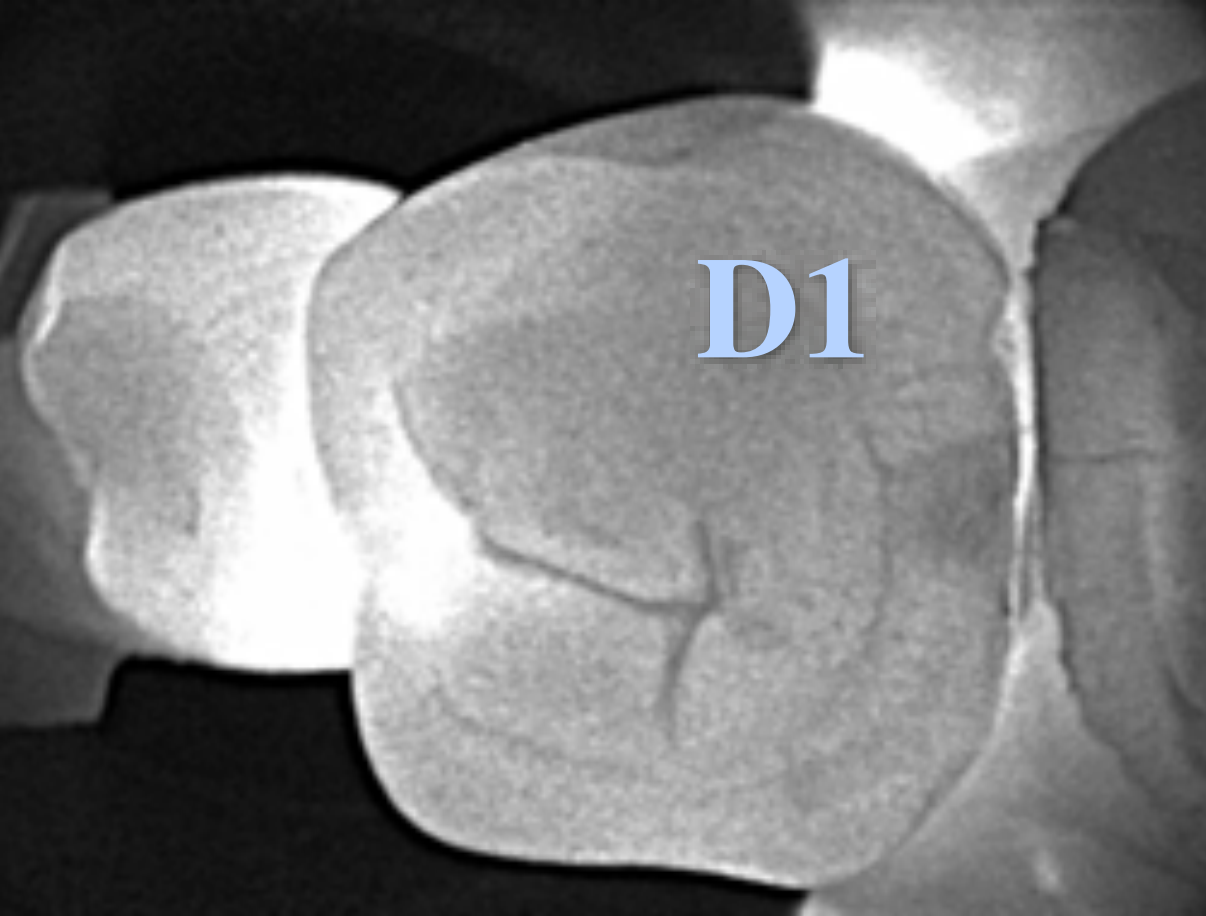




**The classic...fractured mesio-lingual cusp
with a class 2 alloy...how much time do
you book? What is the expected
treatment?**

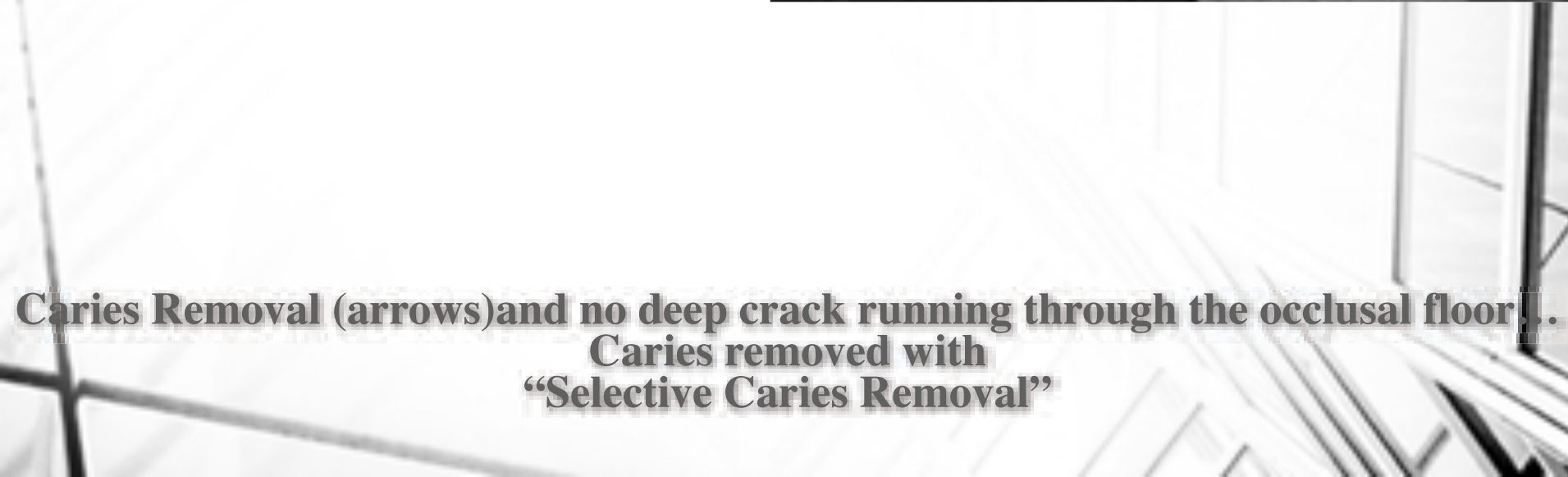
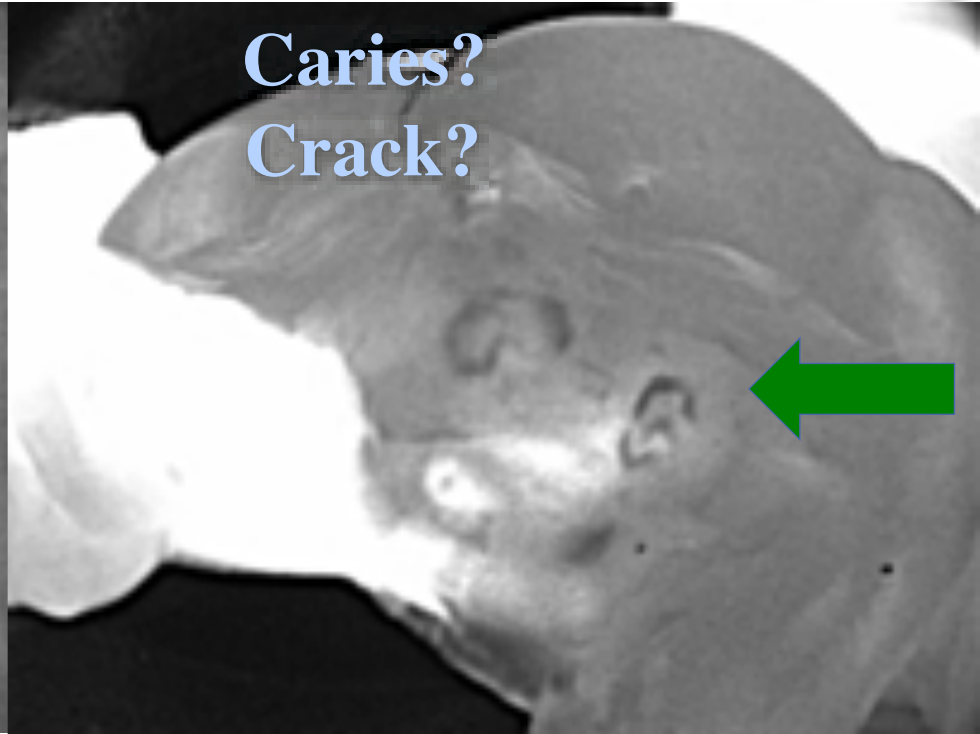
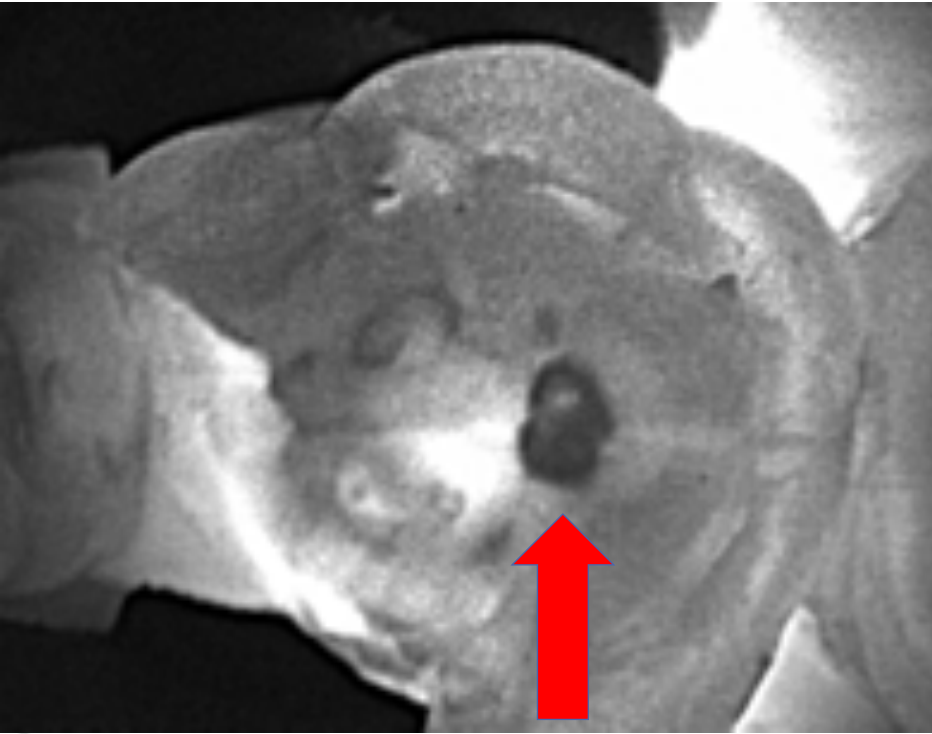


**So what do you see on the x-ray?
Yes, you see a fractured old alloy, anything on 20
Distal**



Nothing truly visible on the x-ray. But on CariVu.. Easily seen #20 with distal caries...NOW how much time do you need to complete these restorations?

I am looking at dark areas for decay and cracks



Caries Removal (arrows) and no deep crack running through the occlusal floor. Caries removed with "Selective Caries Removal"

Guiding Decision Making

#20



**Brown spots...Nothing on the X-ray...Do you drill?
Do you ICON? Do you floss after MI Paste? Do you
do nothing? CariVu guidance**



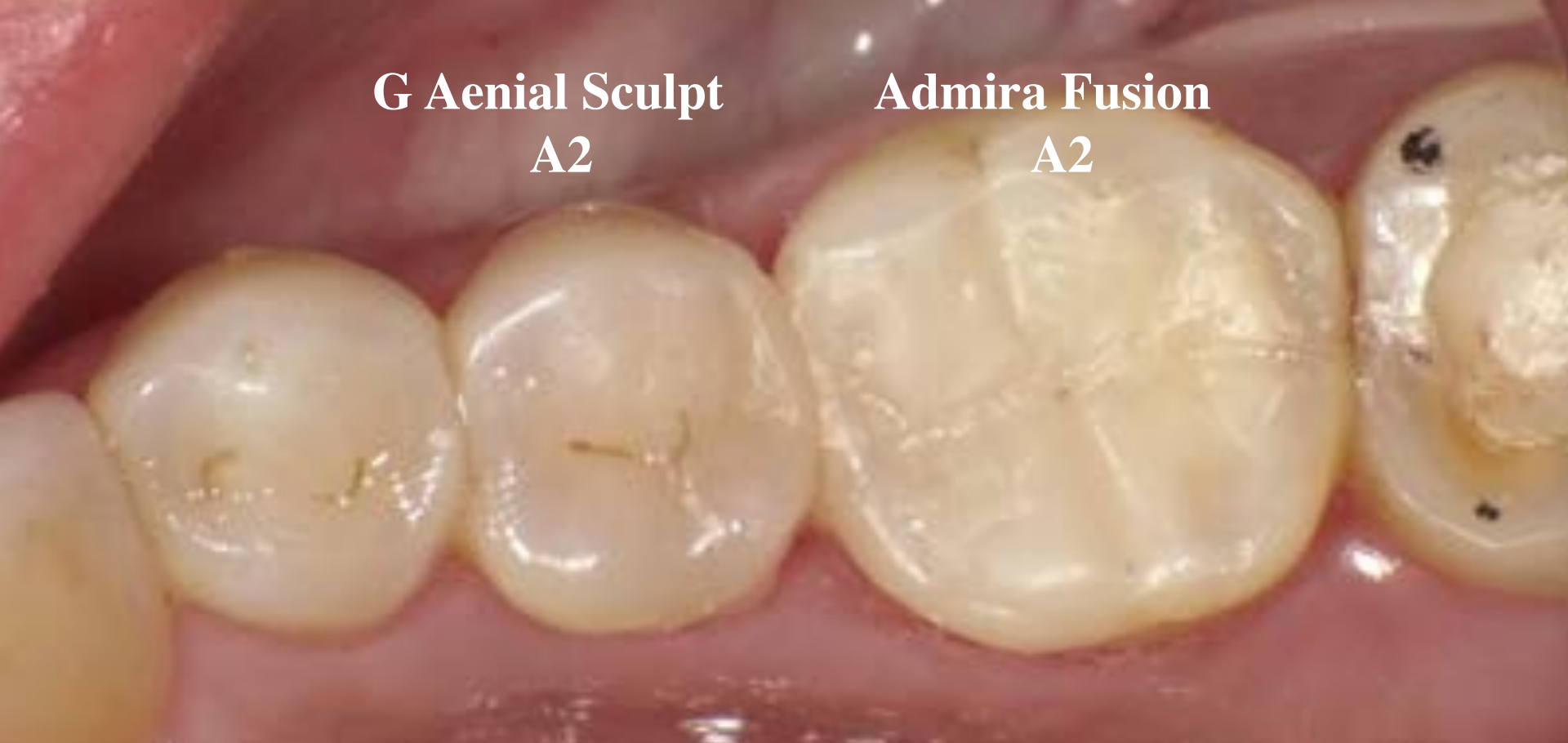
First removing the dark brown area, then as we go into the lighter brown area, the decay runs deeper. Removing the hypo-calcifications necessitated ultimately dropping a box

G Aenial Sculpt

A2

Admira Fusion

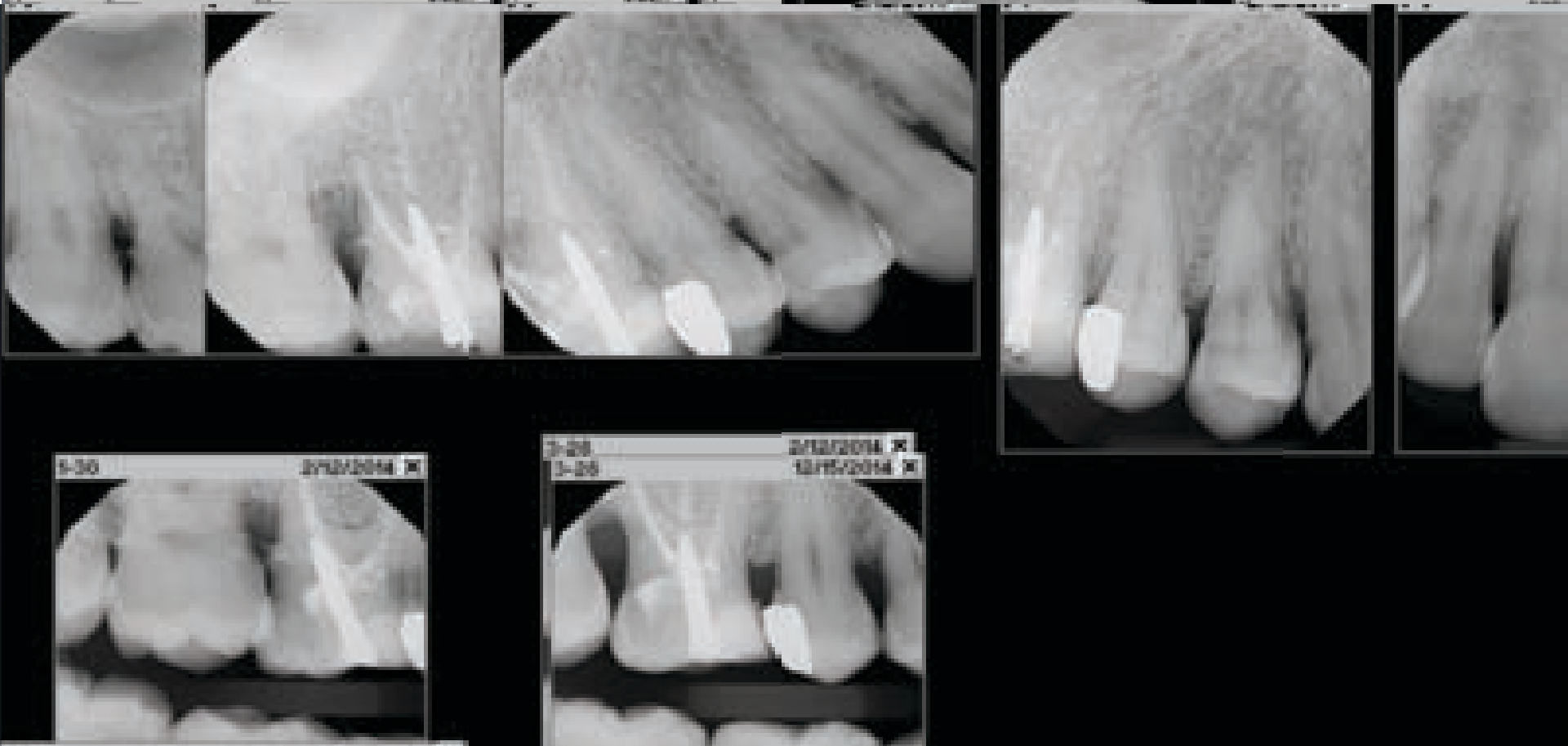
A2



Conservative Dentistry: time efficient 60 minutes with predictability
The Approach here was total/selective etching, UBA, SDR and then Low
Stress Posterior Composites
Yes...we should have done the 2nd molar too!

“Modern Diagnostics With the Contemporary Hygiene”

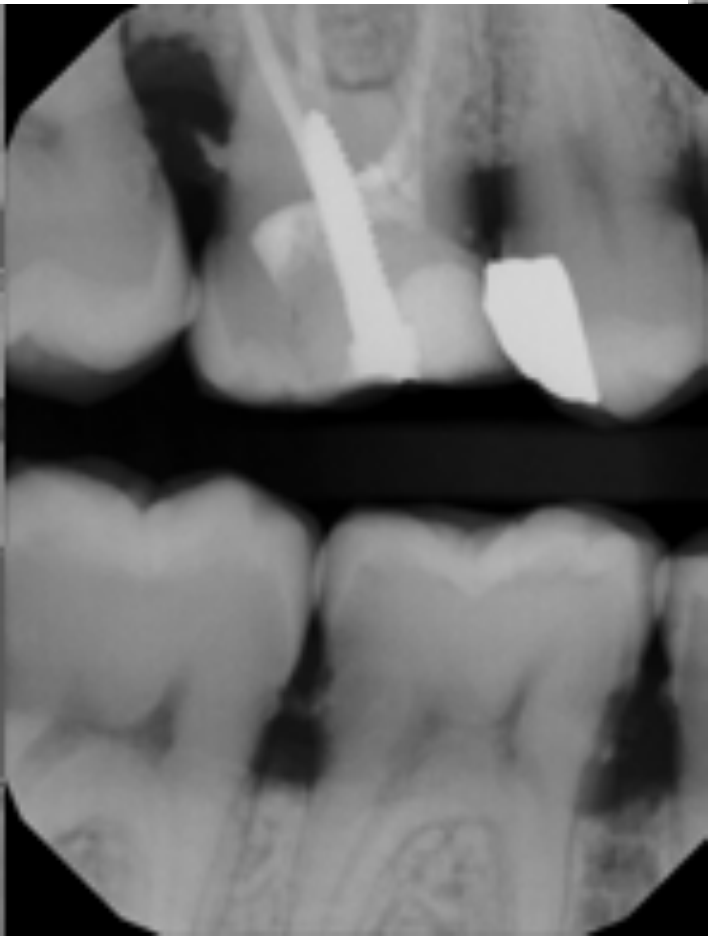




35 year old
CC my wife hates my breath
Multiple DDS Opinions
HIS FMX

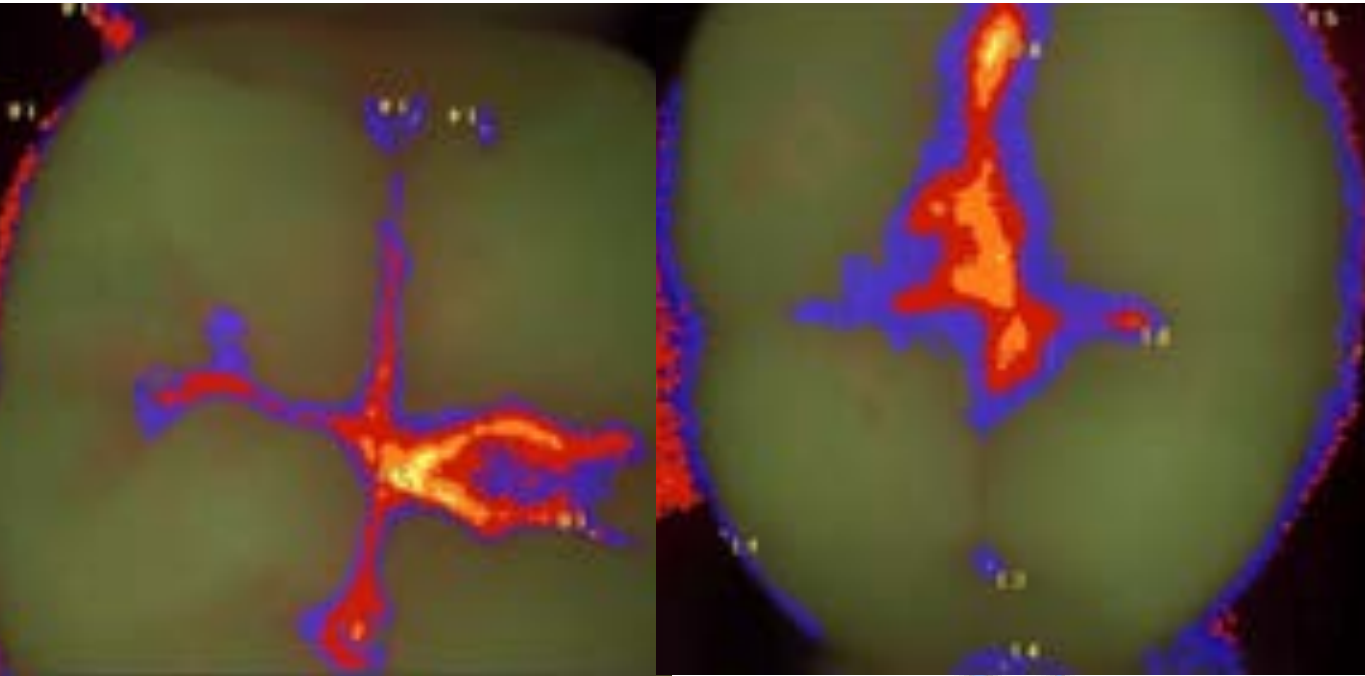
Initial examination with x-rays

Evaluating interproximal of 31/32



Dexis Imaging Carivu/Spectra/Polaris Imaging





32

31



30

Caries with NO sticks and
nothing on the x-rays
What do you do?
Spectra images

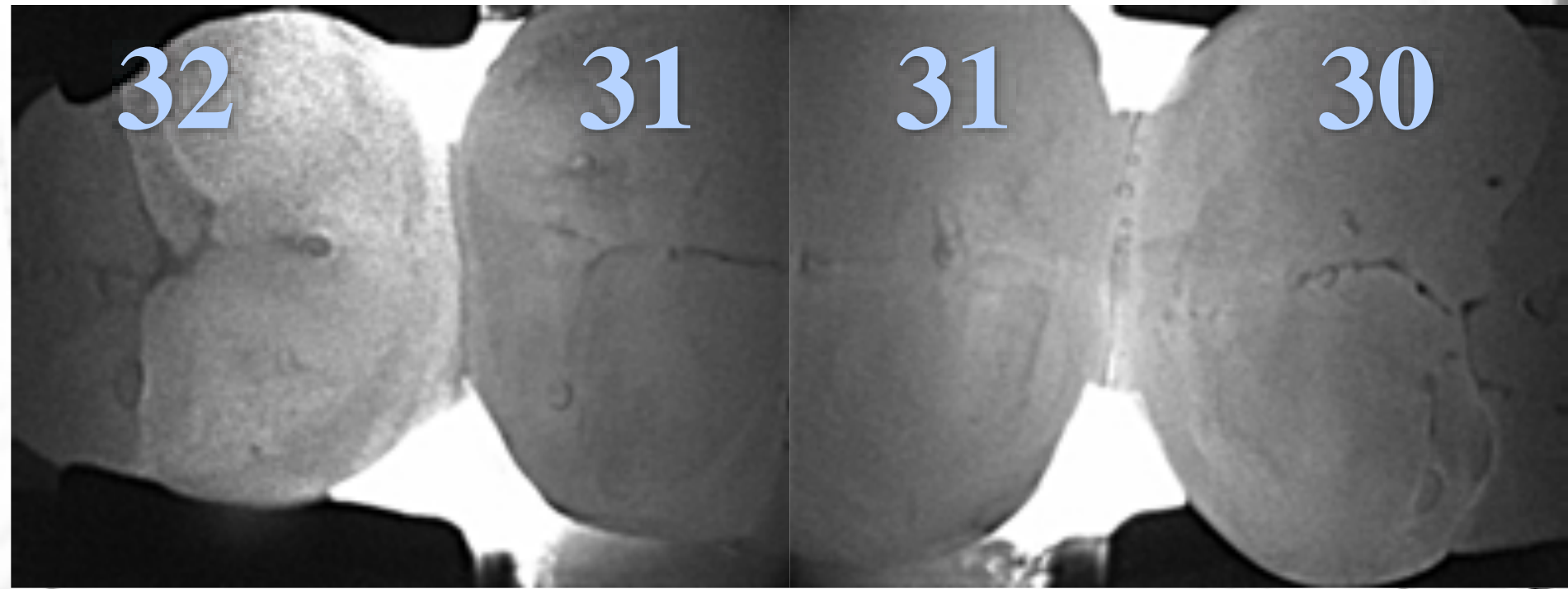
Carivu images showing NO Interproximal lesions

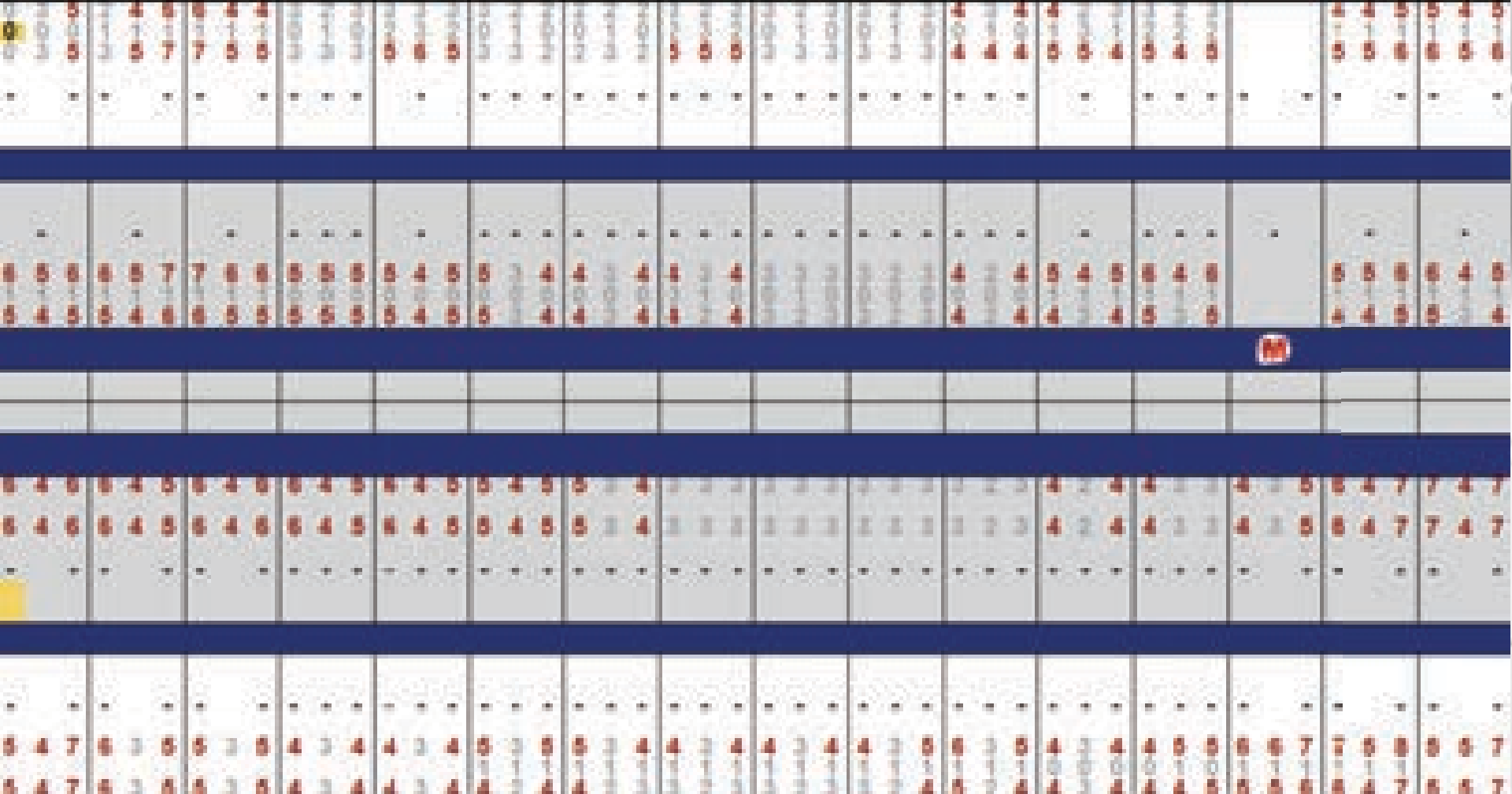
32

31

31

30





His periodontal exam :
Over 100 bleeding pockets

Date	Tooth	Surface	Code	Provider	Description	N	R	D	M	Status
03/20/2014	UR		D4341	HCT1	Perio scale & rt pl per quad					C
10/20/2014			D4911	LSG1	Perio Trays					
10/20/2014			D4911	LSG1	Perio Trays					
10/20/2014			D6973	LSG1	Core buildup for retain.inc pin					
10/20/2014	1	O,	D2391	LSG1	Resin composite-1s, posterior					
10/20/2014	3		D6740	LSG1	Crown-porcelain/ceramic					
10/20/2014	4	OD,	D2392	LSG1	Resin composite-2s, posterior					TP
10/20/2014	12	OD,	D2392	LSG1	Resin composite-2s, posterior					TP
10/20/2014	15		D2391	LSG1	Resin composite-1s, posterior					TP
10/20/2014	16	O,	D2391	LSG1	Resin composite-1s, posterior					TP
10/20/2014	18	O,	D2391	LSG1	Resin composite-1s, posterior					TP
10/20/2014	31	O,	D2391	LSG1	Resin composite-1s, posterior					TP
10/20/2014	32	O,	D2391	LSG1	Resin composite-1s, posterior					TP
11/10/2014			00012	LSG1	Delivery					C
11/17/2014	LL		D4341	HSP1	Perio scale & rt pl per quad					C
12/01/2014	LR		D4341	HSP1	Perio scale & rt pl per quad					C
12/08/2014			00078	RET1	PerioGel					C
12/08/2014	UR		D4341	HSP1	Perio scale & rt pl per quad					C
12/15/2014	3	MOBL	D2394	LSG1	Resin composite-4+s, posteri.					C
12/15/2014	4	DOB	D2393	LSG1	Resin composite-3s, posterior					C
12/16/2014	12	DOBL	D2394	LSG1	Resin composite-4+s, posteri.					C
12/16/2014	13	M	D2391	LSG1	Resin composite-1s, posterior					C
01/28/2015			000157	RET1	Periogel					C
01/28/2015			D4910L	HSP1	Laser Assit Periodontal Ther..					C
02/17/2015	30	OB	D2392	LSG1	Resin composite-2s, posterior					C
02/17/2015	31	OB	D2392	LSG1	Resin composite-2s, posterior					C
02/17/2015	32	O	D2391	LSG1	Resin composite-1s, posterior					C



Treatment Plan after Initial Exam, FMX Initial Debridement

1330 REVIEW OF ORAL HYGIENE
0180 COMPREHENSIVE PERIODONTAL EXAM
Dental History and Medical History
**Potential DNA, Genetic, Saliva Testing, Occlusal
Evaluation, Restorative Evaluation, Sensitivity**

First Visit

4355

**Full Mouth Debridement with laser in decontamination setting
Power Brush/OHI and Perio Protect Impressions**

2nd Visit (assistant)

Delivery of Perio Protect Trays 2 weeks later

2-3 times a day prior to treatment (10-15min) for 2 weeks

3rd and 4th Visit

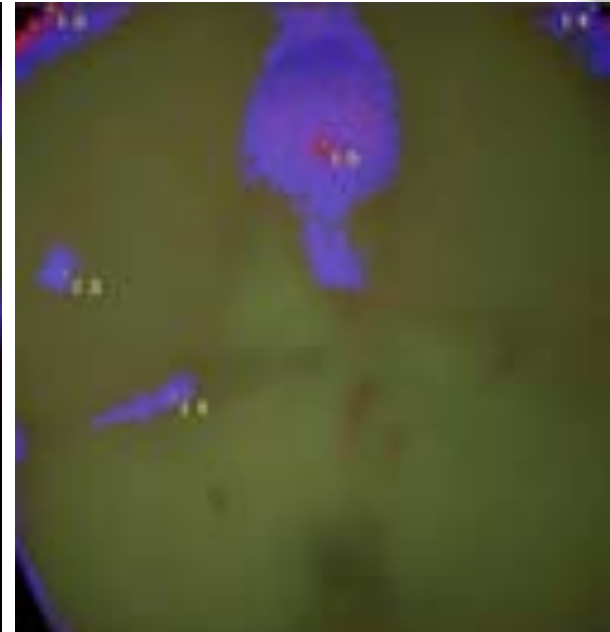
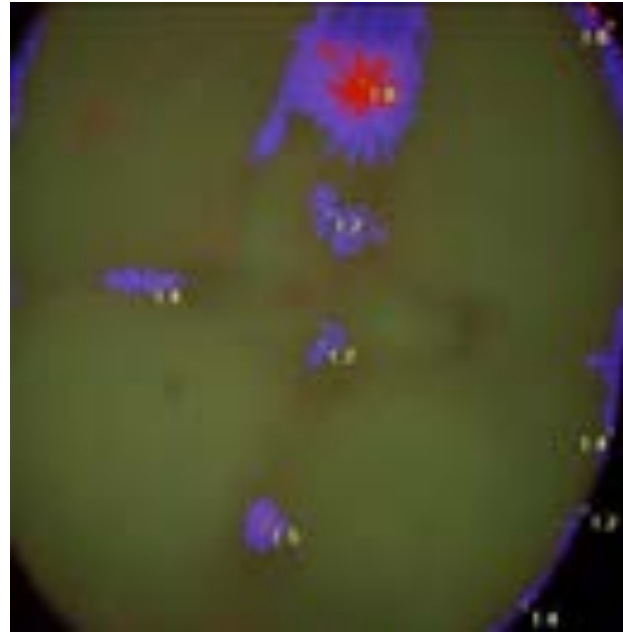
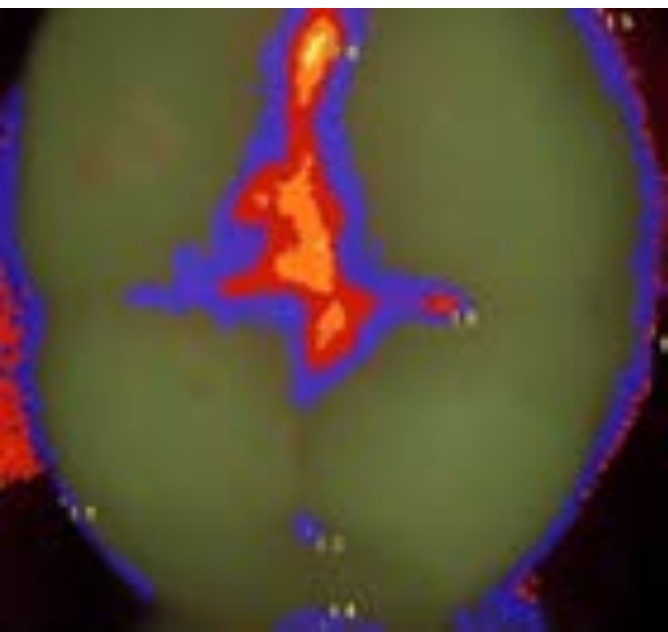
Therapies 2 and 3

Full Mouth Scaling and Planning with Laser

5th Visit

Re-debride the areas treated that have deep pockets, these do not have to be in the same quadrant, use laser in either decontamination mode or debridement and one can apply Arestin at this point (but if they have Perio Protect we don't)

Re-evaluation 6 weeks later...NO probing for 3-6 months



31

**Caries removal with Spectra as guidance
“off label” but....**

**After deep caries removal
its all about protecting the pulp**



Over 4 years ago we were challenged with a ‘Game Changer’ called Theracal and it has been adopted by thousands

**TheraCal LC...one of my
favorite products**

Protecting the Pulp



Clinical Research

J Endod 2012;38(4):571-6. doi: 10.1016/j.joen.2012.02.013. Epub 2012 Mar 21.

Chemical-physical properties of TheraCal, a novel light-curable MTA-like material for pulp capping.

Gandini MS, Stoco E, Frati C.

Author information

Abstract

AIM: To evaluate the chemical-physical properties of TheraCal, a new light-curable pulp-capping material composed of resin and calcium silicate (Portland cement), compared with reference pulp-capping materials (ProRoot MTA and Dycal).

METHODOLOGY: Calcium (Ca) and hydroxyl (OH) ion release over 28 days, solubility and water uptake (weight percentage variation, $\Delta\%$) at 24 h, cure depth and radiopacity of TheraCal, ProRoot MTA and Dycal were evaluated. Statistical analysis ($P < 0.05$) of release of ion was carried out by two-way repeated measures anova with Tukey, whilst one-way anova with Tukey test was used for the other tests.

RESULTS: TheraCal released significantly more calcium than ProRoot MTA and Dycal throughout the test period. TheraCal was able to alkalinize the surrounding fluid initially to pH 10-11 (3-7 days) and subsequently to pH 8-8.5 (7-14 days). TheraCal had a cure depth of 1.7 mm. The solubility of TheraCal (Δ -1.58%) was low and significantly less than that of Dycal (Δ -4.58%) and ProRoot MTA (Δ -18.34%). The amount of water absorbed by TheraCal (Δ +10.42%) was significantly higher than Dycal (Δ +4.87%) and significantly lower than ProRoot MTA (Δ +13.96%).

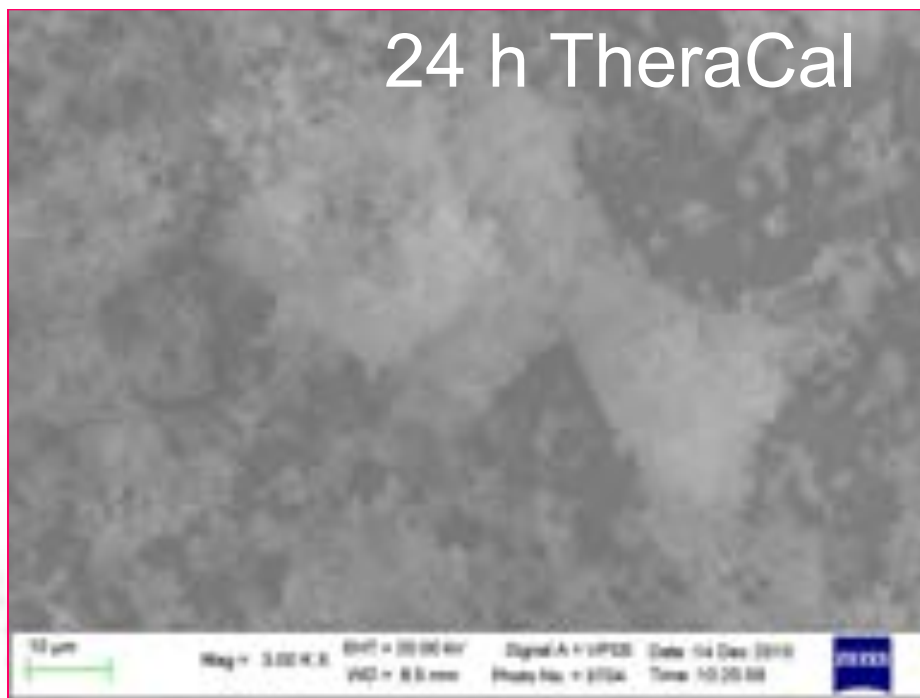
CONCLUSIONS: TheraCal displayed higher calcium-releasing ability and lower solubility than either ProRoot MTA or Dycal. The capability of TheraCal to be cured to a depth of 1.7 mm may avoid the risk of untimely dissolution. These properties offer major advantages in direct pulp-capping treatments.

TheraCal LC

- **The monomers are very hydrophilic as they interact with tubular fluid allowing the release of calcium to create new appatite**
- **It's the Calcium exchange that allows the remineralization**
- **There is NO fluoride**
- **TheraCal insulates from heat greater than other liners**

24 h TheraCal

28 days TheraCal



**IADR 2011 Abst. #2520 Gandolfi et al.
Apatite-forming ability of TheraCal pulp-
capping material**

Why is the alkalinity of TheraCal important to dentin healing?

- **The hydroxide ion release through TheraCal creates an alkaline (basic) pH. Alkalinity creates an antibacterial environment which is important in promoting wound healing.**
- **Gandolfi MG, Suh B, Siboni F. Chemical-physical properties of TheraCal pulp capping material. Presented at: International Association of Dental Research (IADR). March 18, 2011; San Diego, CA. Abstract #2521.**
- *Mineral Trioxide Aggregate, Comprehensive Literature Review, Journal of Endodontics, March 2010*

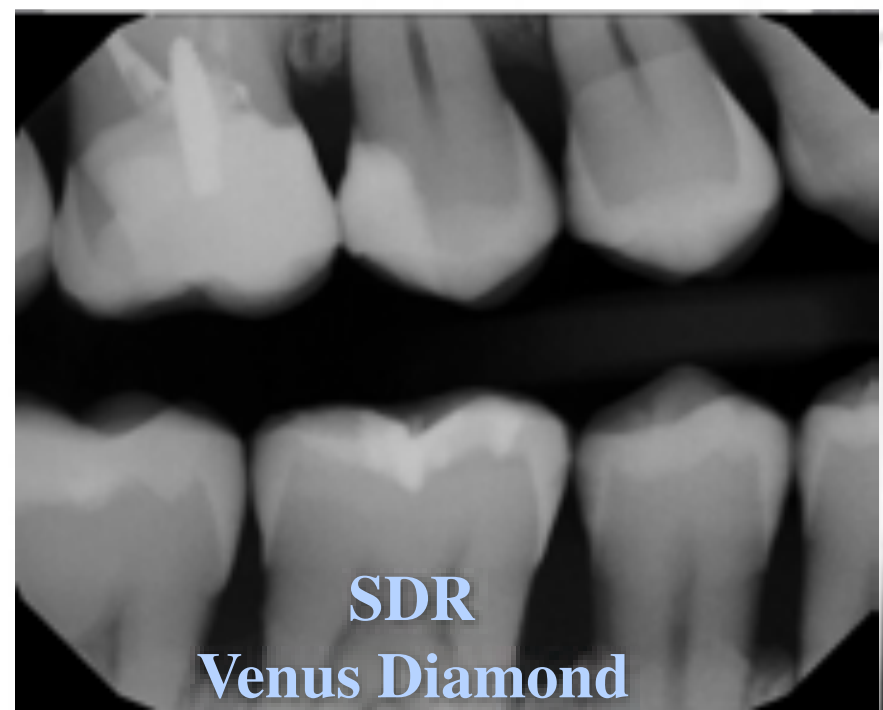
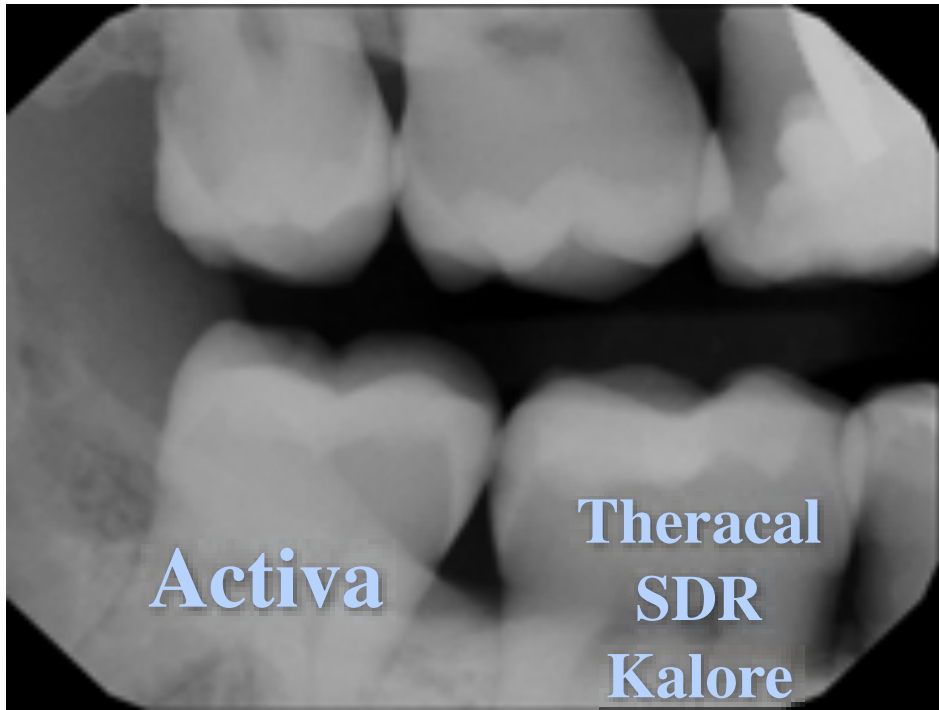
For a Direct Restoration: The Indirect Pulp Cap....commonly referred to as the liner

- **2% Chlorhexidine for 30 to 60 seconds or NaHypochlorite, or Ozone,**
- **Rinse...suction or blot dry**
- **LEAVE MILDLY MOIST (Technique Tip: Dip a micro-brush in a dappen dish with water, then remove excess via micro-brush or scrub a small amount first and then reapply**
- **Place TheraCal and light cure for 20 seconds at least**
- **No more than 1mm in thickness**
- **One can re-prep excess away once light cured**
- **Then etch, bond and complete restoration**



Theracal liner





**After 2 visits of S/P with Lasers
PP trays before, during and maintenance
Conservative Direct Dentistry**

Perio/Restorative Conservative Dentistry





12 months later

A close-up photograph of four teeth in a row, showing a normal tissue response 12 months later. The teeth are yellowish-brown and appear healthy. The gingiva is pink and shows no signs of inflammation or recession.

**Normal tissue response seen at
recall visits**



A background graphic consisting of a grid of white lines on a dark background, located in the bottom right corner of the image.

Challenge Type Cases



2014

2016

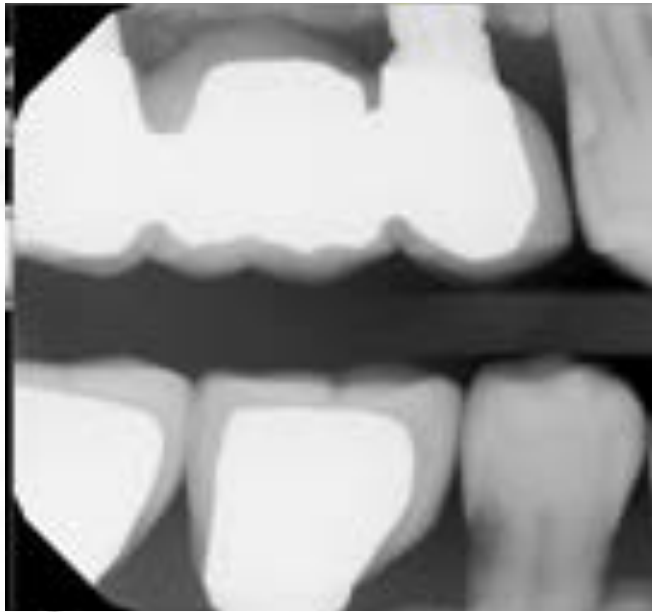
Can we say high caries rate

Truly nothing visible



The Challenges of “Conservative Dentistry”

- How would approach this? Laterally or occlusally?
- How do you remove the excess tissue?
- How do you isolate the gingival box and get a great emergence?
- How do you then get a great contact?
- How do you protect the pulp?
- How do you do selective caries removal?
- How does a wedge...wedge against an implant?
It's not that easy!
- DO you really charge a 2 surface for this?



Step 1 Tissue and Tooth Preparation



- After utilizing the Picasso Lite at 1.8 watts at a continual pulse and an activated tip to remove excess tissue
- We evaluated the lesion laterally and found the decay extended coronally and hence decided to drop a ‘box’
- Utilizing the Komet Cerabur for final caries removal at 1500 prms
- Final Preparation finishing with end cutting diamond and “mosquito” bur to open interproximals



Step 2....Protect the Pulp and Creating the gingival box seal

- Once caries were removed, hypochlorite was applied for 30 seconds and then rinsed
- The area was blot dried
- Theracal was placed onto mildly moist dentin and then cured for 30 seconds from multiple angles
- Excess Theracal was then removed via diamond bur removal
- A Tofflemier molar band was then used with one wing cut off to seal the area
- “blot dry test” with Microbrush to confirm isolation
- Total Etch in box, Rinse, blot dry, ABU unidose, placed and then dried after 20 seconds for 10 seconds (air only)
- Light Curing for 30 seconds, multi-directional
- SDR placement and then allowed to self level and then light cured for 30 seconds, multi-directional



Measuring the Distance? This becomes essential in proper curing. Is your light directly on top of this or does that add distance?



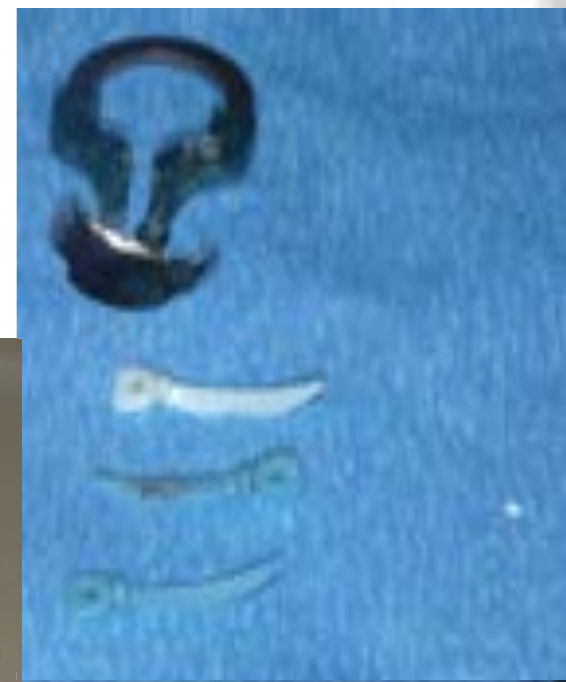
The Band is removed and excess SDR is removed to the gingival level and this will allow a nice emergence

About 2 mm of SDR remains



The Final Steps

- **Paladent Molar band, Ring and wedges**
- **Total Etch and Bonding Steps (Reusing All Bond Universal Unidose)**
- **Light curing for 20 second increments**
- **SDR placed and cured**
- **Fusion Universal X-tra Bulk Fill final 4 mm increment**



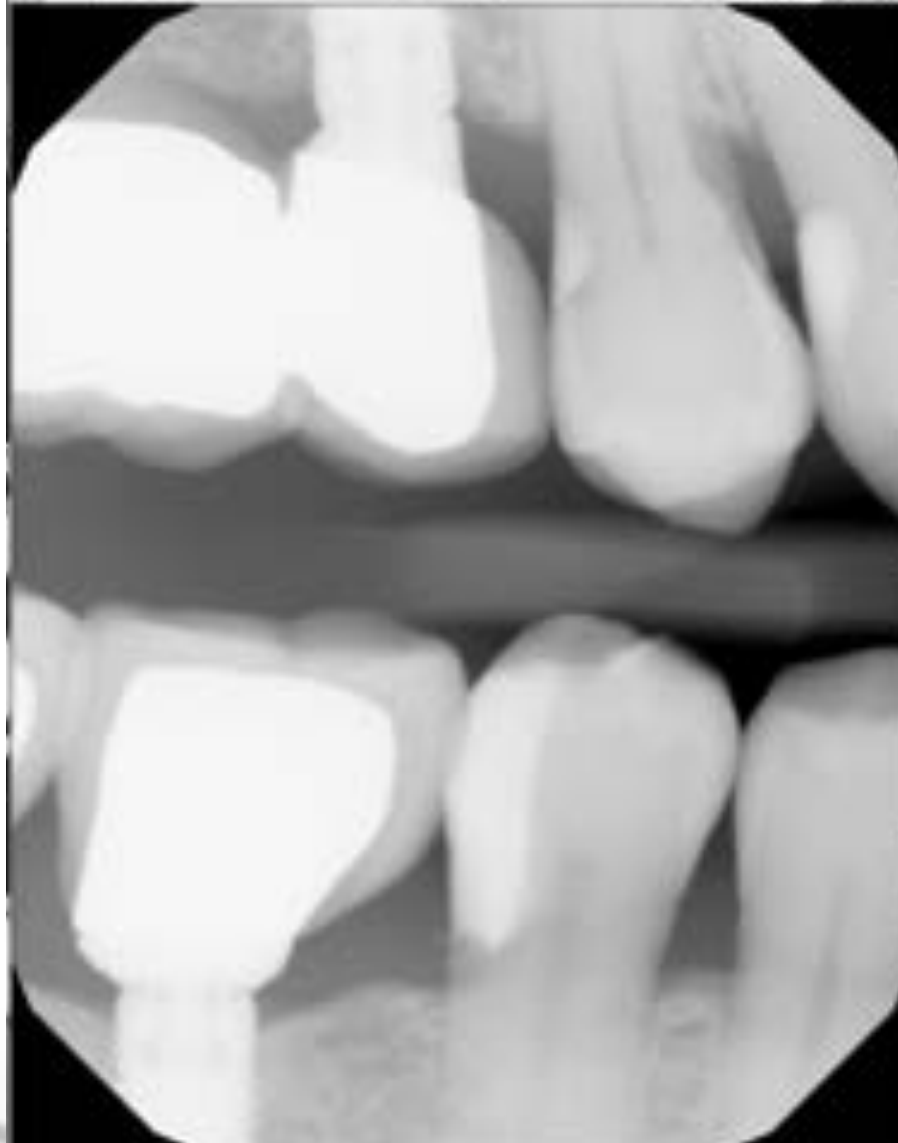
Final layer of Admira Fusion X-tra (up to 4mm) before final contouring and polishing...



Note the Opacity of the Composites



Theracal/SDR/Fusion X-tra



Meet ADA

94...and going strong

What to do?





Asymptomatic

She's 94...what to do?

Fractured Buccal Cusp that holds her partial in place (no doubt there is decay)

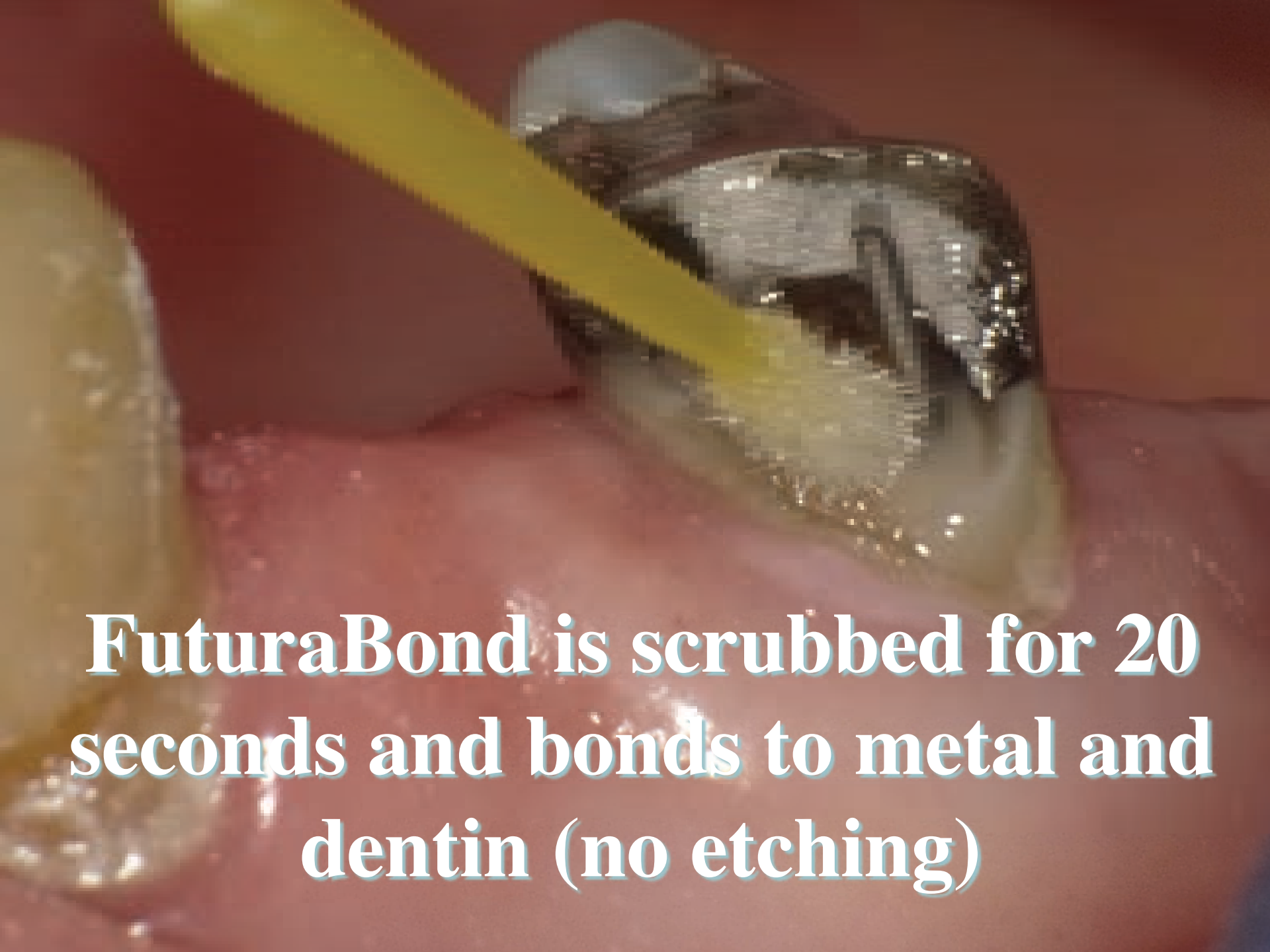


Step 1
Grooves and Micro-etched first step



Pin placed and now ready to be restored

**For bonding to dentin and metal,
I require Universal Bonding Agents
that can bond to both**

A close-up photograph of a dental procedure. A metal instrument, likely a scaler or scaler, is being used on a tooth surface. The instrument has a textured, cylindrical head and a handle. The tooth surface is reddish-brown, possibly due to staining or the color of the dentin. The background is a solid, dark reddish-brown color.

FuturaBond is scrubbed for 20 seconds and bonds to metal and dentin (no etching)



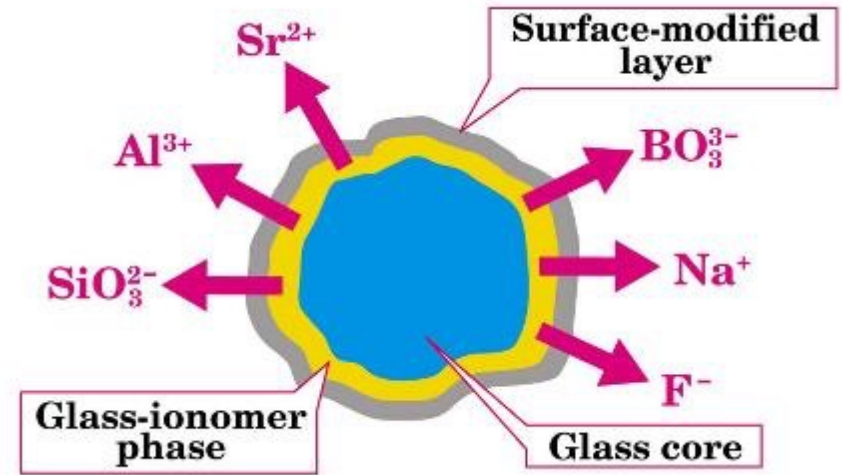
**Multiple directions of light curing for
20 seconds**



**Shofu's Giomer Flowables
Technology now in their
cements
Sealants and composites**

Direct Restorative...why Giomers?

- **F- : Fluoride**
 - Acid resistance via fluoro-apatite
 - Antibacterial effect
 - Remineralization
- **Sr²⁺ : Strontium**
 - Acid resistance via strontium-apatite
 - Inhibits dentinal hypersensitivity
 - Accelerates calcification
 - Accelerates bone formation



Al³⁺ : Aluminium

Inhibits dentinal hypersensitivity

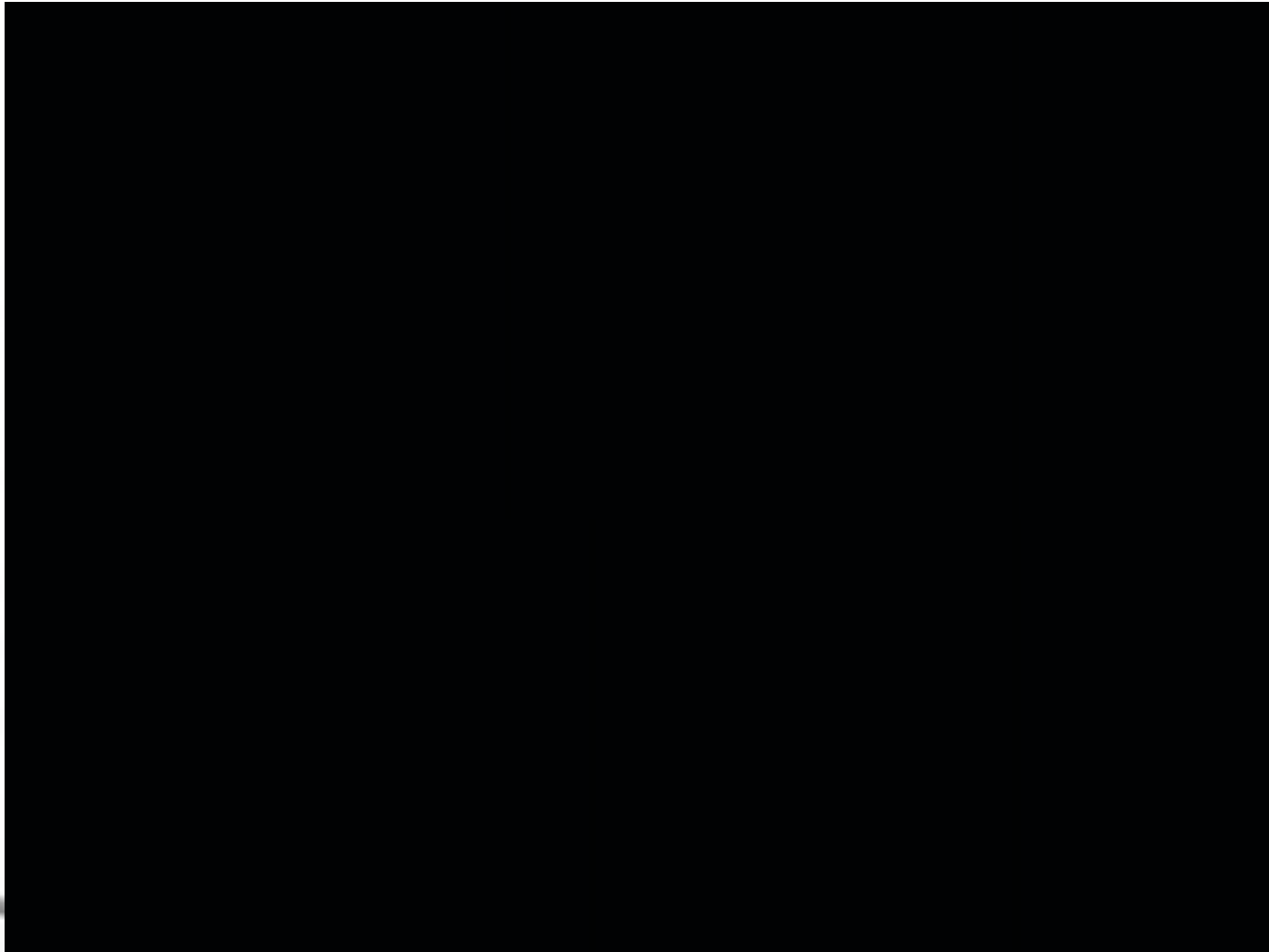
SiO₃²⁻ : Silicate calcification of bone tissue

BO₃³⁻ : Borate Bactericidal effect

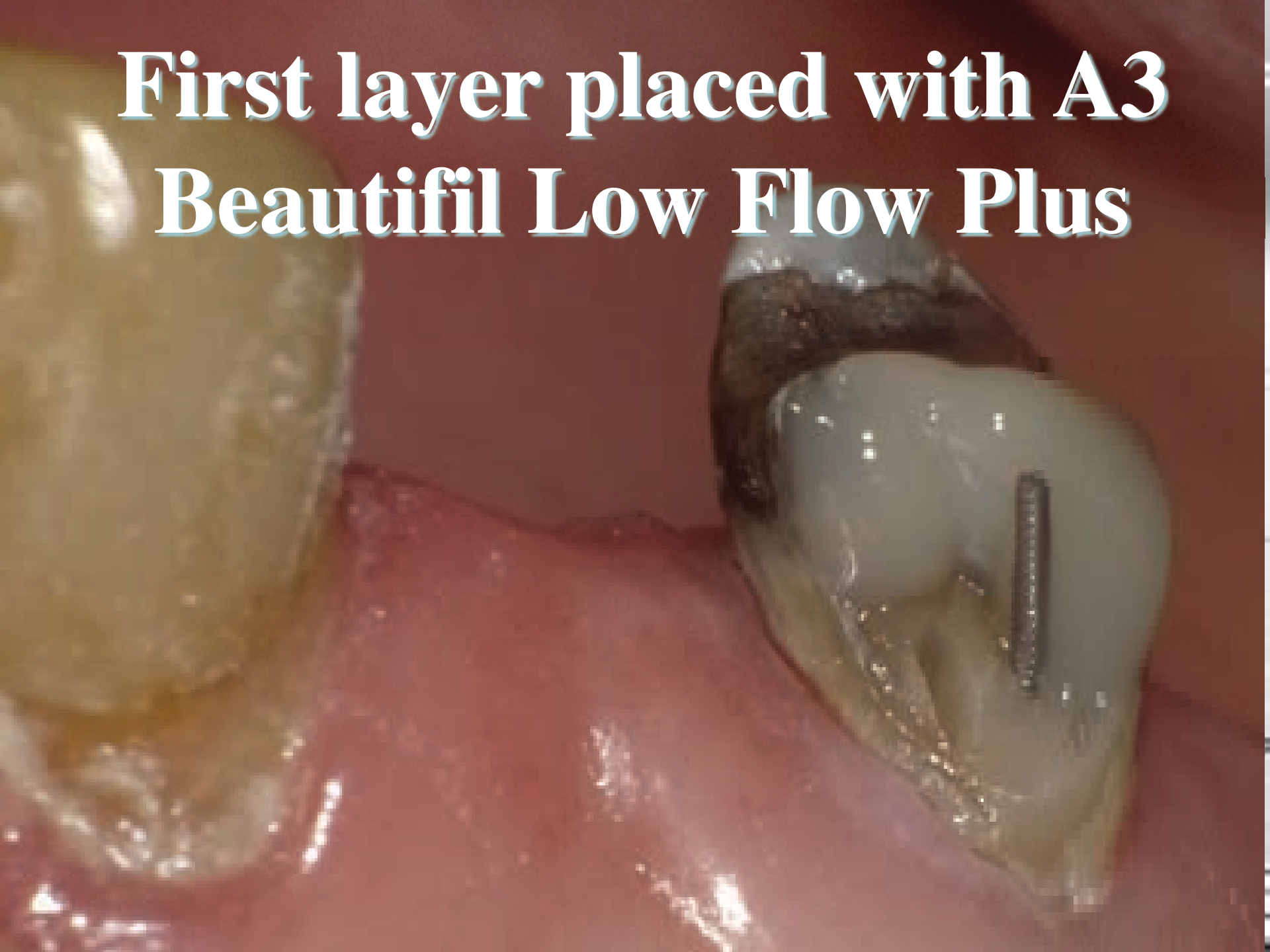
Accelerates bone formation

Shofu's unique GIOMER Materials

Why Giomers? The constant Acid attack!



**First layer placed with A3
Beautiful Low Flow Plus**





**After placing a articulating paper over the tooth,
the area that is stopping full seating is marked**



This is redone a few times until final seating.



Partial now in full seating

*** Very important to pre-check full seating of partial prior to restoration to know “end point”**



**After the contouring is complete,
final finishing and polishing**

Final Polished Repair



Happy Patient





Modern Adhesive Dentistry

**Incorporating the Latest
into Conservative
Restorative Concepts**

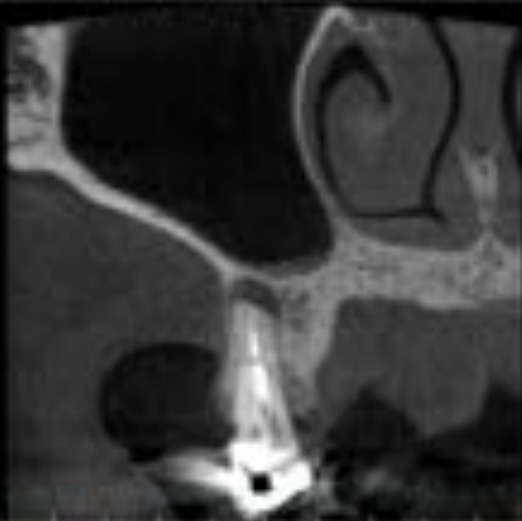
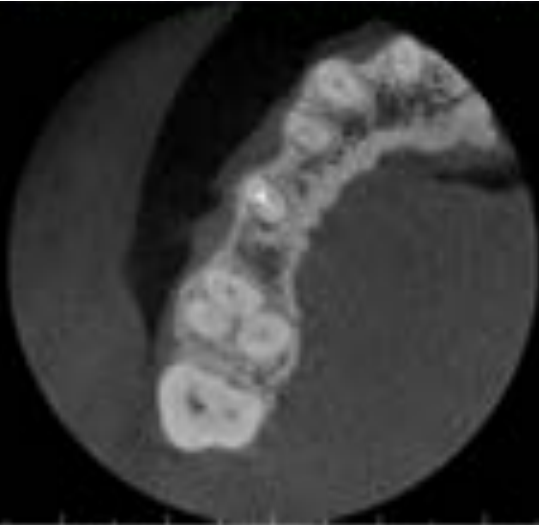
Helen: Presents in hygiene with a parulis at recall

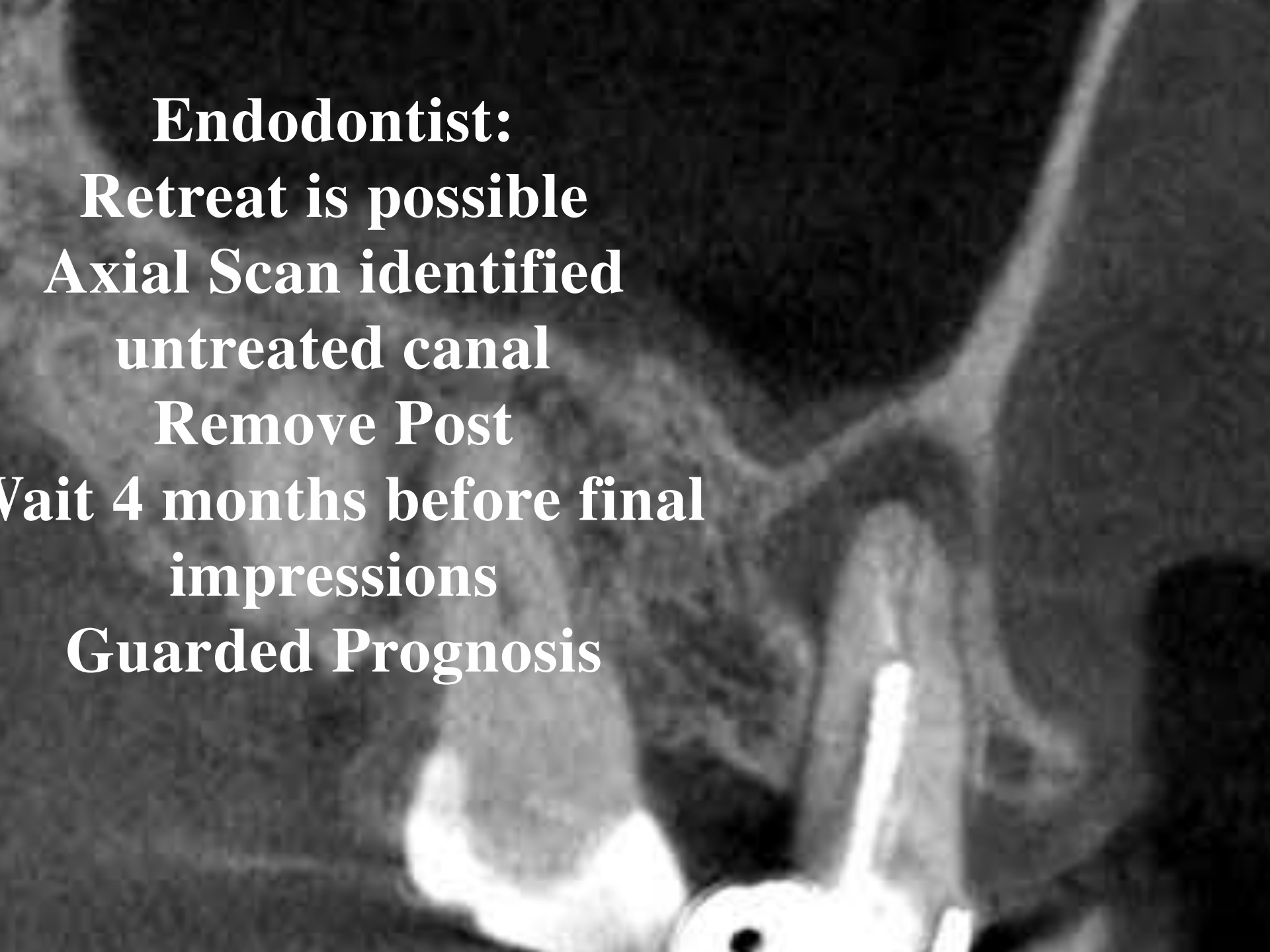
Pre-treatment



- 45 years old
- Asymptomatic
- Hygienist has already identified the problem and presented to the patient
- Options I presented
- RCT retreatment/Post and Core and wait 2-4 months and evaluate healing
- If no better, removal, extraction and eventual implant
- Extraction, non immediate placement of implant which patient least desired

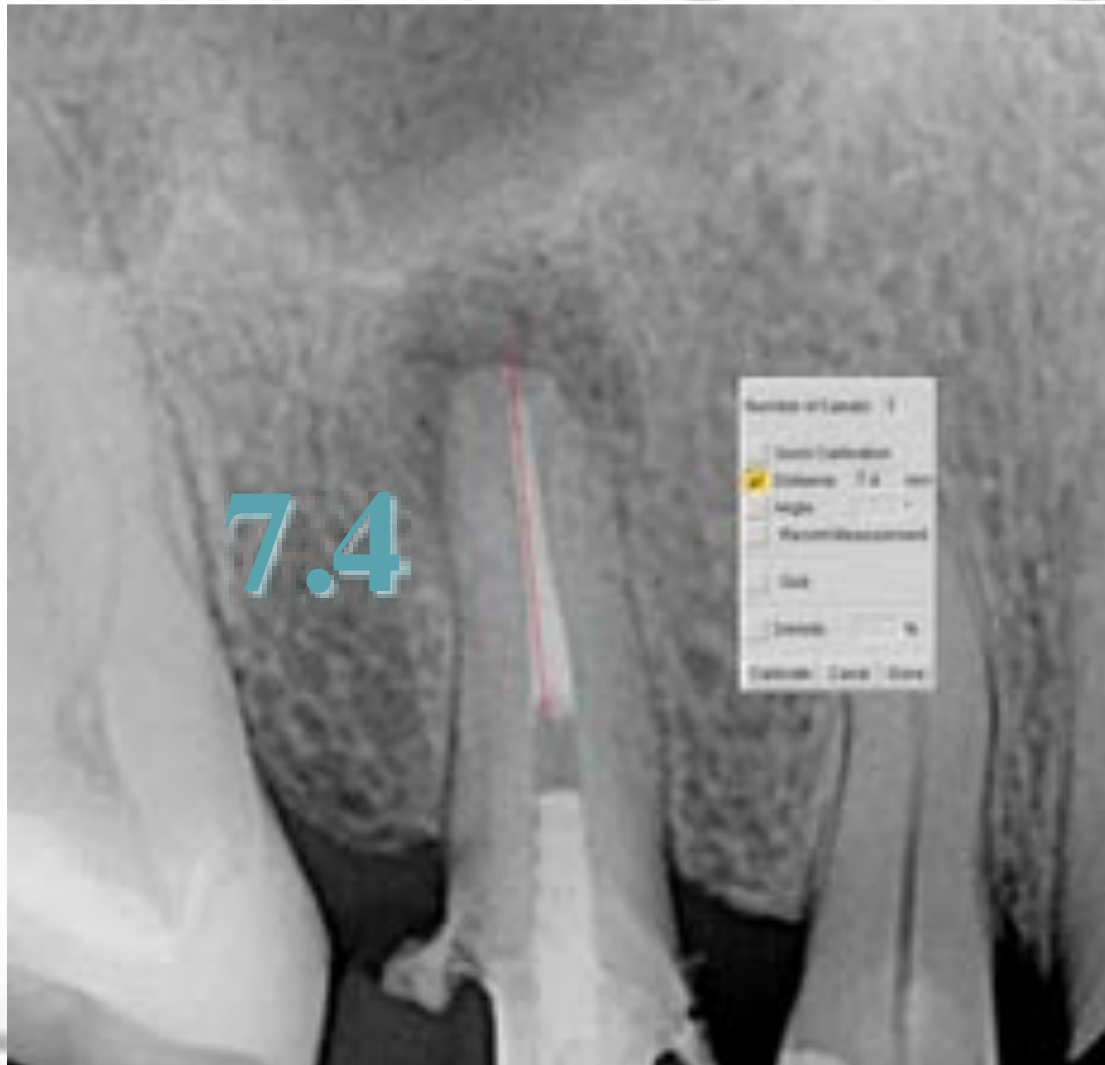
CBCT Scan and Endo Consult





Endodontist:
Retreat is possible
Axial Scan identified
untreated canal
Remove Post
Wait 4 months before final
impressions
Guarded Prognosis

After RCT treatment: Parulis absent Wonderful advantage of Digital X-rays



The Oval Canal



Traxodent for 2 minutes to stop bleeding with Custom Cap



The key part of the system is the paste, this is used to manage minor bleeding
The Catapult Group found this stopped minor bleeding 100% of the time



For Bleeding in General

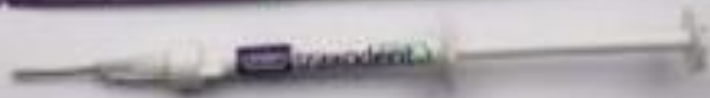
15% Aluminum Chloride in disposable syringes

- Often before I pack cord, to stop bleeding as it comes out in a clay format, and the key, leave on for 2 minutes
- After removing a temporary and there is an area of bleeding, and as it stops bleeding, it absorbs fluids and displaces tissues slightly...not like Expasil
- Routinely for all my little bleeders!
- Rinses away easily
- I routinely burnish and flatten the tip



traxodent®

Hemodent® Paste Retraction System



2 main components



Bisco's D.T. Light Post



2 posts selected, one main post
and one secondary post



**Ivoclean on the posts for 20 seconds
Scrubbing NOT required**



Rinsing away....



Air Drying....



Etching optional for 10 seconds

Placement of Futurabond for 20 seconds...scrubbing not required since etched but if you don't etch, (scrub)



Curing Futurabond U is optional and unnecessary

* if you do cure, add time and direction of light



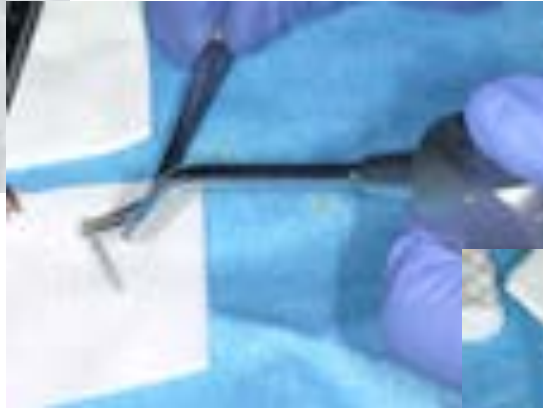
**With an All in One system
Another wonderful advantage is
that it can be used as a
light cure/dual cure
or self cure without the need of
an additional bottle for self cure
activation
All based on chemistry and it's
unique delivery system.**



The Steps



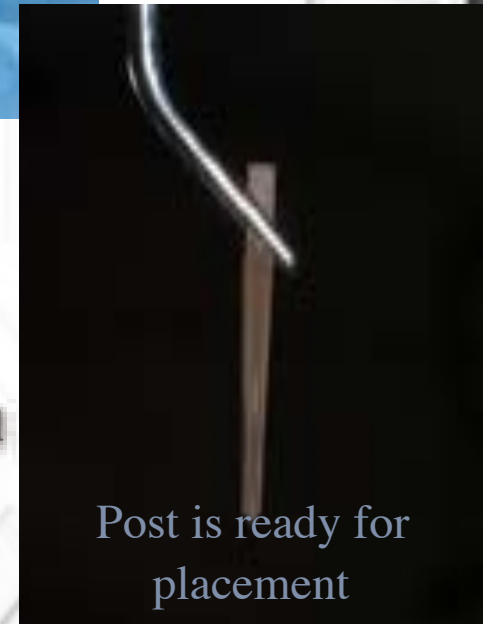
**Placement of Bonding Agent onto dried and cleaned post
Silane is optional**



Air Only Drying



**360 light Curing
Rotate the post to
Ensure the entire
Post is light cured
This is NOT required
with Futurabond U**



**Post is ready for
placement**

So another core material, why the big deal?





catapult GROUP **visalys Core Material**

- **95% approval rating giving it the Catapult Vote of Confidence**
- **Active-Connect-Technology (ACT), which enables this material to fully polymerize and actively bond to all popular adhesives on the market**
- **This technology also allows it to set in a self cure mode without being interfered with various acidity levels from bonding agents**



catapult **visalys Core Material**

GROUP

- The material is easily stacked without slumping. 78%
- The material can be easily manipulated. 72%
- The material flows easily within itself. 94%
- The material easily adapts to posts and dentin undercuts without manipulation. 83%
- The material flows void free. 89%
- The material cuts like dentin. 83%
- The viscosity results in ease of extrusion. 100% approval
- Ideal for bulk core placement or for post and core placement

Visalys Core Material

The Process



- The Dual Barrel loads directly into a syringe tip that is ideally suited to go to the full length of most post preparations
- The tip then is placed fully into the canal and as you press the syringe, simply backfill slowly
- The larger post is inserted, followed by the smaller post
- 5 seconds to secure the post
- More core is the placed around the posts and another 5-10 seconds of curing 360° to initial set the material
- Full set in 5 minutes

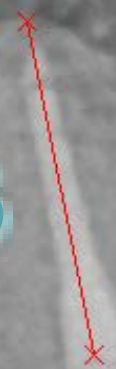
Final Views of 2 posts bonded into 1 oval car
Note the void free core



Final film displaying 5mm of gutta percha percha

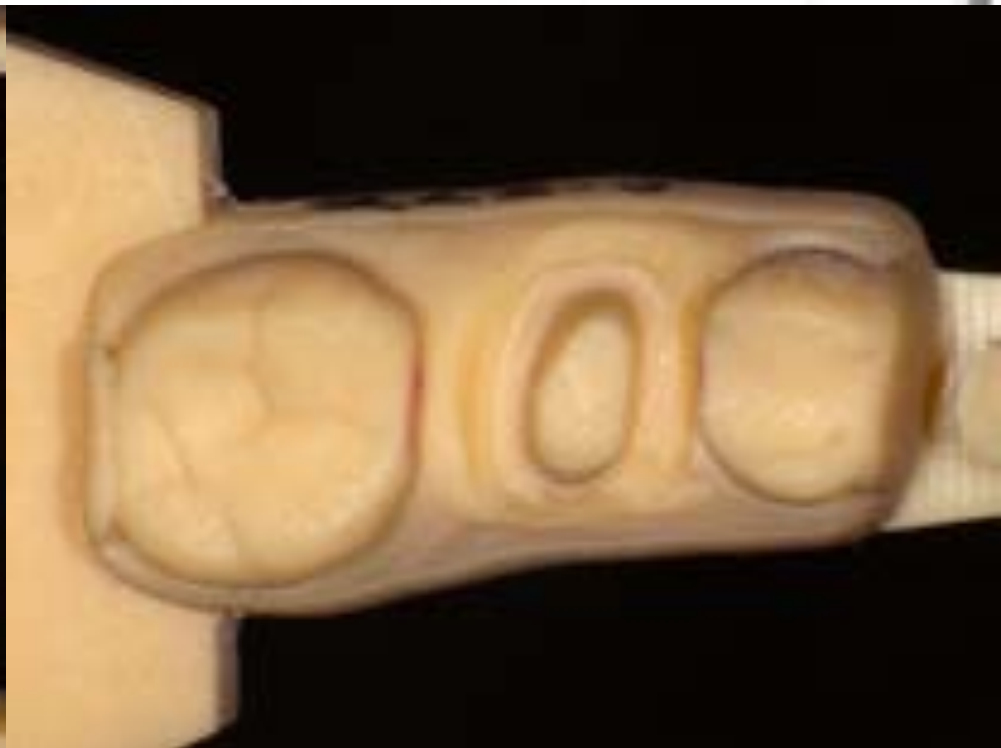
2 posts placed inside the oval canal

5.3



Number of Canals:	1	
<input type="checkbox"/> Quick Calibration		
<input checked="" type="checkbox"/> Distance:	5.3 mm	
<input type="checkbox"/> Angle:	°	
<input type="checkbox"/> Record Measurement		
<input type="checkbox"/> Grid		
<input type="checkbox"/> Density:	%	
Calibrate	Canal	Done

SLA model from TruDef Scan



At Delivery if Bleeding exists...

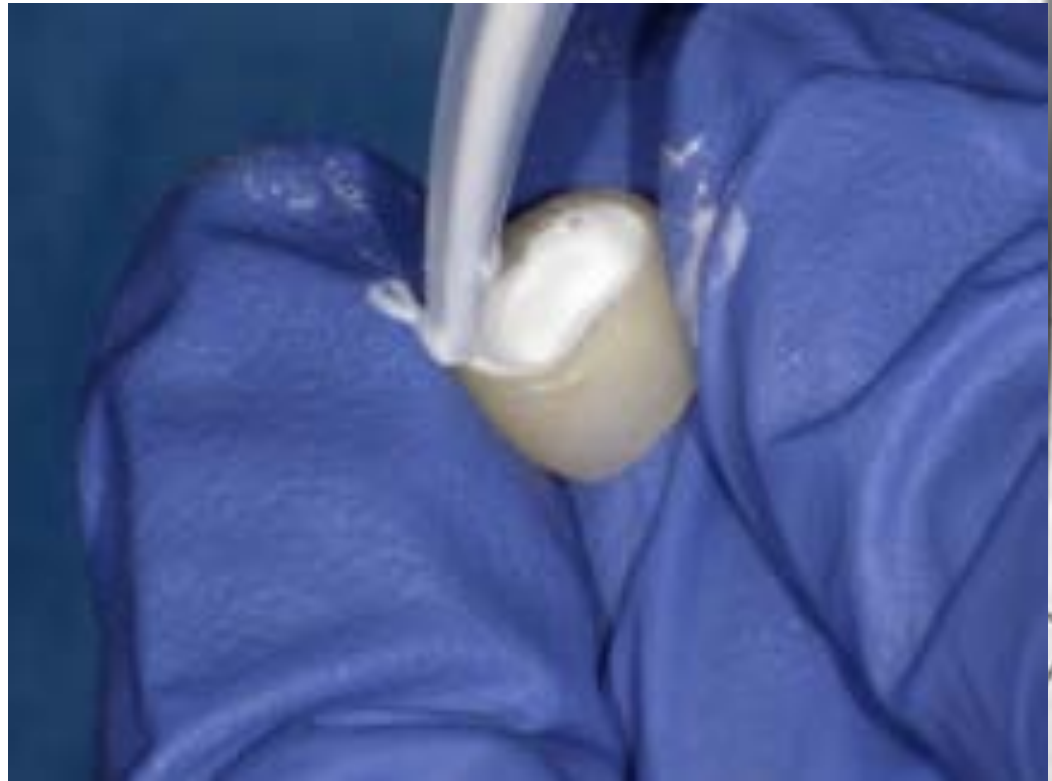
**Traxodent Paste
Rinsed after 2 minutes**



Traxodent Cap



2% Chlorhexidine to cleanse the tooth and Ceramir placement



Cementation Technique

360° extrusion of cement followed by holding the crown down

After about 15 seconds, have the patient bite down to confirm occlusion and then once confirmed, cotton rolls or wood sticks



**At the 3 minute mark:
Clean up
Double Knotted Floss
Pull Up to the gum and pull out**



Final

